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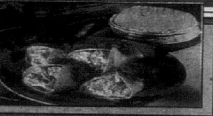
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Food, Page 1C



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# Granite City Journal

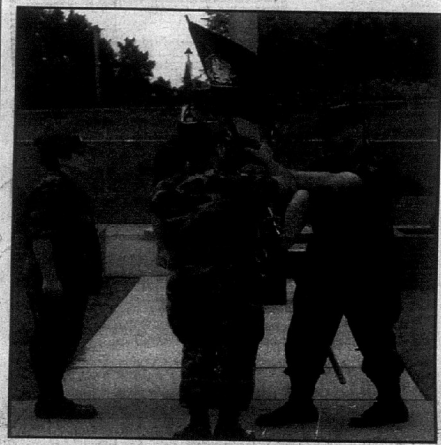
SUBURBAN JOURNALS - #1 IN WEEKDAY READERSHIP WITH OVER 1.4 MILLION READERS  
BROOKLYN • GRANITE CITY • MADISON • MITCHELL • PONTOON BEACH • VENICE

VOLUME 21, NUMBER 68

WEDNESDAY, AUGUST 27, 1997

FIFTY CENTS

## Change of command



Capt. Gregory Waters, right, hands his unit's colors to Sgt. 1st Class Fundador Gadea, front, after Lt. Col. Keith Armstrong, back, passed them to him from former commander, Capt. Debra Hanneman, left.

### Waters takes over HQ at Price Center

**By Michelle Duell**  
Staff writer

The U.S. Army Charles Melvin Price Support Center in Granite City celebrated a change-of-command for a new incoming commander for the Headquarters Co. and Chief of Military Personnel.

Capt. Gregory Waters, incoming commander, and Capt. Debra Hanneman, outgoing commander, spoke during the ceremony to say hello and goodbye, respectively.

Hanneman, who gave a short speech, said: "The command has been very interesting and challenging, especially with the closure. The list is too long to individually thank each soldier and civilian who made this a great job and place to live."

Hanneman then thanked a short list of officers who had helped her in her duties.

"I have several people to thank for this opportunity," Waters said. "First, my wife, Amy, who has supported me throughout my brief

## Venice youth victim of deadly pastime

Empty box of bullets found behind home

**By Michelle Duell**  
Staff writer

Family and friends of 14-year-old Kerwin Stanley gathered at the North End Church of God in Madison on Monday to say goodbye to another young victim of hand guns.

Stanley, of 608 Lincoln St. in Venice, died at 10:15 p.m. Wednesday at St. Louis University Medical Center, hours after the .22-caliber revolver he was playing with fired, Venice Police Chief James Newsome said.

"We feel it was self-inflicted at this time — possibly an accidental shooting," Newsome said, adding police are still

investigating the death.

According to police reports, Stanley and another 14-year-old youth, who Newsome declined to name, were alone at Stanley's home at the time the gun fired.

The unnamed companion told police the victim was playing with the gun when he heard the shot fire, Newsome said.

"He turned around and looked, and ran to a neighbor's house for help. He was pretty shaken up," Newsome said.

An ambulance took Stanley to St. Elizabeth Medical Center in Granite City, and a helicopter flew him to the SLU hospital in St. Louis, Newsome said.

**"We feel it was self-inflicted at this time — possibly an accidental shooting."**  
Chief James Newsome

Stanley's grandmother, Solastine Johnson, who owned the house where the victim lived, arrived at the scene simultaneously with police, Newsome said.

(See VENICE, Page 3A)

## Program catches kids' interest

**By Michelle Duell**  
Staff writer

The Nameoki United Methodist Church in Granite City is experiencing success with a youth group program administrators created in June to keep teenagers off the streets, yet provide a fun time.

More than 50 teenagers arrived Friday to hear a Chris-

**YOUTH PROGRAMS**

tian band from Greenville that played jazz, blues, rap and ragtime and to listen to Richard Magill of St. Louis speak about the importance of Christianity.

"We're doing it because we want to show them they can participate in something posi-

tive in their lives," said D.B. Cummings, the church's youth director. "There's a lot of bad stuff going on out there."

Teenagers dressed in bell-bottom jeans, tie-dyed T-shirts, love beads, military boots, cut off jeans and wearing long hair, spiked hair and short hair danced in the aisles of the sanctuary to the music of the

(See KIDS, Page 1)

## Park concert open to all

**By Scott Kelly**  
Staff writer

The Granite City Community Band will begin its 11th season at 7:30 p.m. on Aug. 28 with a sight-reading concert at the Centennial Pavilion at Wilson Park.

Conductor Butch Mestemacher is inviting anyone who has played a band instrument to participate in the concert.

"You might think that you put your old high school band instrument away and you're too rusty or too busy to play," said Mestemacher. "But many of our members had those same thoughts and are now rehearsing and performing with our band regularly."

A sight-reading concert does not have a rehearsal, he said. Those participating in the band will play the music by sight.

**COMMUNITY BAND**

Mestemacher has been involved with the band for about four years now and has taken on more of the band's responsibilities.

The band plays "Broadway showtunes, some classical, a lot of marches — we try to cover the spectrum of music," he said.

The band usually has four performances, including a Christmas concert, usually at a mall; a winter concert in March; and one in May, usually in Wilson Park, he said.

The public is invited to attend the performance and there is no charge for admission.

For more information about the band or the concert, call Linda at 931-0443 or 345-2078.

## City kids see nature up close

**By Jason White**  
Staff writer

Since 1971, the East St. Louis Community Camp has held summer camps for children and parents in East St. Louis.

Two five-day camps at Camp Woodland Hills near St. Clair, Mo., offer city kids a chance to be close to nature and respect their own worth and others, founder Antonette Culp said.

"We want the kids to know that each of us is of worth, and that we all have to contribute and work together," Culp said. "We can learn these skills and bring them back home with us to enhance our communities."

The first camp, held in June, is for children ages 12-14. The second camp, in August, is for children 8-11. Activities include swimming, archery, crafts, group discussions, hikes and nature study and writing a camp newsletter. Classes on the environment and first-aid were added last year.

"The kids love swim



Camp members sit on the edge of the swimming pool at Camp Woodland Hills. Located near St. Clair, Mo., the camp offers youngsters a chance to get close to nature and each other. A pair of five-day camps are offered.

Staff photo by JASON WHITE

**In the Journal**  
Index

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Entertainment.....6B	Sports.....1B
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**5 FULLER'S FORECAST**

John Fuller, Meteorologist, KSDK NewsChannel 5

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NEWS

# Two men indicted for possible hate crime

Two Collinsville men face aggravated arson charges in what Madison County authorities are calling a racially motivated firebombing of a Collinsville family's house a year ago.

Billy Joe Hayes, 28, of the 3300 block of Harvard, was in custody Friday in St. Louis after he ran from deputies who were trying to arrest him at his business office.

William R. Hunter, 27, of the 300 block of Hilltop Lane, was to surrender to deputies late Friday in Edwardsville. Bond for each man was set at \$100,000, authorities said.

The case apparently devel-

## COUNTY POLICE

oped from evidence gathered at the family's home at 122 Kimberly Court in rural Collinsville and examined by the crime lab, Madison County Sheriff Bob Churchich said. The FBI and the U.S. Bureau of Alcohol, Tobacco and Firearms joined the investigation.

A grand jury in Madison County Circuit Court indicted the two men Thursday.

Joseph Groce, his wife, Harriet Caminda-Groce, and their three children were asleep about 1 a.m. Aug. 30, 1996,

when someone tossed a bottle of flammable liquid at the front of their house. The bottle broke the window in the couple's downstairs bedroom and spilled inside, arson investigators said.

Groce said he was awakened by what he thought was an explosion. He saw the front window area go up in flames and hurried to get his family out. No one was injured.

Groce told authorities at the time that he did not think the fire was racially motivated. However, during the investigation, authorities said they learned the attack was motivated by race. Groce is white,

and his wife is black.

The family moved into the neighborhood a month before the attack and had no problems, Groce told investigators. The family continues to live in the house, and there have been no further incidents, a family member said Friday.

Groce could not be reached for comment Friday.

The fire was limited to the single bedroom, but smoke damage spread throughout the house. The Maryville Fire Protection District was called to the put out the fire because the family's house is outside the Collinsville city limits.

## NEWS BRIEFS

### Madison County

**CAR SAFETY:** Safety belt enforcement and continued education efforts will be stepped up over the Labor Day weekend, said Madison County Sheriff Bob Churchich.

The Sheriff's Department is encouraging everyone, as they celebrate the end of summer, to drive safely and sober, and buckle up.

Studies indicate that most crashes occur at speeds of less than 40 miles per hour. Fatalities involving non-belted occupants of cars have been recorded at as low as 12 mph. In addition, vehicle crashes are the No. 1 killer of children and people under age 25, according to the Sheriff's Department.

### East St. Louis

**MAY INDICTED:** Arthur W. May, 53, of East St. Louis was indicted Aug. 21 by a Federal Grand Jury. The 7-count indictment included 4 counts of embezzlement and 3 counts of false statements to the Internal Revenue Service.

The indictment alleges that while May was athletic director at East St. Louis High School, he embezzled in excess of \$10,000 from the school during 1993-96. It also alleges May filed false income tax returns to the IRS for tax years 1993-95.

May faces up to 10 years imprisonment for each of the embezzlement counts and up to three years for each of the false return counts.

## Kids

(Continued from Page 1A)

**Outsiders.**

They jumped up and down to the heavy beat of one of the band's rap songs, screamed and cheered. Girls danced with each other, young men danced with each other and couples paired together.

Parent Angie Bigham of Granite City, who was observing the event from a pew in the rear of the sanctuary said of the band, "I like them. It's nice to see the kids having fun without drinking."

"It's got a nice beat," added parent Larry Davis, also of Granite City. "It's easy to dance to."

## Familiar bartender, brother killed in highway accident

By Michelle Duell  
Staff writer

The funeral for a well-known Granite City area bartender who died in a traffic accident at the Interstate 270 and Illinois 157 interchange will be at 11 a.m. Thursday at Gent Funeral Home in Alton.

The bartender, Albert Baldwin, 64, of Wood River, and his brother, Leo Baldwin, 62, of Alton, were killed Monday afternoon when their pickup truck overturned when a one-car trailer they were hauling unhooked from the truck.

He was known as "Al" Baldwin by his friends and employer, Charlie Hester, owner of Charlie's Restaurant and Cocktail Lounge in Granite City.

According to reports from the Illinois State Police, Baldwin was driving west on I-270 when he passed a vehicle and attempted to pass it in the right lane. He lost control of his 1992 Ford Ranger, disconnecting the trailer and turning the truck on its side.

He had worked as a bartender at Charlie's for more than 20 years, Hester said.

"A lot of people know how long he tended bar here," he

**"He was a dependable, loyal employee... the most dependable person I ever employed."**

Charlie Hester  
about Al Baldwin

said. "He was a dependable, loyal employee... always dressed a little bit above the ordinary person. He was the most dependable person I've ever employed."

Kip Pomeroy, Granite City assistant police chief, said of Baldwin: "He was well-known in the community. He was a friend to all, very likable fellow. He was just that way."

Gent Funeral Home is located at 2409 State St. in Alton. Visitation for Baldwin and his brother will be from 4 to 9 p.m. today at the funeral home, and Thursday's funeral will be for both Al and Leo Baldwin.



## Union Starch employees reunion set for Labor Day

Union Starch employees and families are planning a Sept. 1 reunion celebrating the 25th year of the closing of the plant.

Union Starch discontinued operation March 31, 1972, after many years in the wet milling industry.

The facility originated in 1867 as a small cannery where local farmers brought their fruit to be preserved in glucose.

In 1903 operations were taken over by a St. Louis syrup and preserving company.

Union Starch and Refining Co. bought the factory in 1922 and manufactured quality products from corn including corn syrup, corn oil, dry starch and caramel coloring, until 1967.

The hourly employees were represented by Local 7-633 of the oil, chemical and atomic workers union.

Miles Laboratories, ADM and corn sweeteners made unsuccessful attempts to keep the complex in operation after its closing by the Union Starch ownership.

The reunion will be held on Labor Day at the Horseshoe Lake Recreation Area on Highway 111.

Food will be catered by Class Act Catering, and live entertainment will be provided by Coyote Moon from 2 to 6 p.m.

For more information call Cheryl Thomas at 931-8633.

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adult counselor.

Cummings said, "Our theme is 'Sold Out to Jesus.' That's the basis for everything we do."

Seven junior leaders who are members of church serve as the leadership council for the program.

"I think it's a good ministry of God," said Lester Grobe, 16, of Granite City and a member

of the council. "We play sports, do Bible study, hold retreats, sing and raise funds."

Another council member, Amy Crites, 14, also of Granite City, said the program "brings (teenagers) closer to God."

"The youth leaders help you out with problems you need help with," Crites said. "We're serving God, yet having fun with the band."

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## CORRECTION

Re-Source St. Louis is at 13084 Gravois Road in Sunset Hills. This information was reported incorrectly in the Aug. 24 issue of the Journal. The Journal regrets the error.

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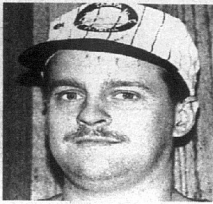
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## NEWS

## VOICE BOX

What are your views on caller-ID and why?



"I don't have it, I think it's somewhat good, it keeps down prank calls. Plus it's good to keep phone salespeople off your back."

Keith Rowlett, 52  
Granite City  
Steelworker



"I think it's a good idea; if your not home and it's an emergency, it's great. If you work all day and don't want to talk to who's calling it's good. I have it and I really like it."

Robert Scott, 52  
Granite City  
Self-employed



"I like caller-ID. You can catch prank callers if they keep bothering you. Sometimes the answering machine does not work right. Caller-ID always works."

Julie Elmore  
Granite City  
YMCA Latchkey Director



"Caller-ID is a good idea incase you can't get to the phone or if you don't want to get to it. You know who called you all day. It seems like it would be more reliable than an answering machine."

Katie Stewart, 22  
Granite City  
YMCA Latchkey Aid



"I can take it or leave it. I do have it, and it's nice to know who's calling."

Ed Niepert, 39  
Granite City  
Sheeter operator

Photos and Interviews by Shirley Valencia  
Interviewed at the Granite City YMCA

## Board OKs enterprise zoning area

## COUNTY BOARD

Madison County lined up with Edwardsville and Pontoon Beach on the side of establishing an enterprise zone to lure new business to the Interstate 270-255 area.

The county was the last of the three entities with jurisdiction in the proposed boundaries to approve the enterprise zone before it is considered by the state.

The County Board voted 23-2 at a meeting Aug. 20 to approve the zone.

The proposed 1,700-acre zone includes part of the Gateway Commerce Center's light industrial park, which promises to bring new jobs and revenue to the area.

If approved by the state, the enterprise zone would open the door to property tax abatements on improvements in the first seven years and sales tax exemptions on building materials used in development. After seven years of the 26-year life of the zone, taxes will be phased back in through the 10th year, officials said.

Madison County Board member Harold Byers, D-Highland, said the tax breaks were not fair to existing enterprises that have done business in the county for years and would like to have tax abatements, too.

The proposed development would put pressure on related services and eventually cost taxpayers more in roads, hospitals and the like, Byers said. Grants Committee Chairman Homer Henke, R-Moro, explained the proposed enterprise zone before the vote, said it would prove to be a boon to jobs, housing and overall tax income as new business moves in.

Board member Dick Worthen, D-Alton, who voted with Byers against the enterprise zone, said he was opposed to subsidies for people who don't need them.

"We give them out all too often, and it's not fair to existing business. It also raises the taxes for the rest of the people," he said.

Worthen called the subsidy plan a "hidden tax" that cannot be counted accurately. If it's done, it should be done in a budgeted pattern where taxes are charged then rebated so everyone knows the exact amount, he said.

The enterprise zone is subject to approval by the Southwestern Illinois Development Authority and the Illinois Department of Commerce and Community Affairs before it can be established. Illinois lawmakers approved the idea in March.

— From The Telegraph

## •Venice

(Continued from Page 1A)  
"His mother, Laronda Griggs, was not there," he said. "The kids were alone in the house." Newsome said the revolver belonged to Stanley's great-

grandmother, who said she had kept the gun at her home for 25 years. "She said it was unloaded, and there was no ammunition in the house," Newsome said. "It disappeared from her

home about a week before the accident."

"Apparently, the victim had seen the gun in the house while helping with painting and cleaning. They didn't even know the gun was gone," he said, adding the great-grandmother identified it when she arrived at the scene shortly after the police.

"They got the bullets somewhere else."

Newsome said police found an empty box of 22-caliber bullets behind the victim's house.

Newsome said accidental shootings were a rare occurrence in Venice but not in the United States.

"A lot of kids throughout the U.S. play with guns and shoot themselves," he said.

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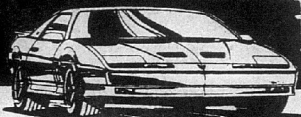


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## BRIEFS

## Mitchell

**INCORPORATION DRIVE:** Mitchell residents will consider their next move at a public meeting at 7 p.m. Wednesday at the Chouteau Township Building.

Mitchell has been trying to incorporate, but a recent Madison County Board resolution and a judge's ruling put a halt to the drive.

## Madison County

**SPECIAL PROPERTY TAX HOURS:** Bill Arny, Madison County Treasurer, has announced the County Tax Collection office, 157 N. Main St. in Edwardsville, will be open Saturday. The office will be open from 9 a.m. to 1 p.m. for the convenience of those who wish to pay their second installment of real estate property taxes before the Sept. 3 penalty date.

To date, 57 percent of total taxes billed in the amount of \$183,935,328 have been collected and distributed to the taxing districts, Arny said.

The second installment of taxes is due Sept. 2. For more information, call 692-7470.

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## •Camp—

(Continued from Page 1A)

have to come up with solutions to," she said.

Staff members at the camp range in age from 15-83. Many former campers return to volunteer.

Michelle Howard is one of about 30 staff members this year. Last year she was director — this year she's part of the kitchen staff, which Lewis called "the most important people on the campground."

"We just help out wherever we're needed," Howard said. "Somebody did it for me, and I'm willing to return the favor."

Although many staff and campers return each year, the camp tries to include new people as well, Culp said.

And next year, the camp hopes to expand to an additional camp, she said. Funding from Community Development Block Grant, the United Way and the Urban League's Youth Development Fund are assisting with that goal.

Culp is president of a 12-member board that oversees the camp. Board members come from throughout the St. Louis metropolitan area.

"When we work together, we can really do good things," Culp said.

Campers are encouraged to explore the spiritual side of nature, Culp said.

"We do focus on the fact that we're here in God's cre-

## Youth Development Fund grants set for three years

Through a grant from the Monsanto Fund and contributions from local benefactors, the Urban League of Metropolitan St. Louis will be able to offer financial help to local groups serving black youngsters through the Youth Development Fund.

"The Youth Development Fund is designed to put an adult in the life of any low-income African-American youth who needs it," according to a prepared statement from the Urban League.

The YDF was developed by Hugh B. Price, president of the National Urban League.

"It calls on all African-Americans, individually and collectively, to become financially responsible for halting the pathologies so evidently displayed in our

community," according to the Urban League statement.

YDF grants will be made to both existing and new services for youth.

A local steering committee awarded a total of \$65,000 to 17 organizations in St. Louis city and county, and St. Clair County, Ill. The grants ranged from \$2,500 to \$7,000.

The Monsanto grant finances administrative costs of the program for three years.

Those wanting to contribute to the YDF may make checks payable to the Urban League Youth Development Fund and send them to: Urban League Youth Development Fund, 3701 Grandel Square, St. Louis, Mo. 63108. Contributions are tax-deductible.

ation, and that there is a Creator who has created this for us," she said.

Campers said they liked the camp and had learned many things.

"I love it," Cortez Hood, 10, said. "It's my second year here."

"I like to sit down and nature walk, and listen to the

sounds of the woods," he said. And most of all, he said, "I just like being in the cabin with my friends, talking."

Jasmine Cosby, 8, said she likes swimming and discussion. This is also her second year at the camp.

"It's fun," she said.

Stephon Stewart, 7, said he likes the food.

## •Price—

(Continued from Page 1A)

career. Second, those with whom I have served before, some of whom are with us today."

Hanneman, 39, will now become the Installation AG Officer at Fort Sill in Oklahoma, said Jack Calve Jr., a spokesman for the center.

Waters, 25, is a graduate of the Army ROTC program at Evangel College in Springfield, where he was a distinguished military student, member of Pershing Rifles and a distinguished military graduate.

He graduated with a bachelor of arts degree in Biblical studies.

His awards and decorations include the Military Outstanding

ing Volunteer Service Medal, the Army Achievement Medal, the Army Commendation Medal, the Meritorious Service Medal, Air Assault Badge and the Basic Parachutist's Badge.

He currently is a master of arts candidate at California State University-Dominguez Hills.

"To the soldiers and civilians with whom I'll be working, I ask this of you. First, always tell me the truth. I can forgive ignorance, I can fix laziness, but I will not tolerate a lack of honesty in anyone."

"Second," Waters said, "I ask you to work hard and always look for ways to improve."

Waters and his wife will live at the center.

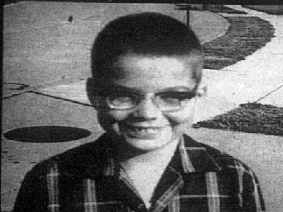


Capt. Gregory Waters

Give Our Children A Break...  
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## Back-To-School Photo Contest



Two Prizes in Each Category:

**Best Photo and Funniest Photo**  
**\$100 Gift Certificate and a \$50 Gift Certificate**  
 PLUS, we'll match the value of your prize with a cash donation to your school and you'll receive a **FREE Roll of Film** when you drop off your entry.

**Back-To-School Photo Contest Entry Form**  
 Please bring this form and your entry to the store nearest you.

Student's Name \_\_\_\_\_ Phone Number \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ Zip Code \_\_\_\_\_  
 Signature of Parent or Guardian \_\_\_\_\_



Entries must be received by September 6, 1997. No Purchase Necessary. Winners will be notified by telephone. Photos will not be returned, because our property, and may be used in future promotions. Limit of 3 entries per family. All entries should be from the beginning of the 1997 school year and 4x6 or 5x7 size.

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## OBITUARIES

**Craig Reynolds**  
**CRAIG REYNOLDS**, 38, of Granite City, died at 4:30 p.m. Saturday, Aug. 23, 1997, at St. Elizabeth Hospital following a seven-year illness. Born Jan. 3, 1958, in Granite City, he had been a lifelong resident.

Mr. Reynolds was employed as a maintenance man and of the Pentecostal faith. Survivors include one son, Joshua Reynolds of Chicago; his parents, Daryl and Norma (Nickel) Reynolds of Granite City; one brother, Jeff Reynolds of Granite City; and two sisters, Dairlyn Young of Paducah, Ky., and Mary Reynolds of Granite City.

He was preceded in death by one brother, Samuel Reynolds. Graveside services were held Tuesday, Aug. 26, at St. James Cemetery in Edwardsville with the Rev. Ed. Linhart officiating.

Arrangements were handled by Werner Chapel for Funerals, 3939 Lake Drive, Pontoon Beach.

### James G. Henke

**JAMES G. HENKE**, 84, of Panama, died Friday Aug. 22, 1997, at 10:45 a.m. at his home in Panama, after a three-month illness. He was born on June 10, 1913, in Hillsboro.

Mr. Henke resided in Granite City for the past 21 years, and spent his early life in Panama. He was a veteran and served in the U.S. Army. He was a lifelong member of the Panama VFW Post #6628.

Survivors include two sons, Joe and Jerry Henke of Granite City; two daughters, Rhonda Andersen of Granite City, and Joni Gordon of Godfrey; one brother Norton Henke of Panama; nine grandchildren, and one great-grandchild.

He was preceded in death by his wife, Frances (McGee) Henke.

The funeral was held on Monday Aug. 25, 1997, at Perotti Funeral Home in Panama. Burial will be in Union Cemetery in Panama.

Memorials are suggested to American Cancer Society.

### Betty Jean McCoy

**BETTY JEAN (BLANKENSHIP) MCCOY**, 58, of Granite City died Friday, Aug. 22, 1997, at her son's home with her family at her bedside. She was born Jan. 11, 1938, in Chester County, Tenn.

Mrs. McCoy was raised from Granite City, Tenn., and one son, Louie McCoy of Granite City. She was also survived by one brother, Ray Blankenship of Jonesboro, Ark.; and two sisters, Ann Van Hoose and Sue Oakley, both of Sallis, Tenn.

Survivors include her husband, Louis E. McCoy Jr.; two daughters, Debbie Smith of Granite City, and Tammy Tucker of Bath Springs, Tenn.; and one son, Louie McCoy of Granite City. She was also survived by one brother, Ray Blankenship of Jonesboro, Ark.; and two sisters, Ann Van Hoose and Sue Oakley, both of Sallis, Tenn.

She was preceded in death by her parents, Ed and Grace Blankenship, and two brothers, Mike and Bud Blankenship. The funeral service was Aug. 24, 1997 at Irwin Chapel in Granite City. Service in Sallis was on Aug. 26, 1997 at Sallis Baptist Church. Burial was in Lebanon Cemetery near Sallis.

Arrangements in Sallis were handled by Shackelford Funeral Directors, Inc. in Savannah, Tenn.

### Lloyd Adams Sr.

**LOYD W. ADAMS SR.**, 55, of Granite City died at 1:05 p.m. Friday, Aug. 22, 1997, at Barnes Hospital in St. Louis as the result of injuries sustained in an automobile accident. Born Sept. 16, 1941, in Wyatt, Mo., he had been a Granite City resident for the past 10 years.

Mr. Adams was employed as a cab driver by Lunde Cab Company for the past four years; a member of Maryville Road Church of Nazarene; and a U.S. Air Force veteran.

Survivors include his wife, Mary (Elakant) Adams; four sons, Lloyd and

Tony Adams both of Lebanon, Scott Adams of Granite City and Phillip Adams of O'Fallon; four daughters, Janet Rose of Tecoma, Mexico, Valerie Buecker of Granite City, Angela Brock of Sallisville and Kimberly Mersinger of O'Fallon; his mother and stepfather, Nina and Jack Robinson of Plainview, Ark.; one brother, Robert Adams of Edwardsville; one sister, Mary Tourville of Caseyville; and 12 grandchildren.

He was preceded in death by his father, Herman Adams. Services were Tuesday, Aug. 26, at Maryville Road Church of Nazarene in Granite City, with the Rev. Kevin Clements. Burial was in Plainview, Ark. Memorials are suggested to the family.

Arrangements were handled by Werner Chapel for Funerals, 3939 Lake Drive, Pontoon Beach.

### Steven B. McCoy

**STEVEN B. MCCOY**, 36, of Granite City died at 4:47 p.m. Friday Aug. 22, 1997, at St. Elizabeth Medical Center in Granite City. Born April 27, 1961, in St. Clair Shores, Mich., he had been a Granite City resident for most of his life.

Mr. McCoy was employed by McCoy's Sallis in Fairmont City for the past year. Survivors include one daughter, Amber McCoy of Texas; his father and stepmother, Clarence and Debbie McCoy; two sisters, Danielle Godard and Sharee McCoy of Fairmont City; and two brothers, Kevin McCoy of St. Louis and Scott McCoy of Fairmont City.

He was preceded in death by his mother, Ruby (McClanahan) McCoy. Services were Tuesday Aug. 26, at Mercer Mortuary 1418 Niedringhaus Ave. in Granite City, with the Rev. Brad Shaw officiating. Burial was in St. John Cemetery, Granite City.

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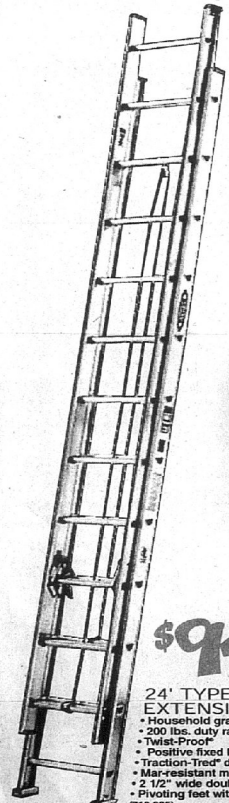


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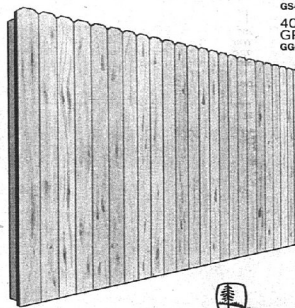


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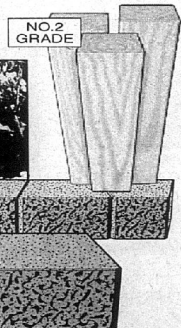
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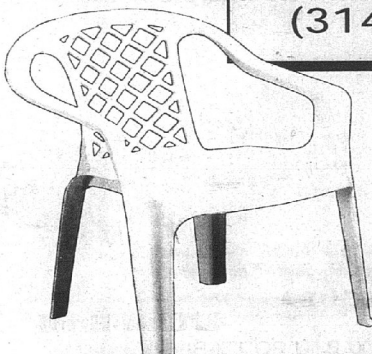
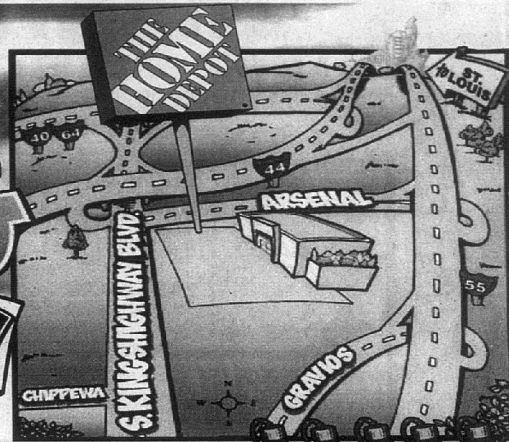


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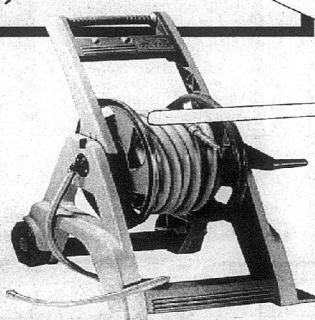
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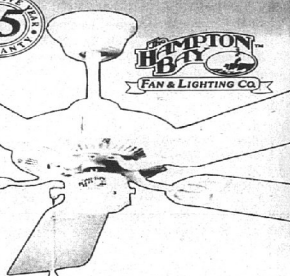


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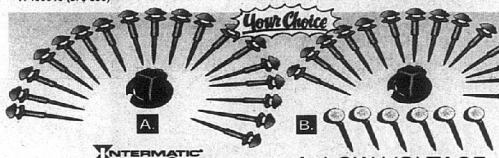
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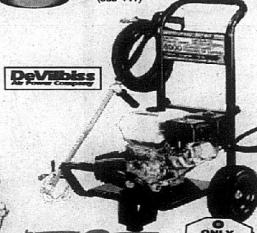
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WASP, HORNET and YELLOW JACKET KILLER, FOAMING AEROSOL..... 2.18

10040 (707-179)



**20 Lb. DURSBAN LAWN and GARDEN INSECT CONTROL**

- 70070 (708-469)

WASP, HORNET and YELLOW JACKET KILLER, FOAMING AEROSOL..... 2.18

10040 (707-179)



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# GRANITE CITY DIST. #9

## 1997-98 SCHOOL INFORMATION

### Granite City Community Unit School District #9

Steve Balen, Ed. D.  
Superintendent

ADMINISTRATIVE OFFICES  
1947 ADAMS STREET  
GRANITE CITY, ILLINOIS  
62040-3397

(618) 451-5800  
Fax (618) 451-6155  
Tdd (618) 451-5895

August 27, 1997

Dear Citizen

On behalf of Granite City School District, the Board of Education sends its greetings and best wishes as we prepare to open the 1997-98 school year.

On September 2, 1997, 8,400 students and 700 staff members will begin the first day of student attendance. Our maintenance and custodial staff have worked hard to prepare, clean, and ready our buildings for the first day of student attendance. Many teachers were in the buildings early to prepare their rooms, and school materials and supplies have been ordered and are in place.

We are certain that you have noticed the continuous renovation of Granite City High School. We look forward to the completion of the renovation in February, 1998.

Over the last five years, the district has made progress in completing many vital projects designed to improve student learning and behavior. With the support and encouragement of our staff and community, the following have been accomplished:

- Placement on State List of Financially Sound Schools
- High School Renovation to be Completed on Budget with No Increase in Taxes
- Half-Day to Full-Day Kindergarten District-Wide
- Latchkey Program in Five Elementary Schools for Working Parents
- Two Long-term Labor Union Agreements
- Conversion from Junior High to Middle School
- Development of Long-term Technology Plan (\$370,000 Budget in 1996-97; \$400,000 Budget in 1997-98)
  - Eight New Labs at Granite City High School
  - Internet Connection at All Schools
  - Computers in Every Elementary Classroom
- Purchase of New AS400 Mainframe Computer and All Schools Brought On-Line
- School Improvement Visitation by the State and New Five-year Accreditation
- In-School Suspension to Improve Student Behavior and Increase State Revenue
- Expanded Truancy program to Improve Student Attendance for All grade
- Increase in Graduation Rate from 68 to 80 Percent
- Zero Tolerance of Drugs at Schools with Mandatory Expulsion for Possession or Dealing
- Updated All Textbooks on a Seven-Year Replacement Cycle for All grades
- Re-Roofing of Grigsby, Prather, and Coolidge
- New Maps and Globes for All Elementary Schools
- Math and Science Kits for All Elementary Schools
- Student Incentive program for Good Behavior
- Transition Through 5 and 5 Early Teacher Retirement with 200 Plus New Teachers Employed
- Cameras Placed on buses to Improve Bus Behavior and Safety
- Summer Lunch Program for Disadvantaged Children
- Breakfast Programs in All buildings
- Fellowship of Christian Athletes Formed
- Restructured Agenda And Board Format to include Pledge of Allegiance and Opening Prayer
- No Tax Increase in Seven Years
- Renovation of Athletic Complex
- New Bleachers in Gymnasium

Please remember that good school attendance, hard work, appropriate student behavior and parental involvement are the four factors which ultimately ensure school success.

Thank you for your faith, trust and support.

*Steve Balen* Board President  
*John D. Rea* Board Vice President  
*John Caudron* Board Secretary  
*James Noeth* Board Treasurer  
*Walter Whitaker* Board Member  
*Tom Candler* Board Member

#### Hepatitis

Required for entrance to 5th grade and Early Childhood  
Must have had at least one immunization of the series of three (3) with verification of appointment for next immunization for next series.  
Exclusion Date will be October 15, if not met  
Every doctor and health clinic will be giving these immunizations.  
Call your doctor or local clinic for an appointment  
Physical exams and current immunization are required for every kindergarten, 5th grade and 9th grade student

### 1997-1998 GRANITE CITY C.U.S.D. #9 LOCATION DIRECTORY

Location Name	Telephone	Address
Board Office	451-5800	1947 Adams
Sr. High School	451-5808	3101 Madison Avenue
Coolidge Middle School	451-5826	3231 Nameoki Road
Grigsby Middle School	931-5544	3801 Old Cargill Road
Data Processing	451-5800	1947 Adams
Special Ed./Region I	451-5800	1947 Adams
Frohardt Elementary	451-5819	2040 Johnson Road
Lake Elementary	451-5815	3201 E. 23 rd
Marshall Elementary	451-5819	Marshall & Victory
Maryville Elementary	931-2044	4551 Maryville Road
Mitchell Elementary	931-0057	316 E. Chain of Rocks
Niedringhaus Elementary	451-5813	29th & State Street
Prather Elementary	451-5823	2300 West 25th
Wilson Elementary	451-5817	2400 Wilson Avenue
Worthen Elementary	931-5700	3200 Maryville Road
Warehouse	451-5800	1947 Adams

Sr. High School	William Rotter, Prin. Gerald McKeachan, Vice Prin. Allen Kennerly, Asst. Steve Hamilton, Asst. Cindy Gagich, Asst. Debbie Wilkerson, Asst.
Coolidge Middle School	Rick Talley Jim Greenwald, Intern Alan Crider Cindy Mills
Grigsby Middle School	Nancy Sanders
Frohardt Elementary	Virgil Kambarian
Lake Elementary	Clabbe Briggs
Marshall Elementary	Greg Patton
Maryville Elementary	Ellen Voyles
Mitchell Elementary	Norbert Tate
Niedringhaus Elementary	Jim Parker, Asst.
Prather Elementary	Ruth Noeth
Wilson Elementary	Debra Garland
Worthen Elementary	

### BOARD OF EDUCATION

Mr. Jeff Parker, President  
Mr. Ron Dillard, Vice President  
Mr. Eldin Rea, Treasurer  
Mr. John Caudron, Secretary  
Mr. James Noeth, Member  
Mr. Pete Novacich, Member  
Mr. Walter Whitaker, Member

### OFFICE OF THE SUPERINTENDENT

Steve Balen, Superintendent  
Fred P. Schuman, Ass't. Superintendent  
Gene Logas, Director of Finance  
Thomas Holloway, Adm. Asst./Sec'd. Ed.  
Ron Stern, Adm. Asst./Elem. Ed.  
Robert Bischoff, Dir. of Title 1  
Monte Kessler, Dir. of Data Processing  
Louis Short, Audio Visual Coordinator  
Brad Eavenson, Dir. of Bldg. Services  
Lois Woods, Supr. of Cafeteria Services  
Stu Mills, Director of Region I, Sp. Ed.  
Betty Nighohossian, Supr. of Sp. Ed.  
Goni Michaeloff, Grant Writer  
Linda Finazzo, Lead Payroll Processor  
Cynthia Hormell, Gifted/Read. Imp. Coord.  
Tom Candler, Custodian Supervisor

### SUBJECT: TIME SCHEDULES FOR OPENING & DISMISSAL OF SCHOOL ON SEPTEMBER 2, 1997

The schedule for the opening and dismissal of school on September 2, 1997, is as follows:

SENIOR HIGH	8:00 A.M. - 3:07 P.M.
COOLIDGE MIDDLE SCHOOL	8:00 A.M. - 3:10 P.M.
GRIGSBY MIDDLE SCHOOL	8:20 A.M. - 3:35 P.M.
ELEMENTARY (EXCEPT MARYVILLE)	8:30 A.M. - 2:45 P.M.
MARYVILLE ELEMENTARY	8:00 A.M. - 2:15 P.M.



The following bus schedule is for school year

Granite City High School

Abel Court, Adams (1947), Alexander, Alice, 40, 7, Angela Dr., Arlington D, Arlington R, Army Depot, Arnold Dr., Ashland, 28, B. Street, 1, Barbara C, Barkley, 28, Benning, 30, Benton, (15) a.m., Bern, 38, 7, Big Four Pl, Bischoff Rd, Blue Spruce, Bluebird, 30, Boston Pl., Boyle, 41, Bradley, 24, Breckenridge, Bremen, (1) a.m., Bruno, 10, Bruns Rd., Bryan, 18, Buena, 16, 7:20 a.m., Burton Sub, Cambridge, Cambridge, Carl, 16, 7, Carla, 28, Carolyn, 40, Carr, 21, 7, Catalapa, 3, Cayuga, 1, Cemetery R, Central Ave, Central Ln, a.m., Central Ln, a.m., Century Dr, Chain of R, 7:25 a.m., Charles St, Charlestown, Cheshire, Chestnut, Chouteau a.m., Chouteau a.m., Chouteau a.m., Circle Dr., Cleveland a.m., Cleveland a.m., Clinton, 4, Concord C, Cote Brill, Country Ln, Courtney, Cynthia L, Daisy Ct., Dawn, (21) a.m., Davies Pl, Dawn (22), Deborah C, Delmar (1) a.m., Delmar (2), DeLynn, 3, Denver, 1, Depot, Am, Dewey, 18, Division, 3, Donald C, Dorothy C, Douglas, Drake, 24, Driftwood, Dwight, 4, E. Chain, 28, 7:10 a.m., E. Lake D, a.m., East Lane, a.m., Eastgate, Edna, 25, Edison (1), Edison (2), Eduardo, Edwards, 7:00 a.m., Edwards, 7:30 a.m., Edwards, (4200), Elizabeth, Elliott Rd, Emzoo, 5, Engineer, English F, Esquire L, only 23, Evergreen, Fairway, a.m., Ferguson, Fischer C, Fleming, Fontaine, Foreman, Franko L, Gargac L, 7:10 a.m.



# SCHOOL BUS SCHEDULES

EXAMPLE: STREET: FAIRWAY ESTATES APARTMENTS, BUS NUMBER 32, PICKUP TIME: 7:35 A.M., BUS STOPS AT NEAREST CORNER



The following are the Granite City bus schedules for the 1997-98 school year:

## Granite City High School

Abel Court, 28, 7:15 a.m.  
Adams (1900-2200), 25, 7:40 a.m.  
Alexander, 25, 7:30 a.m.  
Alice, 40, 7:25 a.m.  
Angela Dr., 4, 7:05  
Arlington Dr., 26, 7:10 a.m.  
Arlington Rd., 26, 7:15  
Army Depot, 19, 7:10 a.m.  
Arnold Dr., 4, 7:10 a.m.  
Ashland, 28, 7:05 a.m.  
B. Street, 10, 6:55 a.m.  
Barbara Ct., 26, 7:15 a.m.  
Barkeley, 28, 7:05 a.m.  
Benning, 36, 7:10 a.m.  
Benton, (1900-2200), 25, 7:40 a.m.  
Bern, 38, 7:10 a.m.  
Big Four Pl., 28, 7:05  
Bischoff Rd., 23, 7:10 a.m.  
Blue Spruce Ct., 4, 7:05 a.m.  
Bluebird, 36, 7:05 a.m.  
Boston Pl., 14, 7:15 a.m.  
Boyle, 41, 7:10 a.m.  
Bradley, 24, 7:10 a.m.  
Brackenberg, 31, 7:20 a.m.  
Bremen, (1800-1800), 4, 7:15 a.m.  
Brune, 10, 6:55 a.m.  
Bruno Rd., 23, 7:10 a.m.  
Bryan, 18, 7:20 a.m.  
Buena, 16, 7:10 a.m. Buenger, 14, 7:20 a.m.  
Burton Subdivision, 40, 7:25 a.m.  
Cambridge Ct., 14, 7:20 a.m.  
Cambridge Dr., 14, 7:20 a.m.  
Carl, 16, 7:05 a.m.  
Carla, 25, 7:10 a.m.  
Carolyn, 40, 7:20 a.m.  
Car, 21, 7:05 a.m.  
Catalpa, 28, 7:15 a.m.  
Cayuga, 34, 7:15 a.m.  
Cemetery Rd., 18, 7:10 a.m.  
Central Ave., 28, 7:05 a.m.  
Central Ln. (4000 Blk.), 7, 7:05 a.m.  
Central Ln. (3900 Blk.), 31, 7:00 a.m.  
Century Dr., 9, 7:25 a.m.  
Chain of Rocks Rd. (West), 15, 7:25 a.m.  
Charles St., 25, 7:30 a.m.  
Charlestown Circle, 14, 7:15 a.m.  
Cheshire, 38, 7:10 a.m.  
Chester, 19, 7:15 a.m.  
Chouteau Pl. Rd. (Slough) 8, 7:15 a.m.  
Chouteau St., 28, 7:05 a.m.  
Chouteau Trace, 26, 7:15 a.m.  
Circle Dr., 9, 7:25 a.m.  
Cleveland (1200-1800), 20, 7:10 a.m.  
Cleveland (1900-2200), 25, 7:40 a.m.  
Clinton, 4, 7:05 a.m.  
Concord Ct., 14, 7:15 a.m.  
Cote Brillante, 16, 6:55 a.m.  
Country Ln., 36, 7:30 a.m.  
Courtney, 38, 7:15 a.m.  
Cynthia Ln., 28, 7:10 a.m.  
Daisy Ct., 26, 7:05 a.m.  
Dawn, (2100), 36, 7:20 a.m.  
Davies Place, 28, 7:10 a.m.  
Dawn (2200-2300), 4, 7:10 a.m.  
Deborah Ct., 4, 7:05 a.m.  
Delmar (1200-1900), 20, 7:10 a.m.  
Delmar (2000-2100), 25, 7:40 a.m.  
Dellynn, 38, 7:10 a.m.  
Denver, 17, 7:05 a.m.  
Depot, Army, 19, 7:10 a.m.  
Dewey, 18, 7:15 a.m.  
Division, 31, 7:10 a.m.  
Donald Ct., 24, 7:25 a.m.  
Dorothy Ct., 25, 7:25 a.m.  
Douglas, 28, 7:10 a.m.  
Drake, 24, 7:20 a.m.  
Driftwood, 28, 7:20 a.m.  
Dwight, 4, 7:10  
E. Chain of Rocks Rd. (300-900), 28, 7:10 a.m.  
E. Lake Dr. 39, (4200-up), 7:05 a.m.  
East Lane (Army Depot), 19, 7:10 a.m.  
Eastgate, 39, 7:05 a.m.  
Edna, 25, 7:30 a.m.  
Edison (1200-1900), 20, 7:10 a.m.  
Edison (200-2100), 25, 7:40 a.m.  
Eduardo, 26, 7:10 a.m.  
Edwardsville Rd. (1200-1400), 21, 7:00 a.m.  
Edwardsville Rd. (2800-2900), 25, 7:30 a.m.  
Edwardsville Rd. (Hwy 162) (4200-4500), 24, 7:10 a.m.  
Elizabeth, 21, 7:00 a.m.  
Elliot, 24, 7:10 a.m.  
Emree, 8, 7:20 a.m.  
Engineer Ed., 28, 7:10 a.m.  
English Pls., 28, 7:10 a.m.  
Esquire Dr. #191, #192, & #201 only, 23, 7:20 a.m.  
Evergreen, 16, 7:05 a.m.  
Fairway Estates Apts., 23, 7:20 a.m.  
Ferguson, 38, 7:20 a.m.  
Fischer Ct., 19, 7:10 a.m.  
Fleming, 28, 7:10 a.m.  
Fontainebleau, 39, 7:10 a.m.  
Foreman Ct., 38, 7:10 a.m.  
Franko Ln., 40, 7:25 a.m.  
Gargac Ln. (Smith-Rouland), 24, 7:10 a.m.

Garber Ct., 19, 7:10 a.m.  
Garden Ln., 10, 6:55 a.m.  
Gaslight Dr. (Oakmont), 10, 7:10 a.m.  
Georgetown, 39, 7:10 a.m.  
Gemstone, 24, 7:20 a.m.  
Grand, (1200-2000), 20, 7:10 a.m.  
Grand (2100 only), 25, 7:40 a.m.  
Granite, 21, 7:00 a.m.  
Greenway Dr., 28, 7:10 a.m.  
Guth, 40, 7:25 a.m.  
Harrison (1-10), 24, 7:10 a.m.  
Harrison Ave., 38, 7:10 a.m.  
Harvey Pl., 41, 7:10 a.m.  
Heather St., 40, 7:25 a.m.  
Hemlock, 4, 7:10 a.m.  
Herbert, 16, 7:05 a.m.  
Herschbach, 19, 7:10 a.m.  
Hill St., 16, 7:10 a.m.  
Hinkle Ct., 19, 7:10 a.m.  
Holiday Mobile Homes, 23, 7:15 a.m.  
Hwy. 3, 8, 7:20 a.m.  
Hwy. 67, 8, 7:20 a.m.  
Hwy. 111 (Between 162 & SA 35), 3500-3600, 26, 7:10 a.m.  
Hwy. 111 (2800-SA 35), 23, 7:05 a.m.  
Hwy. 111 (Ponton Rd. to I-270), 4100-up, 39, 7:05 a.m.  
Hwy. 162 (Edw. Rd. 4200-4500), 24, 7:10 a.m.  
Hwy. 162 (3200-4200), 26, 7:20 a.m.  
Hwy. 162 (4200-4500), 26, 7:20 a.m.  
Illinois Ave. (2000-2400), 18, 7:15 a.m.  
Independence Dr., 17, 7:00 a.m.  
Iowa (1200-1400), 20, 7:15 a.m.  
Iowa, (2000-2100), 25, 7:35 a.m.  
Iris, 24, 7:20 a.m.  
Iron, 21, 7:00 a.m.  
Ivy Ln., 14, 7:20 a.m.  
Janine Ct., 4, 7:05 a.m.  
Jason Dr., 36, 7:05 a.m.  
Jeanette Dr., 23, 7:20 a.m.  
Jefferson, 8, 7:20 a.m.  
John Glen Dr., 10, 6:55 a.m.  
Jones Park, 24, 7:25 a.m.  
Joseph Ct., 36, 7:05 a.m.  
Joyce, 24, 7:25 a.m.  
Justice Ct., 19, 7:10 a.m.  
Karen Dr., 26, 7:10 a.m.  
Kaseberg Ln., 24, 7:25 a.m.  
Kaweburg Park, 24, 7:25 a.m.  
Kathy Dr., 10, 7:00 a.m.  
Katie Lynn Dr., 38, 7:10 a.m.  
Keeling Ln., 15, 7:30 a.m.  
Kelly Dr., 14, 7:20 a.m.  
Kelly Dr., 23, 7:20 a.m.  
Kennedy Dr. (Army Depot), 19, 7:10 a.m.  
Kennedy Dr. (Tri-City Park), 21, 7:10 a.m.  
Kinder Ln., 28, 7:10 a.m.  
Lake Dr. (2200-3600), 23, 7:25 a.m.  
Lake Dr., (3700-3900), 10, 7:00 a.m.  
Lake Dr., (4000-4300), 10, 7:00 a.m.  
Lake Dr. (4000-4300) (West side of Lake), 10, 7:00 a.m.  
Lake Dr., (4400-up), 31, 7:05 a.m.  
Lake Dr. (Trailer Park) (4700) 31, 7:20 a.m.  
Lake St. (3800-3900), 10, 7:00 a.m.  
Lakeview Dr. (I-50), 39, 7:05 a.m.  
Lakeview Dr., (4900-5200), 31, 7:00 a.m.  
Laura Dr., 10, 7:00 a.m.  
Lee Ave., (2000-2200), 25, 7:30 a.m.  
Lee St., (1200-1300), 40, 7:25 a.m.  
Legacy Dr., 24, 7:25 a.m.  
Lenox, 28, 7:10 a.m.  
Lewis, 16, 7:05 a.m.  
Lexington Ct., 14, 7:15 a.m.  
Leyden, 17, 7:05 a.m.  
Lily Ave., 24, 7:20 a.m.  
Lindsay (4800) 16, 7:05 a.m.  
Lockhaven, 36, 7:05 a.m.  
Logan Ave. (2200-2400), 18, 7:15 a.m.  
Logan Ave. (2600), 8, 7:20 a.m.  
Lola, 15, 7:35 a.m.  
Louis, 25, 7:30 a.m.  
Lucky Ln., 15, 7:30 a.m.  
Lynch, (2100-2300), 38, 7:10 a.m.  
Lynch (2400), 4, 7:10 a.m.  
Madison Ave., (1200-2000), 20, 7:15 a.m.  
Mallard, 24, 7:20 a.m.  
Maple (1800-1900), 19, 7:15 a.m.  
Margaret, 28, 7:10 a.m.  
Margold, 24, 7:15 a.m.  
Mark Ct., 14, 7:20 a.m.  
Martin, 28, 7:00 a.m.  
Maryville Rd. (2700-3000, even), 14, 7:15 a.m.  
Maryville Rd. (3900-4900, even), 14, 7:05 a.m.  
Matthew Ct., 36, 7:10 a.m.  
Maunroe Ct., 4, 7:10 a.m.  
McIntosh Dr., 19, 7:10 a.m.  
McKinley, 8, 7:25 a.m.  
Meadow Ln., 40, 7:25 a.m.  
Meadowlark, 36, 7:25 a.m.  
Melvin Dr., 23, 7:20 a.m.  
Meridian (1100-1400), 21, 7:00 a.m.  
Middlesex Circle, 14, 7:15 a.m.  
Mikel Dr., 26, 7:10 a.m.  
Minosa, 28, 7:15 a.m.  
Minerva, 38, 7:20 a.m.  
Miracle, 38, 7:20 a.m.

Missouri (2000-2400), 18, 7:15 a.m.  
Missouri (2600), 8, 7:25 a.m.  
Mockingbird (2600-2700) 26, 7:20 a.m.  
Mockingbird, 36, 7:15 a.m.  
Moffatt, 15, 7:30 a.m.  
Monroe (2100-2200), 25, 7:34 a.m.  
Moorland Dr., 28, 7:10 a.m.  
Morgan, 8, 7:20 a.m.  
Morris Ct., 4, 7:05 a.m.  
Morrison Rd., 31, 6:50 a.m.  
Mueller, 16, 7:05 a.m.  
Nameoki Dr., 9, 7:25 a.m.  
Nameoki Rd. (2100-2200) 25, 7:30 a.m.  
Nameoki Rd. (4300-4900) 38, 7:05 a.m.  
Nameoki Rd. (5100-5200), 28, 7:00 a.m.  
Nancy, 8, 7:20 a.m.  
Nelson Dr., 10, 7:00 a.m.  
Nevada (2000-2100), 8, 7:20 a.m.  
Nevada (2200), 18, 7:15 a.m.  
Nevada (2300-up), 17, 7:05 a.m.  
Nicholas Ln., 10, 7:00 a.m.  
Niedringhouse (600-900) 19, 7:10 a.m.  
Niedringhouse (1200-1500), 7:40 a.m.  
Nightingale, 36, 7:15 a.m.  
North bridge, 14, 7:15 a.m.  
North St. (2600), 8, 7:20 a.m.  
North St. (4100), 39, 7:05 a.m.  
Northland, 38, 7:05 a.m.  
Oakmont, 10, 7:05 a.m.  
Ohio, 18, 7:15 a.m.  
Old Altan Rd. (4500-6200) 40, 7:25 a.m.  
Old Altan Rd. (6200-4900) 9, 7:20 a.m.  
Old Altan Rd. (5100) 16, 7:10 a.m.  
Oliver, 19, 7:15 a.m.  
Omaha, 21, 7:00 a.m.  
Orville, 38, 7:10 a.m.  
Old Edwardsville Rd. (Smith Rouland Loop), 24, 7:10 a.m.  
Old Hwy. 3, 7:10 a.m.  
Old Rock Rd., 8, 7:20 a.m.  
Osprey, 24, 7:20 a.m.  
Paradise Ln., 28, 7:15 a.m.  
Parkview (2000), 21, 7:05 a.m.  
Park Ln. (4000), 10, 7:05 a.m.  
Park Ln. (3900), 31, 7:10 a.m.  
Parkside Dr., 14, 7:20 a.m.  
Parktowne Dr., 8, 7:25 a.m.  
Parktowne West Trail, 17, 7:05 a.m.  
Parkview Apts., 14, 7:15 a.m.  
Parkview Dr., 14, 7:15 a.m.  
Particia Dr., 15, 7:30 a.m.  
Paul Ave., 38, 7:10 a.m.  
Paul Dr. (1-25) 15, 7:30 a.m.  
Peacock, 24, 7:20 a.m.  
Pearl Ct., 24, 7:20 a.m.  
Perigan Ln., 26, 7:20 a.m.  
Petunia, 24, 7:20 a.m.  
Pine, 4, 7:05 a.m.  
Poon Rd. (2100-2300), 4, 7:15 a.m.  
Ponton Rd. (2400), 4, 7:15 a.m.  
Ponton Rd. (2500-3600, 4100), 4, 7:10 a.m.  
Ponton Rd. (3700), 24, 7:25 a.m.  
Ponton Rd. (3800-4000), 10, 7:10 a.m.  
Ponton Rd., W (1400), 18, 7:05 a.m.  
Poplar St., (1600-1700), 19, 7:15 a.m.  
Poplar St. (1900), 17, 7:05 a.m.  
Pony (1700-1800) 4, 7:10 a.m.  
Queensbury, 10, 6:55 a.m.  
Quincy, 21, 7:00 a.m.  
Rae's Creek Dr., 24, 7:20 a.m.  
Rapp Rd., 31, 6:50 a.m.  
Redwood, 16, 7:05 a.m.  
Reta Ct., 4, 7:10 a.m.  
Revelle Dr., 25, 7:15 a.m.  
Revere, 14, 7:15 a.m.  
Rhodes, 17, 7:00 a.m.  
Rift Ln., 15, 7:30 a.m.  
Robert, 38, 7:15 a.m.  
Roberta Ave., 15, 7:30 a.m.  
Robin Ct., 36, 7:05 a.m.  
Rock Rd., 8, 7:15 a.m.  
Rogers, 15, 7:30 a.m.  
Romey, 10, 7:05 a.m.  
Roman Ln., 15, 7:30 a.m.  
Roney dr., 4, 7:10 a.m.  
Roosevelt, 8, 7:20 a.m.  
Roxbury Ct., 14, 7:15 a.m.  
Russell, 21, 7:00 a.m.  
Ruth (2500-2600), 15, 7:30 a.m.  
Ruth (3600-3700), 24, 7:20 a.m.  
St. Thomas St. (1900-1600 S.), 16, 6:55 a.m.  
St. Thomas Rd. (900-1100 N.) 15, 7:30 a.m.  
Sand Prairie Ln., 23, 7:05 a.m.  
Sand Rd., 23, 7:05 a.m.  
Sandy Shore Dr. (#157, #163, #164, #170-174, #189, & #199 only), 23, 7:20 a.m.  
Sara, 41, 7:10 a.m.  
Schaefer Rd., 9, 7:20 a.m.  
School House Rd., 23, 7:05 a.m.  
Seabury, 28, 7:20 a.m.  
Shelia Dr., 16, 7:10 a.m.  
Sherman, 21, 7:00 a.m.  
Shillinger Rd., 15, 7:30 a.m.  
Shirley Dr., 4, 7:10 a.m.  
Shirley Dr., 25, 7:05 a.m.  
Sincilar, 9, 7:25 a.m.  
Slough Rd., 8, 7:15 a.m.  
Smith Rouland Loop, 24, 7:10 a.m.  
Snowbird, 36, 7:05 a.m.  
South St. (4100), 39, 7:10 a.m.

Spalding, 41, 7:10 a.m.  
Springfield, 28, 7:10 a.m.  
Spruce (1600-1700), 19, 7:15 a.m.  
Spruce (1800-1900), 17, 7:05 a.m.  
Stacey Dr., 15, 7:30 a.m.  
State St. (1200-2000), 20, 7:10 a.m.  
State St., (2100 only) 25, 7:35 a.m.  
Stratford Ln. (2561-2595), 14, 7:20 a.m.  
Stratford Ln. (2600-2700), 36, 7:10 a.m.  
Stratford Ln. (2700-2800), 36, 7:10 a.m.  
Sullivan Dr., 19, 7:10 a.m.  
Sunflower Ct., 24, 7:15 a.m.  
Sunny Shores, 15, 7:35 a.m.  
Sunnyside Dr., 10, 7:05 a.m.  
Swan Dr., 8, 7:20 a.m.  
Sycamore, 38, 7:15 a.m.  
Tennessee, 38, 7:10 a.m.  
Terry Dr., 26, 7:10 a.m.  
Thielker Rd., 23, 7:15 a.m.  
Thomas Ct. (500-600) 14, 7:20 a.m.  
Thornage Rd. (Triangle) 16, 6:55 a.m.  
Thornage Rd. (So. 100) 15, 7:35 a.m.  
Timberlake Dr., 28, 7:20 a.m.  
Tracy, 40, 7:25 a.m.  
Travis Ct., 28, 7:15 a.m.  
Trookier Ln., 28, 7:15 a.m.  
Tulip Ave., 24, 7:15 a.m.  
Tulip Ct., 24, 7:15 a.m.  
Union (3000-3100), 17, 7:05 a.m.  
University, 28, 7:05 a.m.  
Veronica, 15, 7:30 a.m.  
Vestal, 41, 7:10 a.m.  
Victoria Dr., 39, 7:05 a.m.  
Village Green Mobile Homes (3600 Lake Dr.), 10, 7:05 a.m.  
Village Ln. (3300) 14, 7:15 a.m.  
Village Ln. apts. 24, 7:30 a.m.  
Vincent, 38, 7:10 a.m.  
Vine, 38, 7:10 a.m.  
Violet Ave., 24, 7:15 a.m.  
Violet Ln., 31, 7:15 a.m.  
Virginia, 23, 7:20 a.m.  
Voight Pl., 28, 7:10 a.m.  
Wabash, (4300-4600), 38, 7:10 a.m.  
Walnut, 19, 7:15 a.m.  
Walter, 38, 7:10 a.m.  
Wanda, 15, 7:30 a.m.  
Warren, 31, 7:15 a.m.  
Warson Ln., 28, 7:00 a.m.  
Washington (1200-1400), 20, 7:10 a.m.  
Washington (2000-2100), 25, 7:30 a.m.  
Waterman (2100-2300), 4, 7:10 a.m.  
Waterman, (2400), 4, 7:10 a.m.  
Waterman, (2500-up), 41, 7:10 a.m.  
Watertown Circle, 14, 7:15 a.m.  
Waterworks Rd., 15, 7:30 a.m.  
Wellington Dr., 3891, 7:10 a.m.  
W. 20th St. (2200-2400) 18, 7:20 a.m.  
W. 20th St. (2600-3100), 17, 7:05 a.m.  
W. 21st St. (2200-2400), 18, 7:15 a.m.  
W. 22nd St. (2200-2400), 18, 7:15 a.m.  
W. 22nd St. (2600-3100), 17, 7:05 a.m.  
W. 23rd St. (2200-2400), 18, 7:15 a.m.  
W. 24th St. (2200-2500), 18, 7:15 a.m.  
W. 25th St. (2200-2400), 18, 7:15 a.m.  
W. 26th St., 8, 7:25 a.m.  
W. Chain of Rocks Rd., 15, 7:30 a.m.  
W. Ponton Rd. (1400) 18, 7:10 a.m.  
Westgate, 39, 7:05 a.m.  
Westmoreland (2500), 36, 7:10 a.m.  
Westmoreland (2600) 14, 7:15 a.m.  
Whipporwill, 36, 7:00 a.m.  
Whitell Way, 28, 7:15 a.m.  
William John Ct., 14, 7:15 a.m.  
Willow (1600), 15, 7:00 a.m.  
Willow (4900), 16, 7:00 a.m.  
Wilshire Dr., 36, 7:05 a.m.  
Wilson Ave., (1600), 38, 7:10 a.m.  
Willsie Dr., 38, 7:15 a.m.  
Woodlawn (2100-2300), 39, 7:10 a.m.  
Woodlawn (2400), 4, 7:10 a.m.  
1st St. (Army Depot), 19, 7:10 a.m.  
12th St., 21, 7:00 a.m.  
13th St., 21, 7:00 a.m.  
14th St., 21, 7:00 a.m.  
17th St. (1100-1500), 20, 7:10 a.m.  
18th St., (1100-1500), 20, 7:10 a.m.  
19th St., (1100-1500), 20, 7:10 a.m.  
20th St., (1200-1400), 21, 7:00 a.m.  
21st St., (1200-1400), 21, 7:10 a.m.  
22nd St., 25, 7:35 a.m.  
23rd St., East (700-1900 & 2900-3100) even nos. only, 25, 7:35 a.m.  
26th Pl., 9, 7:25 a.m.  
26th St., (600-700), 9, 7:25 a.m.

## COOLIDGE JR. HIGH SCHOOL

Adams (1900-2200), 6, 7:20 a.m.  
Alexander, 30, 7:25 a.m.  
Archway Motel, 27, 7:20 a.m.  
Army Depot, 33, 7:15 a.m.  
Benton (1900-2200), 6, 7:20 a.m.  
Bryan Ave., 35, 7:15 a.m.  
Carr, 27, 7:30 a.m.  
Cayuga, 34, 7:20 a.m.  
Century Dr., 34, 7:20 a.m.  
Charles, 30, 7:25 a.m.  
Chester, 33, 7:30 a.m.  
Circle Dr., 34, 7:05 a.m.  
Cleveland (1300-1800), 27, 7:20 a.m.  
Cleveland (1900-2200), 6, 7:20 a.m.  
Delmar (1300-1900), 27, 7:20 a.m.  
Delmar (2000-2200), 6, 7:20 a.m.  
Denver (2500-2900), 34, 7:20 a.m.  
Denver (3000), 33, 7:10 a.m.  
Dewey, 35, 7:15 a.m.  
East Ln. (Army Depot) 33, 7:15 a.m.  
Edison (1300-1900), 27, 7:20 a.m.  
Edison (2000-2200), 6, 7:20 a.m.  
Edna, 30, 7:25 a.m.  
Edwardville Rd. (1200-1900), 27, 7:30 a.m.  
Edwardville Rd. (2800-2900), 30, 7:25 a.m.  
Emzee, 34, 7:15 a.m.  
Fischer Ct., 33, 7:15 a.m.  
Garber Ct., 33, 7:15 a.m.  
Grand (1300-2000) 27, 7:20 a.m.  
Grand (2100-2200), 6, 7:20 a.m.  
Granite (Tri-City Park), 27, 7:25 a.m.  
Granite North, 34, 7:05 a.m.  
Harding, 34, 7:15 a.m.  
Herschbach Dr., 33, 7:15 a.m.  
Hinkle Ct., 33, 7:15 a.m.  
Hwy. 3, 34, 7:15 a.m.  
Hwy. 67 (Old Hwy. 3), 34, 7:05 a.m.  
Hwols, 35, 7:15 a.m.  
Independence Dr., 33, 7:10 a.m.  
Iowa (1200-1400) 27, 7:25 a.m.  
Iowa (2000-2200), 30, 7:30 a.m.  
Iron, 27, 7:30 a.m.  
Jefferson, 34, 7:15 a.m.  
Justice Ct., 33, 7:15 a.m.  
Kennedy Dr. (Army Depot), 33, 7:15 a.m.  
Lee (2000-2200), 6, 7:20 a.m.  
Leyden, 34, 7:20 a.m.  
Lincoln, 30, 7:30 a.m.  
Logan (2000-2200), 35, 7:15 a.m.  
Logan (2500-2600), 34, 7:25 a.m.  
Madison (1200-2000), 27, 7:25 a.m.  
Madison (2100-2200), 6, 7:20 a.m.  
Maple, 33, 7:30 a.m.  
McCambridge, 27, 7:25 a.m.  
McIntosh Dr., 33, 7:15 a.m.  
McKinley, 33, 7:15 a.m.  
Meridian (1100-1900), 27, 7:25 a.m.  
Missouri (2000-2500), 35, 7:15 a.m.  
Missouri (2600), 34, 7:10 a.m.  
Monroe, (2100-2200), 30, 7:30 a.m.  
Morgan, 34, 7:15 a.m.  
Nancy, 34, 7:15 a.m.  
Nameoki Dr., 34, 7:05 a.m.  
Nameoki Rd. (2100-2200), 30, 7:25 a.m.  
Nevada, (2000), 34, 7:15 a.m.  
Nevada (2100-2200), 35, 7:15 a.m.  
Niedringhouse (600-1000), 33, 7:30 a.m.  
Niedringhouse (1100), 27, 7:20 a.m.  
North St. (2500-2600), 34, 7:10 a.m.  
Ohio, 35, 7:15 a.m.  
Olive, 33, 7:30 a.m.  
Omaha, 27, 7:25 a.m.  
Old Rock Rd., (400-1200), 33, 7:10 a.m.  
Park Ave. (2000 Only), 27, 7:30 a.m.  
Parktowne West, 34, 7:20 a.m.  
Poplar, 33, 7:30 a.m.  
Quincy, 27, 7:30 a.m.  
Rhodes, 27, 7:30 a.m.  
Rock Rd. (2000-2300), 7:15 a.m.  
Roosevelt, 34, 7:15 a.m.  
Russell, 27, 7:25 a.m.  
St. Louis, 33, 7:10 a.m.  
Sherman, 27, 7:25 a.m.  
Sincilar, 34, 7:05 a.m.  
Spruce, 33, 7:30 a.m.  
State, (1200-2000) 27, 7:20 a.m.  
State (2100-2200), 6, 7:20 a.m.  
Sullivan Dr., 33, 7:15 a.m.  
Swan Dr., 34, 7:10 a.m.  
Union (3000 only), 33, 7:10 a.m.  
Walnut, 33, 7:30 a.m.  
Washington (2000-2200), 30, 7:30 a.m.  
1st St. (Army Depot), 33, 7:15 a.m.

13th St., (2000-2200) 27, 7:20 a.m.  
14th St., (2000-2200) 27, 7:20 a.m.  
26th Pl., 34, 7:05 a.m.  
27th Pl., 34, 7:05 a.m.  
28th Pl., 34, 7:05 a.m.  
E. 23rd St., 30, 7:25 a.m.  
E. 24th St., 30, 7:30 a.m.  
W. 20th St. (2000-2500) 35, 7:15 a.m.  
W. 20th St. (2600-2900) 34, 7:20 a.m.  
W. 20th St. (3000-3100), 33, 7:10 a.m.  
W. 22nd St. (2000-2500), 35, 7:15 a.m.  
W. 22nd St. (2600-2800), 34, 7:20 a.m.  
W. 23rd St., 35, 7:15 a.m.  
W. 24th St., (2000-2500), 35, 7:15 a.m.  
W. 24th St. (2500-2600), 35, 7:15 a.m.  
W. 26th St. (2500-2600), 34, 7:20 a.m.  
28th St., (North Granite), 34, 7:05 a.m.

## GRIGSBY JR. HIGH SCHOOL

Able Ct., 31, 7:35 a.m.  
Airport Rd. (Bruno Rd.) 32, 7:30 a.m.  
Angela Dr., 5, 7:20 a.m.  
Arlington Dr., 32, 7:35 a.m.  
Arlington Rd., 32, 7:35 a.m.  
Arnold, 41, 7:35 a.m.  
Ashland, 4, 7:35 a.m.  
B St., 4, 7:40 a.m.  
B. Street, 14, 7:40 a.m.  
Barbara Ct., 32, 7:35 a.m.  
Barkeley, 4, 7:35 a.m.  
Benning, 41, 7:35 a.m.  
Bradley, 39, 7:40 a.m.  
Bremen, 14, 7:40 a.m.  
Brune (4100-4200), 4, 7:40 a.m.  
Bruno Rd. (Airport Rd.) 32, 7:30 a.m.  
Buena, 29, 7:25 a.m.  
Buenger, 36, 7:35 a.m.  
Burton Subdivision, 10, 7:30 a.m.  
Cambridge Ct., 36, 7:25 a.m.  
Cambridge Dr., 36, 7:25 a.m.  
Carl, 29, 7:20 a.m.  
Carla Dr., 32, 7:35 a.m.  
Carolyn, 10, 7:30 a.m.  
Cayuga, 34, 7:35 a.m.  
Cemetery Rd., 12, 7:20 a.m.  
Central Ln., 4, 7:34 a.m.  
Chain of Rocks Rd., E. (300-600), 4, 7:35 a.m.  
Chain of Rocks Road, (600-900), 31, 7:40 a.m.  
Chain of Rocks, W. (3100-3200), 2, 7:15 a.m.  
Charlestown Circle, 36, 7:25 a.m.  
Cheshire, 41, 7:35 a.m.  
Chouteau Ave., 4, 7:35 a.m.  
Chouteau Island, 12, 7:20 a.m.  
Chouteau Pl. Rd. (Slough), 12, 7:20 a.m.  
Chouteau



Guth, 10, 7:30 a.m.  
Hamilton, 41, 7:35 a.m.  
Hanson Dr., 32, 7:35 a.m.  
Harrison (1-12) 39, 7:35 a.m.  
Kaseberg Park (20-100) 39, 7:40 a.m.  
Kaseberg Park (4100), 31, 7:45 a.m.  
Katie Lynn Dr., 41, 7:35 a.m.  
Keeling Ln., 12, 7:20 a.m.  
Keith St., 36, 7:30 a.m.  
Kelly Dr., 32, 7:35 a.m.  
Kinder Ln., 31, 7:40 a.m.  
Lake Rd. (3100) (Other side of S.A. 35 from Virginia Ave.), 32, 7:45 a.m.  
Lake Rd. (3300-3500) (between S.A. 35 & 162), 32, 7:45 a.m.  
Lake Rd. (3600) (between 162 & tracks) 32, 7:45 a.m.  
Lake Dr. East (4200-4300), 31, 7:45 a.m.  
Lake Dr. W. (4400-up & 5100), 41, 7:40 a.m.  
Lake St. (3800-3900), 4, 7:40 a.m.  
Lake Shore Dr., 41, 7:40 a.m.  
Lakewood (1-50), 31, 7:45 a.m.  
Lakewood (5000-5200), 41, 7:45 a.m.  
Lee (Burton Subdivision) 10, 7:35 a.m.  
Lenox, 4, 7:35 a.m.  
Lewis, 29, 7:20 a.m.  
Lexington Ct., 20, 7:25 a.m.  
Lily Ave., 39, 7:40 a.m.  
Lily Ct., 39, 7:40 a.m.  
Lockhaven, 36, 7:30 a.m.  
Lola, 29, 7:20 a.m.  
Lucky Ln., 29, 7:15 a.m.  
Lynch (2100-2300), 14, 7:40 a.m.  
Lynch (2400-up), 5, 7:20 a.m.  
Mallard, 39, 7:40 a.m.  
Margaret, 4, 7:35 a.m.  
Marigold, 39, 7:40 a.m.  
Mark Ct., 36, 7:30 a.m.  
Martin, 34, 7:35 a.m.  
Maryville Rd., 14001-4901 odd #s, 38, 7:40 a.m.  
Maryville Rd. (2800-3300 even nos. only), 36, 7:25 a.m.  
Maryville Rd. (5100-5500), 29, 7:20 a.m.  
Matthew Ct., 36, 7:30 a.m.  
Maureen Ct., 5, 7:20 a.m.  
Meadow Lane, 10, 7:30 a.m.  
Meadowlark, 36, 7:30 a.m.  
Melrose, 12, 7:30 a.m.  
Melvin Dr., 32, 7:35 a.m.  
Middlesex Ct., 36, 7:35 a.m.  
Mikel Dr., 32, 7:35 a.m.  
Mimosa Dr., 31, 7:35 a.m.  
Minerva, 14, 7:40 a.m.  
Miracle, 38, 7:40 a.m.  
Mitchell, 14, 7:40 a.m.  
Mockingbird (2600-2700) (Between 162 & Tracks), 39, 7:30 a.m.  
Mockingbird, 36, 7:30 a.m.  
Moffatt, 29, 7:15 a.m.  
Moorland, 31, 7:40 a.m.  
Moro, 14, 7:40 a.m.  
Morris Ct., 5, 7:20 a.m.  
Morrison Rd., 41, 7:40 a.m.  
Muller, 29, 7:20 a.m.  
Murphy Ln., 12, 7:20 a.m.  
Nameoki Rd. (4000-4600), 14, 7:40 a.m.  
Nameoki Rd. (4800-4900), 41, 7:35 a.m.  
Nameoki Rd., (5100-5200) 4, 7:35 a.m.  
Nightingale Ct., 36, 7:25 a.m.  
Northridge, 29, 7:15 a.m.  
North St. (4000), 14, 7:40 a.m.  
North St. (4100), 31, 7:45 a.m.  
Northland Dr., 41, 7:35 a.m.  
Norwood, 12, 7:30 a.m.  
Old Alton Rd. (4000-4700), 12, 7:30 a.m.  
Old Alton Rd. (5000), 12, 7:30 a.m.  
Old Alton Rd. (5100), 29, 7:25 a.m.  
Old Alton Rd. (5400-5600), 10, 7:30 a.m.  
Old Edwardsville Rd. (Smith-Roland Loop), 39, 7:35 a.m.  
Orville, 38, 7:40 a.m.  
Osprey, 39, 7:40 a.m.  
Patricia, 10, 7:40 a.m.  
Paradise Ln., 31, 7:40 a.m.  
Park St., 12, 7:30 a.m.  
Parkview Dr. & Apt., 36, 7:30 a.m.  
Paul Ave. (2000-2300), 38, 7:40 a.m.  
Paul Dr., 29, 7:15 a.m.  
Peacock, 39, 7:40 a.m.  
Pearl Ct., 31, 7:45 a.m.  
Perigan Ln., 29, 7:20 a.m.  
Petunia, 39, 7:40 a.m.  
Pine, 5, 7:20 a.m.  
Pontoon Rd. (1600-2000; odd #s), 14, 7:45 a.m.  
Pontoon Rd. (2100-2600), 14, 7:45 a.m.  
Pontoon Rd., (4100 only), 39, 7:45 a.m.  
Pontoon Rd., West (1200-1300); odd Nos. only, 12, 7:30 a.m.  
Prairie, 14, 7:40 a.m.  
Primrose, 14, 7:40 a.m.  
Quality Beach Homes Pk., 39, 7:40 a.m.  
Quiet Valley, 39, 7:40 a.m.  
Rapp Rd., 41, 7:40 a.m.  
Redwood, 29, 7:20 a.m.  
Reta Ct., 41, 7:35 a.m.  
Revelle Ln., 39, 7:40 a.m.  
Revere's Route, 39, 7:25 a.m.  
Ritt Ln., 12, 7:25 a.m.  
Robert, 38, 7:40 a.m.  
Roberta, 10, 7:40 a.m.  
Robin Ct., 36, 7:30 a.m.  
Rode, 12, 7:30 a.m.  
Rogers (2500), 10, 7:40 a.m.  
Roman Ln., 12, 7:20 a.m.

Roney Dr., 5, 7:20 a.m.  
Roxbury, 32, 7:35 a.m.  
Ruth, 10, 7:40 a.m.  
SA 35 (horseshoe Lake Rd.), 32, 7:30 a.m.  
St. Thomas Rd. (1300-1600 N), 10, 7:40 a.m.  
St. Thomas Rd. (900-1100 S), 29, 7:15 a.m.  
Sand Prairie Ln., 32, 7:30 a.m.  
Sand Rd. (Bischoff Rd.), 32, 7:30 a.m.  
Union, 20, 8:05 a.m.  
Sandy Shores (#157, #163, #164, #170, #174, #189 only), 32, 7:35 a.m.  
Sara, 5, 7:20 a.m.  
Schaefer Rd., 12, 7:25 a.m.  
Sequoia, 31, 7:35 a.m.  
Sheila, 29, 7:25 a.m.  
Shillinger Rd., 12, 7:20 a.m.  
Shirley, 38, 7:40 a.m.  
Slough Rd., 32, 7:35 a.m.  
Slough Rd. (1300-2500), 12, 7:20 a.m.  
Smith-Roland Loop, 39, 7:35 a.m.  
South St., (4100), 31, 7:45 a.m.  
Spalding, 5, 7:20 a.m.  
Spring Ave., 14, 7:40 a.m.  
Springfield, 4, 7:35 a.m.  
Stacy Dr., 29, 7:30 a.m.  
Stearns, 5, 7:20 a.m.  
Steele, 36, 7:20 a.m.  
Stecher Dr., 36, 7:30 a.m.  
Steele Rd., 36, 7:30 a.m.  
Sunflower, 39, 7:40 a.m.  
Sunny Dell Acres, 10, 7:40 a.m.  
Sunny Shores, 29, 7:30 a.m.  
Sunnyside, 4, 7:40 a.m.  
Sycamore, 14, 7:40 a.m.  
Tennessee, 4, 7:35 a.m.  
Theaker Rd., 32, 7:35 a.m.  
Thomas Ct., 36, 7:30 a.m.  
Thorngate (500-600) 10, 7:40 a.m.  
Thorngate (100), 29, 7:15 a.m.  
Timberlake Dr., 31, 7:35 a.m.  
Tracy Ln., 10, 7:35 a.m.  
Transit Ln., 31, 7:40 a.m.  
Troekler Ln., 31, 7:40 a.m.  
Tulip Ave., 39, 7:40 a.m.  
Tulip Ct., 39, 7:40 a.m.  
Union, 14, 7:40 a.m.  
University, 31, 7:40 a.m.  
Van May Park, 29, 7:20 a.m.  
Vance, 14, 7:40 a.m.  
Veronica, 29, 7:15 a.m.  
Vesci, 5, 7:20 a.m.  
Victoria Dr., 31, 7:45 a.m.  
Village Ln. (3200-3300), 36, 7:35 a.m.  
Village Ln. Apts., 14, 7:45 a.m.  
Vincent, 41, 7:35 a.m.  
Vine, 38, 7:40 a.m.  
Vine, 38, 7:40 a.m.  
Violet, 39, 7:40 a.m.  
Virginia, 32, 7:45 a.m.  
Vought Pl., 7:35 a.m.  
W. Chain of Rock Rd. (3100-3200), 29, 7:15 a.m.  
Wabash, 14, 7:40 a.m.  
Wabash, 14, 7:40 a.m.  
Wanda, 29, 7:15 a.m.  
Warnock, 41, 7:40 a.m.  
Warson Ln., 31, 7:40 a.m.  
Waterman (2100-2300), 14, 7:40 a.m.  
Waterman (2400-up), 5, 7:20 a.m.  
Watertown Circle, 36, 7:25 a.m.  
Waterworks Rd., 12, 7:20 a.m.  
Wellington, 41, 7:35 a.m.  
West Lake Dr. (4300-up & 5100), 41, 7:45 a.m.  
West Pontoon Rd. (1200-2000); odd nos. Only, 12, 7:30 a.m.  
Westgate, 31, 7:45 a.m.  
Westmoreland, 36, 7:30 a.m.  
Whitell Way, 31, 7:35 a.m.  
William John Ct., 36, 7:25 a.m.  
Willow Ln., 29, 7:20 a.m.  
Wilshire, 36, 7:35 a.m.  
Wilson, 5, 7:20 a.m.  
Wilson Ct., 31, 7:35 a.m.  
Woodlawn (2000-100), 14, 7:40 a.m.  
Woodlawn (2400 - Up), 5, 7:20 a.m.

## FROHARDT SCHOOL

Bail, 20, 8:00 a.m.  
Bremen (1600-1700), 20, 8:00 a.m.  
Bremen (1800), 41, 8:00 a.m.  
Brune (4000 down), 4, 8:00 a.m.  
Cargill Jr., 31, 7:55 a.m.  
Courtney (1500-1700), 20, 8:00 a.m.  
Courtney (1720-1800), 41, 8:00 a.m.  
Donald Ct., 31, 8:10 a.m.  
Dorothy Ct., 31, 8:10 a.m.  
Ferguson (1600-1700), 20, 8:00 a.m.  
Ferguson (1720-1900), 41, 8:00 a.m.  
Gaslight Walk (4039 down), 32, 8:05 a.m.  
Gaslight Walk (4040-4060), 4, 8:00 a.m.  
Joyce, 31, 7:55 a.m.  
Kathy Dr., 31, 8:00 a.m.  
Lake Dr., 4, 8:00 a.m.  
Lakeside Apts (4078-4079, 4080), 4, 8:00 a.m.  
Laura, 32, 8:05 a.m.  
Legacy Dr., 31, 7:55 a.m.  
Minerva, 41, 8:00 a.m.  
Mitchell, 20, 8:00 a.m.  
Moro (1600-1700), 20, 8:00 a.m.  
Nameoki Rd. (4000-4400), 20, 8:05 a.m.  
North St. (4000), 20, 8:05 a.m.  
Oakmont (4039 down), 32, 8:05 a.m.  
Oakmont (4040-4060), 4, 8:00 a.m.  
Pontoon Rd. (1400-1700), 20, 8:00 a.m.  
Pontoon Rd. (1800-2000), 41, 8:00 a.m.

a.m.  
Pontoon Rd. (2400-4000, even Nos. only), 31, 8:00 a.m.  
Prairie, 41, 8:00 a.m.  
Primrose (1600-1720), 20, 8:00 a.m.  
Rogers (2000-2300), 41, 8:00 a.m.  
Rae's Creek Dr., 31, 7:55 a.m.  
Rodney, 32, 8:05 a.m.  
Ruth, 31, 7:55 a.m.  
Spring Ave. (1600-1720), 20, 8:00 a.m.  
Springfield, 41, 8:00 a.m.  
Sycamore (1600), 20, 8:00 a.m.  
Sycamore (1700), 41, 8:00 a.m.  
Union, 20, 8:05 a.m.  
Venice (1600-1720), 20, 8:00 a.m.  
Village Green Trailer Park, 4, 8:05 a.m.  
Village Lane Apts., 31, 8:10 a.m.  
Wabash, 41, 8:00 a.m.  
Wilson, 20, 8:00 a.m.

## LAKE SCHOOL

Towa (2000, 2600), 15, 8:00 a.m.  
LEE (2000-2300), 36, 8:00 a.m.  
MADISON AVE. (2000-2600; even Nos. only), 15, 8:00 a.m.  
Briar (2000-2600), 36, 8:00 a.m.  
Washington (2000-2600), 37, 8:00 a.m.  
20th St. (1600-1900), 15, 8:00 a.m.  
21st St. (1700-1900), 37, 8:00 a.m.  
22nd St. (1600-1900), 36, 8:00 a.m.  
23rd St. (1600-1900), 36, 8:00 a.m.  
24th St. (1600-1900), 36, 8:00 a.m.  
25th St. (1600-1900), 36, 8:00 a.m.  
26th St. (1600-1900), 36, 8:00 a.m.  
27th St. (1600-1900), 36, 8:00 a.m.  
28th St. (1600-1900), 36, 8:00 a.m.  
29th St. (1600-1900), 36, 8:00 a.m.  
30th St. (1600-1900), 36, 8:00 a.m.  
31st St. (1600-1900), 36, 8:00 a.m.  
32nd St. (1600-1900), 36, 8:00 a.m.  
33rd St. (1600-1900), 36, 8:00 a.m.  
34th St. (1600-1900), 36, 8:00 a.m.  
35th St. (1600-1900), 36, 8:00 a.m.  
36th St. (1600-1900), 36, 8:00 a.m.  
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99th St. (1600-1900), 36, 8:00 a.m.  
100th St. (1600-1900), 36, 8:00 a.m.

## MARYVILLE SCHOOL

Arnold, 20, 7:40 a.m.  
Benning, 20, 7:30 a.m.  
Blackridge Ln., 17, 7:25 a.m.  
Central Ln., 16, 7:35 a.m.  
Cheshire Ct., 20, 7:30 a.m.  
Clyde, 14, 7:40 a.m.  
Division, 16, 7:35 a.m.  
Dwight, 20, 7:40 a.m.  
Foreman Ct., 20, 7:30 a.m.  
Garden Ln., 15, 7:35 a.m.  
Harrison, 20, 7:30 a.m.  
Hawthorn, 20, 7:30 a.m.  
Lake Dr. (4000-4300), 16, 7:35 a.m.  
Lake Dr. (4400-5100), 17, 7:25 a.m.  
Lakeview (5100-5200), 17, 7:25 a.m.  
Maryville Rd. (4700-4900), 20, 7:30 a.m.  
Morrison Rd. (2300 only), 20, 7:35 a.m.  
Morrison Rd. (2400-2600), 17, 7:35 a.m.  
Nameoki Rd. (4700-4800), 20, 7:30 a.m.  
Nelson Ln., 16, 7:35 a.m.  
Nicholas Ln., 16, 7:35 a.m.  
Northland Dr., 20, 7:30 a.m.  
Park Ln., 16, 7:35 a.m.  
Perry Rd. (3900-4000), odd, 16, 7:30 a.m.  
Queensbury Ct., 16, 7:35 a.m.  
Rena, 17, 7:30 a.m.  
Reta Ct., 20, 7:40 a.m.  
Rogers, 20, 7:30 a.m.  
Warnock, 20, 7:40 a.m.  
Wellington, 20, 7:30 a.m.

## MITCHELL SCHOOL

Abel Ct., 12, 8:00 a.m.  
Bradley, 31, 8:00 a.m.  
Briarcliff, 30, 8:05 a.m.  
Brickhaven, 30, 8:05 a.m.  
Briarcliff, 30, 8:05 a.m.  
Briarcliff, 30, 8:05 a.m.  
Burton Subdivision, 16, 8:00 a.m.  
Brandon Heights, 16, 8:00 a.m.  
Bryne, 16, 8:00 a.m.  
Carl, 19, 7:55 a.m.  
Catalpa, 14, 8:00 a.m.  
Central Ave., 12, 8:10 a.m.  
Chain of Rocks Rd. W. (So. side, 3100, odd #s), 17, 8:00 a.m.  
Chain of Rocks Rd. W. (No. side, 3100, even #s), 18, 7:55 a.m.  
Chouteau Trace, 12, 8:10 a.m.  
Cynthia, 12, 8:10 a.m.  
Cote Brillante, 17, 8:00 a.m.  
Davies Pl., 12, 8:00 a.m.  
Driftwood, 14, 8:00 a.m.  
E. Chain of Rocks Rd. (600-900), 12, 8:10 a.m.  
E. Lake Dr. (4100-4300), 10, 8:05 a.m.  
Eastgate, 14, 8:05 a.m.  
Edwards Trailer Park, 17, 8:05 a.m.  
Engineer Rd., 12, 8:00 a.m.  
Evergreen, 16, 8:00 a.m.  
Fingerhut Campgrounds, 17, 8:00 a.m.  
Fontainebleau, 14, 8:05 a.m.  
Franko Ln., 16, 8:00 a.m.  
Frontage Rd., 16, 8:10 a.m.  
Gaston, 10, 8:05 a.m.  
Georgetown, 14, 8:05 a.m.  
Guth Pl., 16, 7:55 a.m.  
Heather St., 16, 7:55 a.m.  
Herbert, 19, 7:55 a.m.  
Hwy. 111, 7:55 a.m.  
Hwy. 111 (4000-4200), 10, 8:00 a.m.  
Kaseberg Ln. (4000-4100), 10, 8:00 a.m.  
Kinder Ln., 12, 8:10 a.m.  
Lakewood (1-40), 10, 8:05 a.m.  
Lee, 16, 8:00 a.m.  
Lewis, 19, 8:00 a.m.  
Lola, 18, 8:00 a.m.  
Lots of Tots, 10, 8:15 a.m.  
Lucky, 19, 8:00 a.m.  
Martin, 12, 8:05 a.m.  
Maryville Rd. east side (5100-5600), 19, 8:00 a.m.  
Oaks, 28, 7:55 a.m.  
Maryville Rd. West side, (5100 only odd #s), 19, 8:00 a.m.  
Maryville Rd. West Side (5200-55) odd

Nova, 17, 8:05 a.m.  
Meadow Lane, 16, 7:55 a.m.  
Melrose, 33, 8:05 a.m.  
Mimosa, 14, 8:05 a.m.  
Morrison, 17, 8:05 a.m.  
Muller, 19, 7:55 a.m.  
Nameoki Rd. (5100-5200), 12, 8:05 a.m.  
North St. (4100), 10, 8:05 a.m.  
North St. (4200), 19, 8:05 a.m.  
Old Alton Rd. (4000-4700), 33, 8:00 a.m.  
Old Alton Rd. (5100), 19, 8:00 a.m.  
Old Alton Rd. (5500-6200), 16, 7:55 a.m.  
Patricia, 17, 8:00 a.m.  
Paradise Ln., 12, 8:10 a.m.  
Park Ln., 16, 8:00 a.m.  
Paul Dr., 16, 8:00 a.m.  
Perry Rd., 16, 8:00 a.m.  
Pontoon Rd., West (1100-1400) even #s only, 30, 8:00 a.m.  
Pontoon Rd. (4100, odd only) 10, 8:00 a.m.  
Redwood, 17, 8:05 a.m.  
Roberts, 17, 8:00 a.m.  
Rode, 33, 8:00 a.m.  
Rogers, 17, 8:00 a.m.  
Ruth, 17, 8:00 a.m.  
Sequoia Dr., 14, 8:00 a.m.  
State St., 19, 8:00 a.m.  
St. Thomas Rd. (900-1100 North), 18, 8:00 a.m.  
Stacy Dr., 33, 8:00 a.m.  
South St. (4100), 10, 8:05 a.m.  
Sunny Shores (North Side of Chain of Rocks Rd.), 16, 7:55 a.m.  
Sunny Shores (South Side of Chain of Rocks Rd.), 17, 8:00 a.m.  
Thorngate (500), 17, 8:00 a.m.  
Thorngate (600), 16, 8:10 a.m.  
Thorngate (990-1040) Frontage, 16, 8:10 a.m.  
Timberlake Dr., 14, 8:00 a.m.  
Tracy, 16, 8:00 a.m.  
Tulip Ave., 12, 8:10 a.m.  
Troekler Ln., 12, 8:10 a.m.  
Veronica, 18, 8:00 a.m.  
Vinson Dr., 14, 8:05 a.m.  
Vince Ct., 12, 8:00 a.m.  
Wabash, 16, 8:10 a.m.  
Warson Ln., 12, 8:10 a.m.  
West Chain of Rocks Rd. (south side, 3100, odd only), 17, 8:00 a.m.  
West Chain of Rocks Rd. (north side, 3100, odd only), 17, 8:00 a.m.  
West Pontoon Rd. (1100-1400) even #s only, 30, 8:00 a.m.  
West Pontoon Rd. (100-1400) even #s only, 30, 8:05 a.m.  
Whitell Way, 12, 8:00 a.m.  
Willow, 17, 8:05 a.m.  
Wiss, 12, 8:10 a.m.

## PRATHER SCHOOL

Adams (1900-2300), 26, 8:00 a.m.  
Army Depot (front part), 27, 8:00 a.m.  
Army Depot (new area), 25, 8:00 a.m.  
Army Depot (Latchky/Daycare) 27, 8:00 a.m.  
Benton (1900-2300), 26, 8:00 a.m.  
Cayuga (2600), 6, 8:05 a.m.  
Cayuga (2700-2900), 34, 7:55 a.m.  
Cayuga (3000-3100), 27, 7:55 a.m.  
Cemetery Rd., 21, 7:45 a.m.  
Century Dr., 21, 7:50 a.m.  
Chain of Rocks Rd. (between Hwy. 3 & Old Bridge), 21, 7:45 a.m.  
Chestrut, 28, 7:55 a.m.  
Chicago, 28, 7:55 a.m.  
Chouteau Pl., Rd. (1300-2200), 21, 7:40 a.m.  
Circle Dr. (2500-3000), 21, 7:50 a.m.  
Cleveland (1600-1800), 8, 7:55 a.m.  
Cleveland (1900-2300), 26, 8:00 a.m.  
Cleveland (2000-2200), 8, 7:55 a.m.  
Denver (2600-2900), 6, 8:05 a.m.  
Denver (3000-3100), 27, 7:55 a.m.  
East (Lynch/Army Depot), 27, 8:00 a.m.  
Edison (1600-1800), 8, 7:55 a.m.  
Edison (1900-2300), 24, 7:50 a.m.  
Emme, 6, 8:05 a.m.  
Fisher Ct., 25, 8:00 a.m.  
Garber Ct., 25, 8:00 a.m.  
Grand (1500-2300), 24, 7:50 a.m.  
Granite Ave., 21, 7:50 a.m.  
Granite City Lodge, 8, 7:55 a.m.  
Hardin, 6, 8:05 a.m.  
Harrison, 6, 8:05 a.m.  
Herschbach Dr., 27, 8:00 a.m.  
Hinkle Ct., 25, 8:00 a.m.  
Illini Motel, 8, 7:55 a.m.  
Independence Dr., 27, 7:55 a.m.  
Jefferson, 8, 8:05 a.m.  
Justice Ct., 25, 8:00 a.m.  
Keeling Ln., 21, 7:40 a.m.  
Kennedy Dr., 27, 8:00 a.m.  
Leyden, 34, 7:55 a.m.  
Madison Ave. (1500-2300) odd Nos. only, 24, 7:50 a.m.  
Maple (1600-1900), 34, 7:45 a.m.  
McIntosh Dr., 25, 8:00 a.m.  
Morgan, 6, 8:05 a.m.  
Murphy Ln., 21, 7:40 a.m.  
Nameoki Dr. (2500-3000), 21, 7:50 a.m.  
Niedringhaus (700-900), 28, 7:55 a.m.  
Niedringhaus (1000-1200), 26, 8:00 a.m.  
Oak, 28, 7:55 a.m.  
Old Rock Rd. (400-700), 21, 7:40 a.m.

## WORTHEN SCHOOL

Arlington Rd., 29, 8:00 a.m.  
Benton (1900-2300), 26, 8:00 a.m.  
Bischoff Rd., 5, 7:45 a.m.  
Brune Rd., 5, 7:45 a.m.  
Cale Dr., 29, 8:00 a.m.  
Daisey Ct., 29, 8:00 a.m.  
Drake, 38, 8:00 a.m.  
Equus, 29, 8:00 a.m.  
Fairway Estates Apts., 29, 8:10 a.m.  
Hanson Dr., 29, 8:10 a.m.  
Holiday Mobile Homes, 5, 7:50 a.m.  
Hwy. 111, 5, 7:40 a.m.  
Ins Ave., 38, 8:00 a.m.  
Iris Ct., 38, 8:00 a.m.  
Jeanette Dr., 29, 8:10 a.m.  
Jones Park, 39, 8:00 a.m.  
Karen Dr., 29, 8:00 a.m.  
Kaseberg Park (20-30), 38, 7:55 a.m.  
Kelly Dr., 29, 8:10 a.m.  
Lake Dr. (3300-3500), 38, 8:05 a.m.  
Levy Rd., 5, 7:45 a.m.  
Lily Ave., 39, 8:05 a.m.  
Mallard, 39, 8:05 a.m.  
Marigold, 39, 8:05 a.m



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**GRANITE CITY HIGH SCHOOL**  
1997-1998 FROSH/SOPH  
BOYS BASKETBALL

WED DEC 3	EDWARDSVILLE	6:00 PM	GRANITE CITY	6:00 PM
MON DEC 8	CIVIC MEMORIAL	6:15 PM	ALTON	6:15 PM
TUE DEC 9	ALTON	6:15 PM	EDWARDSVILLE	6:15 PM
THU DEC 11	MASCOUTAH	6:00 PM	GRANITE CITY	6:00 PM
MON DEC 15	BELLEVILLE EAST	6:15 PM	GRANITE CITY	6:15 PM
TUE DEC 16	OFF FALLON FROSH-A-B	6:00 PM	OFF FALLON	6:00 PM
WED DEC 17	BELLEVILLE WEST	6:15 PM	BELLEVILLE	6:15 PM
THU JAN 6	WOOD RIVER (FRA-A-B)	6:15 PM	WOOD RIVER	6:15 PM
WED JAN 14	CAHOKIA	6:00 PM	GRANITE CITY	6:00 PM
MON JAN 12	ST LOUIS	6:15 PM	GRANITE CITY	6:15 PM
TUE JAN 13	HIGHLAND	6:00 PM	GRANITE CITY	6:00 PM
THU JAN 15	SC PROSH INV.	6:00 PM	GRANITE CITY	6:00 PM
WED JAN 22	OFF FALLON SOPH (A-B)	6:00 PM	OFF FALLON	6:00 PM
THU JAN 23	EDWARDSVILLE	6:15 PM	GRANITE CITY	6:15 PM
SAT JAN 25	ALTON	10:00 AM	GRANITE CITY	10:00 AM
WED JAN 28	BELLEVILLE ALTHOFF	6:15 PM	EAST	6:15 PM
WED FEB 4	BELLEVILLE EAST	6:15 PM	EAST	6:15 PM
SAT FEB 8	E. ST LOUIS SR.	6:15 PM	E. ST LOUIS	6:15 PM
SAT FEB 15	COLUMBIA	10:00 AM	GRANITE CITY	10:00 AM

**GRANITE CITY SENIOR HIGH SCHOOL**  
1997-1998 BOYS FRESHMAN  
WRESTLING

TUE NOV 25	OFF FALLON	6:00 PM	GRANITE CITY	6:00 PM
FRI DEC 5	EDWARDSVILLE	6:00 PM	GRANITE CITY	6:00 PM
SAT DEC 6	BELLEVILLE WEST	6:00 PM	GRANITE CITY	6:00 PM
THU DEC 11	BETHALTO	6:15 PM	GRANITE CITY	6:15 PM
THU DEC 18	BELLEVILLE WEST	6:15 PM	GRANITE CITY	6:15 PM
TUE JAN 13	ALTON	6:00 PM	GRANITE CITY	6:00 PM
THU JAN 15	CAHOKIA	6:00 PM	GRANITE CITY	6:00 PM
SAT JAN 25	REDAUD ST FROSH INV.	6:00 PM	GRANITE CITY	6:00 PM

**GRANITE CITY HIGH SCHOOL**  
WRESTLING WARRIORS 1997-1998

TUE NOV 25	OFF FALLON	6:00 PM	GRANITE CITY	6:00 PM
FRI DEC 5	EDWARDSVILLE	6:00 PM	GRANITE CITY	6:00 PM
SAT DEC 6	BELLEVILLE WEST	6:00 PM	GRANITE CITY	6:00 PM
THU DEC 11	BETHALTO	6:15 PM	GRANITE CITY	6:15 PM
THU DEC 18	BELLEVILLE WEST	6:15 PM	GRANITE CITY	6:15 PM
TUE JAN 13	ALTON	6:00 PM	GRANITE CITY	6:00 PM
THU JAN 15	CAHOKIA	6:00 PM	GRANITE CITY	6:00 PM
SAT JAN 25	REDAUD ST FROSH INV.	6:00 PM	GRANITE CITY	6:00 PM

**GRANITE CITY SENIOR HIGH SCHOOL**  
1997 BOYS JV & VARSITY SOCCER

FRI AUG 29	CAHOKIA	7:30 PM	CAHOKIA	7:30 PM
FRI SEP 5	OFF FALLON	7:30 PM	OFF FALLON	7:30 PM
SAT SEP 6	EDWARDSVILLE	7:30 PM	EDWARDSVILLE	7:30 PM
THU SEP 11	BELLEVILLE EAST	7:30 PM	BELLEVILLE EAST	7:30 PM
THU SEP 18	BELLEVILLE WEST	7:30 PM	BELLEVILLE WEST	7:30 PM
THU SEP 25	ALTON	7:30 PM	ALTON	7:30 PM
MON OCT 6	CAHOKIA	7:30 PM	CAHOKIA	7:30 PM
MON OCT 13	OFF FALLON	7:30 PM	OFF FALLON	7:30 PM
MON OCT 20	EDWARDSVILLE	7:30 PM	EDWARDSVILLE	7:30 PM
MON OCT 27	BELLEVILLE EAST	7:30 PM	BELLEVILLE EAST	7:30 PM
MON OCT 30	BELLEVILLE WEST	7:30 PM	BELLEVILLE WEST	7:30 PM
FRI NOV 7	ALTON	7:30 PM	ALTON	7:30 PM
FRI NOV 14	CAHOKIA	7:30 PM	CAHOKIA	7:30 PM
FRI NOV 21	OFF FALLON	7:30 PM	OFF FALLON	7:30 PM
FRI NOV 28	EDWARDSVILLE	7:30 PM	EDWARDSVILLE	7:30 PM
FRI DEC 5	BELLEVILLE EAST	7:30 PM	BELLEVILLE EAST	7:30 PM
FRI DEC 12	BELLEVILLE WEST	7:30 PM	BELLEVILLE WEST	7:30 PM
FRI DEC 19	ALTON	7:30 PM	ALTON	7:30 PM
FRI DEC 26	CAHOKIA	7:30 PM	CAHOKIA	7:30 PM
FRI JAN 2	OFF FALLON	7:30 PM	OFF FALLON	7:30 PM
FRI JAN 9	EDWARDSVILLE	7:30 PM	EDWARDSVILLE	7:30 PM
FRI JAN 16	BELLEVILLE EAST	7:30 PM	BELLEVILLE EAST	7:30 PM
FRI JAN 23	BELLEVILLE WEST	7:30 PM	BELLEVILLE WEST	7:30 PM
FRI JAN 30	ALTON	7:30 PM	ALTON	7:30 PM
FRI FEB 6	CAHOKIA	7:30 PM	CAHOKIA	7:30 PM
FRI FEB 13	OFF FALLON	7:30 PM	OFF FALLON	7:30 PM
FRI FEB 20	EDWARDSVILLE	7:30 PM	EDWARDSVILLE	7:30 PM
FRI FEB 27	BELLEVILLE EAST	7:30 PM	BELLEVILLE EAST	7:30 PM
FRI MAR 6	BELLEVILLE WEST	7:30 PM	BELLEVILLE WEST	7:30 PM
FRI MAR 13	ALTON	7:30 PM	ALTON	7:30 PM
FRI MAR 20	CAHOKIA	7:30 PM	CAHOKIA	7:30 PM
FRI MAR 27	OFF FALLON	7:30 PM	OFF FALLON	7:30 PM
FRI APR 3	EDWARDSVILLE	7:30 PM	EDWARDSVILLE	7:30 PM
FRI APR 10	BELLEVILLE EAST	7:30 PM	BELLEVILLE EAST	7:30 PM
FRI APR 17	BELLEVILLE WEST	7:30 PM	BELLEVILLE WEST	7:30 PM
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## Church adds love through finger puppets for kids

### Special to the Journal

When it comes to reaching out to people who need a helping hand, Vernie Von Nida and Dorothy Miller are women with a mission. In this case, they reach out with puppets on their fingers.

Von Nida and Miller joined with other women at Grace Baptist Church, 2600 Edwards St. in Granite City, to make hundreds of finger puppets for children. They donated the puppets to the Koch Family Health Center, which provides subsidized physician services

and health care to children and families in need.

"The puppets help ease the fear of coming to see the doctor," said Linda Harp, office manager at the Koch Center. "The children are entertained, and leave with a fun reminder that the hospital isn't a scary place after all."

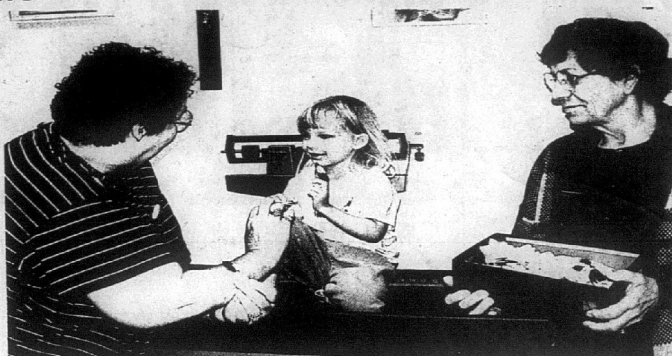
For Von Nida, Miller and the other women at Grace Baptist, finger puppets are one more way to serve their church.

"We support missionaries, provide food for the hungry and help in many other ways," said Miller.

The women at Grace Baptist are part of a national movement called Women on a Mission, which links Baptist churches together as they serve their communities.

"Together, we add a little love which makes the world go 'round,'" said Von Nida.

Three-year-old Brittany Brunetta, a patient at Koch Family Center, learns the fine art of finger puppeteering from Vernie Von Nida (left) and Dorothy Miller, both of Grace Baptist Church.



## Japanese Festival starts Aug. 30

The color, sounds and traditions of Japan will be celebrated at the Missouri Botanical Garden's 23rd annual Japanese Festival from Saturday, Aug. 30, through Monday, Sept. 1.

Among the highlights this year will be Masaji Terasawa, better known as "The Candyman." He will perform his ancient art of creating candy sculptures from rich toffee.

He is so proficient that he can create his sculptures blindfolded — a skill that took 10 years to master.

The Candyman has spent four years working at Disney-

land in California, five years at Disney World/Epcot Center in Florida and one year with the Bureau of Lectures. He says he is stirred by "the positive energy I feel from the children, so joyful, so honest, who watch me."

Although his art is edible, many people choose to preserve the creations by keeping them dry in a plastic wrapper. Besides creating candy sculptures, the Candyman also interacts with visitors by performing magic tricks, juggling and doing pantomimes as a dragon.

New festivities this year include a special exhibit of Japanese kites, demonstrations by bonsai master Ben Oki and folk dancing presented by Nippon Minyo Kenkyu-Kai from Japan. Miss Hyogo, a Japanese doll that will be on display, is one of several Japanese dolls sent to the United States to signify peace and understanding between the two countries.

Taiko is considered the festival highlight, with instruments that include drums of many sizes accompanied by cymbals, gongs and flutes. Taiko drumming, an integral part of Japanese festivals and celebrations, is based upon spontaneous sounds from nature, such as rain drops, the approach of a thunderstorm and waves crashing against the shore.

Other attractions include Japanese floral design, kimono fashion shows, traditional tea ceremonies, martial arts, Zen lectures, cooking demonstrations, raku pottery, food booths and a marketplace.

*The Candyman is so proficient that he can create his sculptures blindfolded — a skill that took 10 years to master.*

The Missouri Botanical Garden opens at 9 a.m. with festival activities beginning at 10 a.m. and continuing until 10 p.m. on Saturday and Sunday and until 5 p.m. on Monday.

Admission to the garden during the Japanese Festival is \$6 for adults, \$4.50 for visitors ages 65 and older, and \$2 for members. Children ages 12 and under are admitted free if accompanied by an adult.

Some festival programs require tickets that must be purchased separately. Tickets may be purchased the day of the performance at the Ridgeway ticket counter or at the Event ticket booth outside the Kemper Center. Additional parking will be available at Mulanphy School on Shaw Boulevard and at Tower Grove Park.

The Japanese Festival is co-sponsored by the Missouri Botanical Garden and the Japanese Activities Committee, a coalition of organizations. The Missouri Botanical Garden is located at 4344 Shaw Blvd.

## Family celebrates life of transplant recipient

Bryanna Warren Marks, 13, celebrated the 5th anniversary of her liver transplant Aug. 22.

On that day, friends and Bryanna, the daughter of Christy and Jeff Lackey of Nashville, Ill., and Bryan Warren of Granite City, celebrated her life.

Her proud grandparents are Donald and Eileen Hayes of Granite City, Dave and Lois Warren of Edwardsville, and Will and Doris Lackey of Madison.

Bryanna received the liver transplant Aug. 22, 1992, at the University of Nebraska Medical Center in Omaha, Neb.

She is now in the 6th grade and attends Nashville Middle School. She is a member of the

drill team this year.

She attends GAS Sunday School at First Baptist Church in Nashville. Bryanna is an amateur magician and performs occasionally at birthday parties and other gatherings.

Without the gracious gift from the selfless parents of the donor child, Bryanna would not be alive today.

On average, nine people die in the United States while waiting for a suitable, matching organ to become available.

Bryanna and her parents continue to be for organ and tissue donation and urge everyone to discuss and make their wishes known, as well as signing the back of their drivers license donor cards.

## Famed fiddle champ will entertain Chouteau club

The Chouteau Township Senior Citizens Club will be entertained by George Portz and Friends at the Aug. 26 meeting. Portz is the Illinois State Fiddle Champion, a title he has captured numerous times.

The club will depart from its regular and special menus and will host a salad supper with drinks.

The menu will include meat, vegetable, fruit and Jell-O salads. Members will bring a dish of their choice.

The club's history will be on display. Included will be picture albums and newspaper clippings.

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## Arts in Transit seeks artists

Arts in Transit invites artists with strong sensitivity to public spaces to submit qualifications for current and future public art and collaborative design projects.

Upcoming projects include design collaborations for MetroLink light rail extensions and station area enhancements.

For application guidelines, call 314-982-1413, or write to: Arts in Transit, State Development Agency, 707 N. First St., St. Louis, Mo. 64102, or E-mail: ait@bsda.org.

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## SPORTS

Local schedules  
for prep football  
Page 3B

inside

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Cardinals

Team of the Week

Granite City Journal

Section B

Wednesday, Aug. 27, 1997

Art  
Voellinger

## Rule changes in place for '97 season

Gary Bridell, the veteran coach of O'Fallon High School football, may be focusing on numbers of another sort in late August, but he took time the other day to explain some of the rule changes set by the National Federation of High Schools for the 1997 season.

While Dick Schindler, a member of the National Federation rules committee, considers the football changes to be of "a common sense nature," Bridell found one he considers a mistake.

It deals with the dead ball fouls and the marking of penalties. This season penalties will be marked before first-and-10 is established, meaning teams will not be faced with first-and-20 or 25 yards to go for a first down.

"It lightens the penalty for the violation," Bridell said. "Dead ball fouls happen often because of things like piling on or mouthing off (also known as unsportsmanlike conduct)."

A rule change that drew Bridell's approval was one related to roughing the passer. Previously, teams had to choose between taking the play or the penalty. Now a 15-yard penalty will be tacked onto any completion — with emphasis on protecting the quarterback.

"Most coaches do not allow that (roughing the passer)," Bridell said. "If it does happen, you deserve to be penalized."

Schindler referred to a change in downing punts that will add "excitement." Previously the kicking team could down punts only after the ball hit the ground. Now the kicking team can catch or touch punts in flight if the receiving team is not in position to catch the kick.

"That won't happen much on the high school level," Bridell said. "I know we haven't had any kickers who can catch or hang time that would allow that."

Another change is the prohibition of dark eye shields. Often worn like sleek sunglasses, they have been outlawed because they prevent visual examination of an injured player's eyes.

According to Bridell, O'Fallon had a player two years ago who was required to wear that type of helmet due to an eye problem.

"I guess we'll have to have medical OK if a player wants to wear one," Bridell said.

Although no change was announced regarding rules that would affect the length of games, the National Federation did note that the average game time for high school games in 1996 was 2 hours, 17 minutes — an increase of nine minutes from the previous season.

A 1996 change called the "timing rule" was cited as a possible reason for the increase. The clock is now stopped after a change of possession — more often after kickoffs and punts.

**OVERTIME:** My sympathy to the families of Margaret "Peggy" Kaegel, 80, of Belleville, who died July 22, and of Bill Criswell, 73, of Olive Branch, formerly of Duplo, who died Aug. 1.

Mrs. Kaegel was preceded in death by her husband Ray Kaegel, who like Mr. Criswell

# Coach hopes to get concerns in line



(Staff photo by JOHN FRISSE)

Juanell Goodwin bats down a kick by Rocky Smith during varsity drills.

Offensive front, depth at QB prove biggest holes for GCHS

## FOOTBALL

By Patrick C. Heston  
Staff writer

The Granite City Warriors finished the 1996 football season smack in the middle of the Southwestern Conference pack, going 3-4 in league play, 3-6 overall.

But with a year of coach Nick Petrillo's system under their belts, and an experienced defense returning, the Warriors could be the surprise team of the conference in 1997.

"Our biggest holes, our biggest question marks, are on the offensive line," Petrillo said. "There's no doubt we have talent at those positions. What we lack is varsity experience. Right now that is probably our biggest concern."

If the Warriors are able to plug those holes successfully, it could mean solid rushing

"When you think Southwestern Conference football, you think of fast, strong and fundamentally sound."

— Nick Petrillo  
GCHS coach

seasons for the likes of Pete McKinney, Juannell Goodwin, Brooks Narvaez and Sean Kuehnle. And if the Warriors can run, the Warriors will win. "We plan on running the ball much more this season than last," said Petrillo. "We'll be using a multi-set offense, running from the T, the I, and the single back. It will enable us

(See FOOTBALL, Page 3B)

## Haefner looking to Connally, Robinson to lead run at success

By Patrick C. Heston  
Staff writer

Granite City High School varsity cross country coach Tom Haefner has a promising 1997 season before him.

"I am very hopeful this year," he said. "We have a good squad returning. Our athletes have come into this season in excellent condition and with an excellent attitude," said Haefner. "They ran regularly during the summer, which you must do to be successful in this sport, and they have brought a hard work ethic and an enthusiastic attitude to practices. They're not only here each day, but they're ready and wanting to run. A coach can't really ask for more than that."

Haefner expects much from team captain Connally, whom he touts as "a stable, knowledgeable leader and encourager with a hard work ethic," as well as from Robinson, the

## CROSS COUNTRY

Returning runners from last year's squad are sophomores David Eliff, Kevin Atkins and Daniel Robinson, junior Jeff Hassell, and seniors Eddie Connally and Crystal Robinson. Newcomers are senior Scott Whitehead, sophomore Rick Skirball, and freshmen Andrew Blaser, Kenneth Markham, Emily Stachoff, Ashley Murphy and Brandt Lassen.

Haefner expects much from team captain Connally, whom he touts as "a stable, knowledgeable leader and encourager with a hard work ethic," as well as from Robinson, the

(See RUN, Page 3B)

## GCHS, Cahokia football match-ups moved to Memorial Stadium

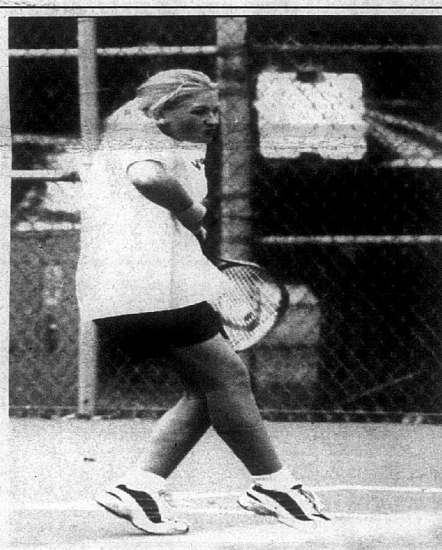
Friday's high school football game between Granite City and Cahokia has changed location.

Originally scheduled for Cahokia, the game will now be played at the Nelson Hagauer Memorial Sports Complex (Memorial Stadium) in Granite City at 7:30 p.m. on Aug. 29.

This change is necessary due to the construction of Cahokia's all-weather track.

Freshman and sophomore games have also been moved to Granite City.

The freshman team will play at 9 a.m. on Saturday, Aug. 30, followed at 11 a.m. by the sophomore game.



(file photo)

Adina Lewis will be in the No. 2 slot for GCHS. Melissa Smith will be the No. 1 singles player for the Lady Warriors.

## Potential looks good for netters

By Patrick C. Heston  
Staff writer

With the loss of nine seniors from the 1996 campaign, this season's girls tennis team at Granite City High School is in a rebuilding mode.

## TENNIS

But don't be fooled. The Lady Warriors could be better than expected in an always tough Southwestern Conference. Not that a conference championship looms on the horizon, but GCHS could definitely pull some surprises on the courts.

"I tell my players, we should try to compete with, if not beat, everyone but O'Fallon, Edwardsville, Belleville West, East and Althoff," said varsity coach Linda Ames. "And if we play up to our capabilities, we could pull off an upset or two. It won't be easy against the competition we face, but the potential is there."

Part of that potential lies in senior Melissa Smith, the No. 1 singles player for the Lady Warriors and a young lady Ames describes as "a fabulous tennis player."

The supporting cast includes Adina Lewis, a

(See NETTERS, Page 3B)

## Green players pack plenty of experience

By Patrick C. Heston  
Staff writer

Youth plus experience. The terms sound mutually exclusive. But they accurately describe the 1997 edition of the Granite City High School varsity golf team.

Coach Boone Chaney returns four letter winners, three of them sophomores, for what promises to be a highly competitive, if not successful season.

"I'm excited about the prospects for this season," said Chaney. "We will be competitive in a very tough conference. Our kids have worked very hard during the summer months. They have improved their games and lowered their scores. They've given us something to build on. I think we will have a very good year."

The heart of the squad is comprised of

## GOLF

sophomores Jeff Jerden, Brett Briggs, Ty Suhre and senior Matt Foley. Two others, sophomore Danny Harper and junior Matt Rustio, made up the six-man squad that kicked off the season in the Madison County match at Oakbrook on Monday.

Other contenders for the eight-man varsity roster include freshman Brett Solberger, junior Steve Schroeder, and sophomores Josh Harrison, Jeff Schiecht and Dustin Wesley.

"This squad is an unusual one in that they are young but bring a lot of experience with them," said Chaney. "And they have a great work ethic. We had four days of qualifying last week, where we played 18 holes each day, and I am

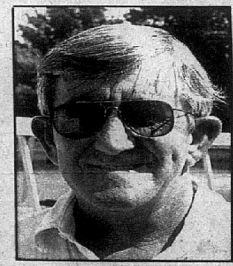
"We will be right in the thick of it. If our kids play up to their potential, we can compete with anyone in the conference."

— Boone Chaney

pleased with our nine-hole averages. Ideally, we would like to have all our golfers with averages of 40 or under. That doesn't happen very often, but this squad has that kind of talent."

Already, the three returning sopho

(See GOLF, Page 2B)



Boone Chaney  
GCHS golf coach

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# NEWS



Staff photos by JOHN FRESA

Below left, Mike Dockery of the Mitchell Fire Department barbecues pork steaks. Above left, Kathy and Wayne Worthen, Vicky Fulmer and Phyllis Kybelka serve up some barbecue at the fund- and awareness-raising barbecue held by the supporters of the Mitchell incorporation effort Saturday. Above, a sign next to the Mitchell Fire Department invites passersby to a barbecue held to raise money and recruit support for the incorporation drive.

## Mitchell may decide next step today

### Special to the Journal

The mail comes through a satellite post office and the school is part of the Granite City district, but people in the settlement clustered around the crossroads of Interstate 270 and Illinois Route 111 are determined to make Mitchell their hometown.

"It's always been a community, and everyone knows it," said Chief Eddie Lee of the Mitchell Fire Protection District.

Plat maps from the last century show the original Mitchell land in sections 26, 27 and 35 in Chouteau Township farmed by the Mitchell brothers. Records in the Illinois archives show the Mitchell area organized in 1869 as Longlake and reorganized as Mitchell in 1892 before it was dissolved a decade later, Lee said.

The official records disappear after that, but radio and Federal Communications Commission licensing still carry the Mitchell name, he said.

Residents now threatened by the continuing annexation of bits and pieces of their community by neighboring Granite City, Pontoon Beach and Edwardsville — and the development of a 2,700-acre light

industrial park in their midst — want the legal right to call Mitchell their own.

"We feel it is a city, and it's always been there," Lee said.

When highways developed, Mitchell became a famous stop on U.S. Route 66 between Chicago and Los Angeles and was featured in stories by the Automobile Association of America. The volunteer fire protection district adopted the Mitchell name after World War II and has kept it alive more than 50 years.

It was only when residents filed petitions for official incorporation this spring that Madison County and the surrounding communities began to object to Mitchell as a town, officials said.

The Madison County Board claimed a right to review the incorporation petitions under an old ordinance. The board decided last week that Mitchell did not meet the county's land-use plan and could not generate sufficient tax revenue to support itself.

Associate Judge Randall Bono of Madison County Circuit Court backed the county's claim last Monday by denying Mitchell's petitions.

"Many of the people are bitter. They feel like they're

going to be forced into going into one of the surrounding communities they don't want to be in," Lee said.

"We all would like to stay the way we are, but with the Gate way Center coming, we know that's not going to be," he acknowledged.

The prospect of new business development partially motivated Lee and other residents to consider incorporation, which could help support a new town. But even without the new business park, incorporation leaders figure it could be done on a \$900,000 annual budget with no tax increase.

The move toward Mitchell apparently began several years ago, when plans for the new Interstate 255 extension were announced. The fire protection district, which once stretched from the Mississippi River to the bluffs, began to lose bits and pieces to annexation — first along Illinois Route 3 with Wal-Mart and light industries, and later along Route 111 with hotels and restaurants.

Two years ago, when the district lost Hardee's on Route 3, legal advisers agreed the only way to stop the encroachment was to incorporate.

Lee said many of the busi-

**"It's always been a community, and everyone knows it."**

Eddie Lee

Mitchell fire district

nesses that choose to annex have no intimate connection with the community.

Mitchell residents just want to determine their own fate on the November ballot, Lee said.

"They say we are being greedy with the incorporation move, but all we did was take the land that was left over. They've all taken and taken and taken," he said, referring to the surrounding communities.

Mitchell residents will consider their next move at a public meeting at 7 p.m. Wednesday at the Chouteau Township Building. Attorney James Sinclair said the group could appeal last Monday's circuit court decision to the 5th District Appellate Court in Mount Vernon and possibly the Illinois Supreme Court, or wait until next year to try a new incorporation drive.

### What do you think?

Do you support adding a half-cent to your bills to finance the county's share of the MetroLink cost?

Yes

No

(Circle one)

### Comments:

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Age \_\_\_\_\_

Municipality \_\_\_\_\_

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## READER POLL

The MetroLink light-rail system is increasing in popularity.

The Bi-State Development Agency, which operates MetroLink, had expected to carry its 50 millionth passenger in 2000, but a St. Louis City family had that distinction this month, more than 2 years ahead of schedule.

St. Clair County is building a line through East St. Louis to Belleville and the new Mid-America Airport being built adjacent to Scott Air Force Base.

Various municipalities and sections of St. Louis County are fighting to be the next area to receive a MetroLink extension.

The popularity of the MetroLink system in the St. Louis

region means priorities will be set up for federal transportation dollars.

What about Madison County? Voters will decide in November whether to put a \$515 million MetroLink Madison County extension on track by approving adding a half-cent sales tax to their bills.

What do you think? Should Madison County add a half-cent to your bills to finance the county's share of the cost of MetroLink? Voters will approve or reject that plan in November.

Use the adjoining coupon to let us know what you think. Some responses and results of the poll will be published in the Sept. 11 Press-Record.

## Urban league packets now available

The Urban League of Metropolitan St. Louis has application packets available for Youth Development Fund grants.

All youth organizations located within St. Louis city and county, and St. Clair County that primarily serve African-American youth are invited to submit a grant application.

## Shrine holding widowed ministry

The Family Life Ministry at the National Shrine of Our Lady of the Snows is holding a day with Sr. Grace Marie Mueller for those who are widowed from 11 a.m. to 9 p.m. on Sunday, Sept. 14.

Mueller is the pastoral associate at St. Luke's in Belleville and has written a book, "Steps to Wholeness," to help the widowed through the grieving process.

This program provides an opportunity for participants to reflect, pray and share their

feelings and experiences with others.

Registration fee is \$20 for lunch, dinner, and workshop, \$25 after Sept. 8, and \$5 for the workshop only.

For additional information and registration, call Mary Boedeker at the shrine, 397-6700.

Also, the annual marriage celebration at the National Shrine of Our Lady of the Snows will be held at 7 p.m. Sunday, Sept. 14, in the church at the shrine.

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## GCC find

Faculty Dawkins and under not only at Belleville Granite City they also sharing science. Melinder h classes at th years. He ha for BAC. The ter will be the GCC. chemistry a Campus for years.

Through the biology program paralleled their own fate on the November ballot, Lee said. "They say we are being greedy with the incorporation move, but all we did was take the land that was left over. They've all taken and taken and taken," he said, referring to the surrounding communities.

Mitchell residents will consider their next move at a public meeting at 7 p.m. Wednesday at the Chouteau Township Building. Attorney James Sinclair said the group could appeal last Monday's circuit court decision to the 5th District Appellate Court in Mount Vernon and possibly the Illinois Supreme Court, or wait until next year to try a new incorporation drive.

Day and including Phyllis Kybelka

Anatomy and

It will be of

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## GCC instructors find sweet science

Faculty members Linda Dawkins and Dr. Richard Melinder not only share an office at Belleville Area College's Granite City Campus (GCC), they also share a love of teaching science.

Melinder has taught biology classes at the GCC for seven years. He has taught 29 years for BAC. The 1997 Fall Semester will be Dawkins' first at the GCC. She had taught chemistry at the Belleville Campus for the past four years.

Through the years, the GCC biology program's growth has paralleled the growth of the whole campus, Melinder said.

"Our biology lab was renovated in 1993. It's now fully equipped with a microscope for each student," he said. "It's very exciting to see the growth of the campus. We've gone through a building process."

Day and evening classes, including Principles of Biology, Human Biology, and Human Anatomy and Physiology I and II will be offered five days a week at the GCC during the fall semester.

Students in his classes have benefited from the small class sizes that the campus can

offer, Melinder said. "Small class sizes allow for a closeness and an intimacy with students. In a lab science course, it's important to have one-on-one contact."

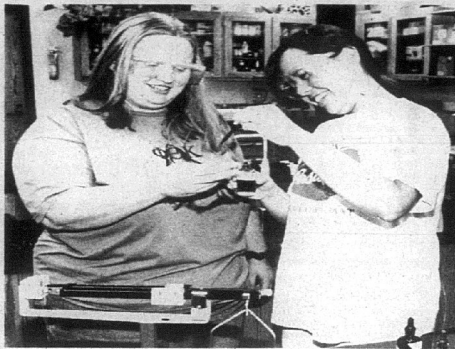
For students who need additional help outside the classroom or lab, there are computer software programs in the campus's learning resources area, Melinder said.

Melinder and Dawkins agree it is sometimes a challenge for them to make their classes challenging for the students. "One of my goals is to make chemistry interesting and relevant to everyday life," Dawkins said. She is excited about her new teaching post, especially since she was allowed to design the campus's new chemistry lab.

"We have state-of-the-art equipment for biology and a nursing instructor at the freshman/sophomore level," Melinder said.

Dawkins has revised the schedule of chemistry classes for the fall semester. I did it to give students more options when scheduling other classes they need to take."

Dawkins had intended on a nursing career but she found she enjoyed chemistry more



Jessica Hawkins of Cahokia, left, and Connie Rippee of Granite City, both students at GCC, work on an experiment in the biology lab.

after earning a degree in chemistry from St. Louis Community College - Florissant Valley. She later served as a lab manager for the college while continuing her education at SIU-Edwardsville.

Both instructors said BAC's outstanding reputation has destroyed the myth that community colleges are somehow inferior to four-year schools. I think we're past that point. Now, students are expecting

and are receiving a quality program (from us)," Melinder said. "I'm a member of several statewide organizations and BAC is held in very high regard."

For more information on Biology or Chemistry classes call the Granite City Campus at 831-0600 or 1-800-BAC-5131, extension 441 or 442, or visit the campus at 4950 Maryville Road.

## Some parents willing to try chartered schools

While School Board members mull the merits of a proposed charter school, some parents are hoping for that option.

"People are unhappy with the system," parent Peter Anderson of Glen Carbon said. "It's a unique opportunity here for any kid to go to. There is a big misconception here that it is an elitist club and that we are going to operate it for kids that don't fit in public schools."

Anderson was one of several parents who told School Board members Wednesday night that they wanted to be able to choose the smaller, individualized environment of the proposed Alliance Charter School.

The School Board is expected to vote on the proposal at its June 16 meeting. Local board approval is required by state statute before the school can open. If the board grants approval, the school will open this fall at 1123 University Drive.

The curriculum of the new school would include at least four foreign language offerings, reading condensed versions of between 45 and 52 literary classics from about grades six through 12 and extensive math, history and science offerings.

The "Renaissance" or "holistic" course work is offered through multiple approaches, including audio and video presentations, role exercises and field trips, promoters said.

Pupils in pre-kindergarten through high school would sometimes interact within class settings and even take turns teaching sections.

The curriculum is similar to that of the 12-year-old Lahr-Well Academy in Glen

Carbon. Its director, Almeda Lahr-Well, is acting as consultant for the Alliance Charter representatives.

By law, the charter school has to operate separately from a private school and must be open to all students. Selection for the initial 60 places would be drawn by lottery.

Eventually, enrollment could grow to 180, organizers say.

Jeff Goodall, 16, of Edwardsville, told board members the charter school should be an option for students.

"One school is not better than the other. Lahr-Well does work for some children," he said, adding that the similar proposed charter school could benefit students.

Goodall, whom Lahr-Well cited as a success story, said he got numerous F's at Edwardsville High School but graduated early from Lahr-Well Academy's smaller school.

He said he scored more than double the national average on a military science exam and is entering a nuclear sub marine training program in Orlando, Fla.

"Now all the doors are open to me in the military," he said.

Parent Justine Watts said she wasn't involved with either the proposed charter school or the school academy but supports residents having a choice in education.

"The fact that this is an opportunity to do something new and innovative," Watts said, "I remember, this is a choice for parents. They are not steering them away from public schools. To parents, a choice is intrinsically good. It's a choice. It's an option for parents."

## Life begins at new high school

Learning the way around a new school can be a daunting task for any student, so imagine more than 2,000 bodies making their way around the new Edwardsville High School the first day of classes Thursday.

"It's really big," said junior Kristine Gillihan, admitting she got more than a little turned around at first. "I did a complete circle twice."

Day One at the new high school, 6161 Center Grove Road, seemed to go off without a hitch, with students meeting their teachers and becoming acclimated to the new surroundings.

"We had a great opening of school," Principal Ed Harris said.

"I didn't get as lost as I thought I would, but I miss the old (high school)."

Amy Werner  
EHS Junior

"We had a great opening of school. The teachers were great, and the kids were great."

Ed Harris  
principal

said when the 10:35 a.m. bell unleased students from their classrooms after a half-day on a breezy, August day.

"The teachers were great, and the kids were great," Harris said.

Superintendent Ed Hightower was on hand for the opening of the new school. He called it a "great start."

He said he was impressed with the "high level of energy and excitement" the students exhibited.

On this day of firsts, drivers wasted no time getting the after-school first fender-bender.

A mishap occurred close to the Illinois Route 157 and Center Grove Road intersection, near the spot where Edwardsville Director of Police Bennett Dickmann sat observing traffic.

Students milling around the hallways after the final bell seemed pleased with the new school, although one said she missed the familiarity of the old school, which has been rededicated as the new Edwardsville Junior High School.

"I didn't get as lost as I thought I would, but I miss the old one," said Amy Werner, a junior.

One of the biggest differences between the new and old schools is the amount of time it takes to get from one class to another, said Tim Rankin, a senior.

Getting from one end of the new building to the other in the six minutes allotted between classes can be tough, but "if you're really wanting to get to class, I think you can make it," he said.

Rankin said he thinks it's nice that his class will be the first to graduate from the new high school.

"I guess you could call us pathfinders," he said.

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# ENTERTAINMENT

## At the movies: Demi Moore in 'G.I. Jane'

By Chris Waldvogel  
Staff writer

With the goings-on at the Citadel, and all the hubbub about now-former Air Force Lt. Kelly Flinn, it was only a matter of time before Hollywood would tackle the issue of women in combat.

And who better to lead the charge than Demi Moore, a Hollywood icon and one of the highest-paid women in films today?

But despite being a liberal mecca, Hollywood itself still is guilty of injustices found in other working sectors. Women's roles, especially good ones, are less plentiful than those for men. And even the highest-paid female actors don't command the salaries of their male counterparts.

So it's easy to see why "G.I. Jane" should be approached cautiously. Could it be an agenda-laden mouthpiece for women's rights or maybe an insincere ploy by Tinseltown players to simply grab some cash?

The story starts off sincerely enough when Navy intelligence

officer Lt. Jordan O'Neil (Moore) receives an offer to become the first woman to train with the Navy SEALs.

O'Neil has everything one needs to be considered for the program: She's intelligent, quick-witted, in great physical shape and is focused on her career.

Hand-picked by her sponsor, Sen. Lillian DeHaven (Anne Bancroft), O'Neil is also a casualty of politics and the status quo. Everyone—even the senator—expects and hopes O'Neil will fail. Her only true ally is Blondell (Lucinda Jenney), a medical officer at the training site.

And here is where the film succeeds. You don't root for O'Neil the woman, you root for O'Neil the person. You want her to succeed because no one thinks it's possible. The fact that one of her biggest detractors is a woman adds credence as well.

The film also raises some philosophical questions. Is a woman's life worth more than a man's? Can equality ever be

achieved with biological differences in the way?

But like many films trying to get a message across, "G.I. Jane" feels hokey. O'Neil has the answer to every problem that ever arises. The fact that she's a worthy candidate is such a hard sell, you feel put off instead of drawn in. You expect her to show up in tights with an "S" on her chest.

A particularly forged touch—when the recruits must help extract American troops in the Middle East because the trainees are the only ones who can respond in time—only compounds the problem.

Luckily, Ridley Scott's direction eases some of that. His training scenes are especially harrowing. You begin to doubt anyone could make it through—or want to—for that matter.

Scott's actors also give good, often stifled performances, helping to convey people working in a lifestyle of discipline. Viggo Mortensen is particularly convincing as John Urganyle, the explosive master chief. Urganyle understands silence, as well as volume, can convey



From left, Angel David, Demi Moore and Gregg Bello in a scene from Hollywood Pictures' "G.I. Jane."

intimidation. He also has no problem with extreme physical punishment; he makes R. Lee Ermye (the drill sergeant

from "Full Metal Jacket") look like a Teddy bear. But in the end, "G.I. Jane" has the feel of boot camp. It's

difficult to get through, you're glad you stuck with it when it's over, but you'd never want to experience it again.

## MOVIE SCHEDULES

Film timetable for Wednesday, Aug. 27. For times of other days or to confirm these times, check local theaters.

**ALTON CINE**  
2840 Clair St., 462-1131  
Conspiracy Theory (R) 5:00, 7:30  
Event Horizon (R) 5:15, 7:45

**CAPITOL THEATER**  
292 S. Main, Waterloo, 838-9997  
George of the Jungle (PG) 7, Saturday and Sunday 2:30, 4:45, 7

**CARMIE PETITE**  
1-70 and Hwy. 157, Collinsville, Ill. 344-1708  
Event Horizon (R) 1:30, 3:30, 7:30, 9:30  
My Best Friend's Wedding (PG-13) 1:00, 3:15, 7:00, 9:15  
Conspiracy Theory (R) 1:00, 3:45, 7:00, 9:45  
Air Force One (R) 1:15, 4:00, 7:15, 10:00

**EASTGATE CINE**  
Eastgate Plaza, E. Alton, Ill. 254-5289  
Men in Black (PG-13) 5:15, 7:45  
G.I. Jane (R) 4:30, 7:15  
Copland (R) 5:00, 7:30  
Leave It to Beaver (PG) 4:15, 6:45  
Money Talks (R) 4:45, 7:15  
Air Force One (R) 4:30, 7:15

**COTTONWOOD EDWARDSVILLE CINE**  
Edwardsville, Ill., 656-6390  
Conspiracy Theory (R) 4:30, 7:15, 10:00  
Air Bud (PG) 4:15, 6:45, 9:15  
Air Force One (R) 4:00, 7:00, 9:50

**LINCOLN THEATER**  
103 E. Main, Belleville, Ill., 233-5133  
Batman & Robin (PG-13) 7:00, 9:30  
Con Air (R) 7:05, 9:20  
Out To Sea (PG-13) 7:15, 9:25

**NAMEOKI CINE**  
30 Nameoki Village, 877-6630  
Sawen (PG-13) 8:45, 9:20  
Nothing to Lose (R) 4:00, 6:45, 9:30

**QUAD CINE**  
Belleville, Ill., 233-1220  
Event Horizon (R) 4:45, 7:30, 10:10  
Conspiracy Theory (R) 4:15, 7:00, 9:50  
Air Force One (R) 4:30, 7:15, 10:00  
G.I. Jane (R) 4:00, 6:45, 9:30

**RITZ 3 THEATER**  
403 E. Main St., Belleville, Ill., 233-3536  
Batman & Robin (PG-13) 7:00, 9:45  
Con Air (R) 7:15, 9:20  
Out To Sea (PG-13) 8:45, 9:30

**ROXANA CINE THEATER**  
Roxana, Ill., 254-6746  
George of the Jungle (PG) 7:00

By Kevin Carbery  
Correspondent

It is the time of year when young people across the nation return to their college campuses.

As college. The days of classes. The nights in the library. The weekends pouring over textbooks at your desk.

Who am I kidding? I barely remember attending any classes. Oh, there were a few professors who left an impression on me, but in general, all that classroom time is now a blur. What I remember is the fun stuff.

My college experiences at Missouri included opportunities for parties virtually every day of the week. On weekends, you had your choice of several parties, especially on football game weekends. If you did not feel like going to a party, you could go to one of the lively nightclubs in town. There was always something going on.

If my recollections sound

side, so don't get frustrated at the schedule changes in order you give is not obeyed.

PISCES (Feb. 19-March 20). More flexibility on your part allows new energy to enter the scene. A past trouble holds up a present plan—patience will overcome in the end. One who speaks pessimistically is jealous.

LIBRA (Sept. 23-Oct. 23). Procrastinating won't get the job done. Only action provides confidence. Loving thoughts are sent from one who misses you greatly. Gently turn down travel offer that's beyond your means. Parties are right around the corner.

SCORPIO (Oct. 24-Nov. 21). Flow through important papers, and spend quality time with a buddy or your spouse. Next week, agree to be responsible, but insist on making the rules. Recognize a child's gifts.

SAGITTARIUS (Nov. 22-Dec. 21). Security is a big issue—you want to expand in the future, but the risk is daunting. Think it over before making your move. Let new friends prove themselves before promising anything. Don't break bad news by phone.

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TUESDAY, AUG 26th 849 Iffco Blvd. Arnold, MO 63010 314-285-5989

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SATURDAY, AUG 30th 9525 Collinsville Rd. Collinsville, IL 62234 618-344-1632 314-241-0476

## HOROSCOPE

Wednesday, Aug. 27  
ARIES (March 21-April 19). Singles need to focus on reaffirming their self-esteem. Everybody is somebody's type! A struggling young friend requires guidance. You can avoid much strife if you admit your faults and forgive others.

TAURUS (April 20-May 20). Complete projects and pending. Flattery will get you everywhere, even with a hard-nosed boss or subordinate. Romance is difficult with your complicated schedule but not impossible.

GEMINI (May 21-June 21). Love affairs take a turn. Feelings are expressed for the first time, making everything clear. Call a friend for the inside information on moves to the top of the career ladder. Kids need more attention.

CANCER (June 22-July 22). Energy is high, so be careful in traffic—consider riding a bike, taking the subway or walking. You are extremely productive—you'll wish you could get this much done every day. Don't dwell on weekend plans down to the last detail.

LEO (July 23-Aug. 22). Give people a chance to add their own ideas and everyone will have fun. Communication lines are open, so even first dates become comfortable right away. A profitable idea dawns.

TODAY'S BIRTHDAY (Aug. 27). Foundations for long-term success will be laid in the next three weeks. Be ready to take up offers in October.

VIRGO (Aug. 23-Sept. 22). Volunteer groups get a record amount done. It's a good fundraising day, and parties are relaxed. Family or marital tensions are eased if you listen carefully to what others are trying to say. Hearts are open to forgiveness.

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## NEWS



## Academic awards

A total of 28 sixth-grade students at Niedinghaus School received the W. Richard Brinkhoff Academic Achievement Award in late May for high achievement and good citizenship during their elementary school career, focusing on grades four through six. Students honored with the award included, first row, Liegh Phillips, Adam Lancaster, Ariane Sendejas, Jenna Cassidy, Doug Pritchett, Anna Huffacker, Amy Harper, Mary Lasiter; middle row, Ashley Lambert, Kathryn Lloyd, Ashley Roseman, Kristen Schermer, Kristy Jones, Amanda Smothers, Lindsay Weidner, Nick Bohmer, Dejah Myint, Nick Bronnbauer; back row, Robby Steen, Aaron Asperger, Nathan Fischer, Terrance Alfaro, Ryan Woodson, Richard Asadorian, Jim Weaver, and Adam Trawick. Not pictured are Kyle Revelle and Natalie Vaughn.

## Ford donates last Aerostar to Hazelwood department

By Nancy L. Ide  
Staff writer

The last Aerostar to roll off the assembly line at the Ford Motor Co. plant in Hazelwood will be put to good use in the Hazelwood Police Department. In a ceremony at the plant Friday, Ford officials donated the white, extended-length van to the city.

"The Aerostar has been a fantastic product for the Ford Motor Co. for the last 12 years, and I'm confident it will continue to provide excellent value for the Hazelwood Police Department in the future," said Morris Wilson, manager of Ford's Hazelwood assembly plant.

"We're very pleased that this product will continue to

serve the local community in which it was produced."

Ford officials said they are discontinuing production of the Aerostar because of changing customer preferences.

No workers will lose their jobs at the Hazelwood St. Louis Assembly Plant because the company will increase production of the Ford Explorer that is also produced there, they said.

Hazelwood Mayor David Farquharson said the city appreciates the donation.

"We have a good rapport with Ford — we always have," Farquharson said. "They've been kind to the city, and the city has had a good relationship with Ford. We're happy to have Ford in our community."

Hazelwood police Officer

Marion Johnson said the police department will use the van for a Neighborhood Action Team vehicle. The action team goes into neighborhoods to solve problems before they happen, Johnson said.

In June, Johnson received a call from Ford that the van would be donated to the city.

"I put the lady on hold and screamed, 'We got the van, we got the van,'" Johnson said with a laugh. "It was pretty exciting."

Aerostar production began in St. Louis in 1985. Since then, more than 2 million of the vehicles were assembled at the plant. Ford began assembling Explorer sports-utility vehicles at the plant in early 1995. The Ford plant in Hazelwood opened in 1948.

## Officials contemplating future of Parks College

By Jason White  
Staff writer

State and local officials met Saturday to discuss the future of historic Parks College in Cahokia.

The college, which relocated to the St. Louis University campus in St. Louis this summer, has been studied by numerous agencies to determine the best uses of the site.

On Saturday, state and local officials met at the Cahokia Board of Education to discuss those uses.

"This is a sort of a workshop... we're getting ready for a meeting with Father (Lawrence) Biondi and the people at St. Louis University," State Rep. Wyvetter Young (D-East St. Louis) said.

SLU is asking for \$10 million for the campus. The university has not received any offers, SLU spokesmen have said.

The workshop Saturday focused on possible uses for the site, including other academic institutions, light industry, alternative energy and incubator development.

"The state has come to the conclusion that this site would be perfect for an education park," Young said.

Speakers and guests came

from the Katherine Dunham Foundation, the Tuskegee Army, Helicopter Flights Inc. and the Casino Queen, among others.

"There are a number of people who have indicated that they would have projects they could put on the site," Young said.

The workshop also revealed the results of a \$50,000 study by Development Strategies Inc. Cahokia paid for the study through a state grant.

The two-month study, which concluded June 30, determined that the best private use of the site would be businesses that augment the industrial corridor on Illinois 3, DSI consultant Barry Hogue said.

The campus could be used for additional lab space, training facilities, research and light manufacturing, Hogue said.

DSI also studied retail, office and residential uses.

"We looked at the market demand for different types of uses," he said.

Hogue said the lack of space and lack of direct access to an interstate made the alternate uses less attractive.

In addition to the DSI study, Cahokia received a \$24,500 federal grant in July to study pos-

**"The state has come to the conclusion that this site would be perfect for an education park."**

Rep. Wyvetter Young  
East St. Louis

sible public uses for the site.

Economic Development Commission Chairman Larry Turner and Finance Director Steve Healy represented Cahokia at the workshop. Superintendent Bob Bresnahan represented District 187.

Both the village and school district have expressed interest in using parts of the campus.

The former campus comprises 113 acres and 18 buildings. About 78 acres of the site is undeveloped.

The college moved to St. Louis University's main campus to avoid course duplication and to be closer to SLU's social atmosphere, according to SLU.

Parks was founded in 1927 in Cahokia by Oliver Parks.

## Disabled man wins \$1.7 m settlement from company

Lawyers for a local law firm represented a man who was awarded nearly \$1.7 million in damages in a personal injury case tried in U.S. District Court in St. Louis.

Samuel Sandage, 46, of Bloomfield, Mo., was represented by Brian Wendler and Eric Carlson of Carlson, Wendler & Associates of Edwardsville.

Sandage was a car hauler employed by Cassens Transport Co. of Edwardsville.

He injured his lower back in 1990 while he was trying to get out of a car he had loaded onto

a car hauler trailer.

Sandage sued Bankhead Enterprises Inc., alleging that the Georgia-based company had made modifications to the trailer that prevented car doors from being opened wide enough for safe entry and exit.

The jury returned its verdict Aug. 15 after a four-day trial.

"To my knowledge, it's the biggest (award) ever in that industry," Wendler said.

Sandage has not worked since the injury.

He has undergone four surgeries and is unlikely ever to work again, Wendler said.

**"To my knowledge, it's the biggest (award) ever in that industry."**

Brian Wendler  
attorney

The jury's award included \$100,000 to Sandage's wife for loss of consortium.

## Motorcycle course set

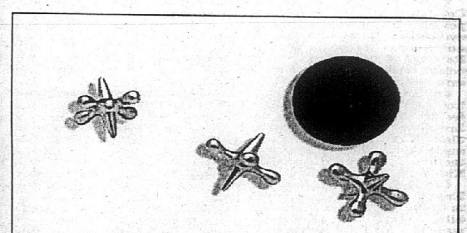
A free motorcycle rider course will be offered at Belleville Area College's Belleville Campus, 2800 Carlyle Ave., on Sept. 5, 6 and 7.

The course is offered from 6 to 9:30 p.m. Friday, and 8 a.m. to 5 p.m. Saturday and Sunday.

The 20-hour weekend session is sponsored by the Safety Cen-

ter, Motorcycle Rider Program of Southern Illinois University at Carbondale and the Illinois Department of Transportation.

Participants enrolling in the program must be 16 years of age or older. Illinois residents must possess a valid driver's license or permit. Motorcycles, helmets, and insurance are provided free.



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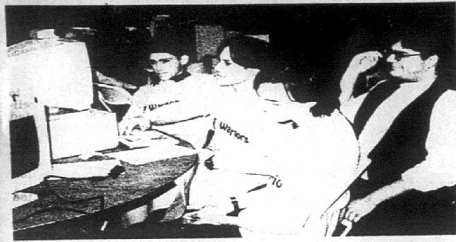
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NEWS



GCHS team members included, above, from left: Jeff Klee, Rob Mathenia, Scott Schmidt, and in back is captain Kevin Davis. Above right are Sarah Burris, Dawn Zaruba, Kera Olson and Jamie Elmore.

## GCHS teams compete at BAC event

Recently, two GCHS computer teams participated in computer contests at Belleville Area College.

There were two categories of competition: computer programming and computer applications. This is the fourth year for the competitions and the second year for a GCHS entry.

Williams; Sarah Burris; Jamie Elmore; Kera Olson; and Dawn Zaruba.

The programming team was tasked to solve difficult business and mathematical problems using the Microsoft Q-Basic programming language. The computer applications team consisted of co-captains Mandy Merritt and Adina Lewis; Stephanie Morlen; Rocky

Williams; Sarah Burris; Jamie Elmore; Kera Olson; and Dawn Zaruba.

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"The team had a good time and they did very well. We're proud of them," Gilreath said.

## NAACP goal is to stop violence

Special to the Journal

The Alton Branch of the National Association for the Advancement of Colored People is attempting to promote a national program intended to eliminate violence in communities.

The program, called, "Stop the Violence," was organized by the national youth director of the NAACP, the Rev. Jamal-Harrison Bryant, and endorsed by Kwesi Mfume, president and chief executive officer of the NAACP, and Myrlie Evers-Williams, chairman of the NAACP board of directors.

James Gray, president of the Alton Branch NAACP, said the local branch — along with other branches nationwide — were given a mandate in July to address problems with violence in their areas.

"Our kids are getting shot in houses, young people are being shot and killed, and drugs are being prevalent," Gray said. "We should try to meet and get all the leaders in the city of Alton, black church leaders and organizations, to join me in this effort to try to help eradicate the problem."

Mfume says the country's leaders need to address the problem of violence.

"This is strictly a black problem," Mfume said in the NAACP national office mandate. "It's not doing better."

The "Stop the Violence" program already had been instituted two years ago by Gray. But he said, the program received "flak" from Madison

County State's Attorney William Hane and former Alton Police Chief Sylvester Jones, who attacked the Alton Branch for saying they needed to meet with gang leaders and drug dealers.

Gray said the NAACP was attempting to show the drug dealers and gang leaders a different way of life.

The Alton Branch NAACP president also intends to get some clergy and other organizations interested.

"We're going to try to meet with the gang leaders to ask them to please stop the killing of our young babies, who are the future of this country," he said. "We know there is a better way."

Last year in East St. Louis, Illinois Attorney General Jim Ryan, the FBI and city officials held a seminar about stopping violence which helped launch the national program in the area, Gray said.

"We need to meet with them (drug and gang leaders) and sit down and try to get inside their heads," he said. "That's why we need to tell them there is a better way."

The NAACP leader believes conditions for both blacks and whites alike need to be improved, where it is safe for people to sit on their porch or walk down the street without being intimidated.

Another objective of the program is focusing on business entrepreneurship.

Gray added that the NAACP will conduct seminars about credit cards, how to establish

"We know there is a better way."

James Gray  
local NAACP president

a business, how to recognize discrimination, how to keep a business going and how to select a lender, and also will work with credit deficiencies.

The NAACP will market the program by serving as host to a prayer breakfast for pastors, leaders and government officials to ask them for financial support.

The Alton chapter will cover the initial cost, mailing information to potential participants, he said.

Another one of the program's objectives is to stop police brutality.

"I've sat down with the mayor and chief of police and told them we can't tolerate these type things," Gray said. "The police have agreed to have 'sensitivity training' for the police officers."

"I'll ask them to be careful about where they find these policemen," he said. "I'll also try to make sure they hire from cities and towns that have a diverse culture as Afro-Americans, and that they're around."

Another aspect outlined in the program is called, "Back In School, Stay In School," which the NAACP intends to be a yearly program that will emphasize education.

## Department wants public discussion

By Kimberly Haas  
Staff writer

The Illinois Department of Transportation (IDOT) is seeking comments from the general public about projects scheduled for the next three years. As required by federal law, IDOT is making copies of its Statewide Transportation Improvement Program (STIP) available to residents. The projects listed are for the next three years and are part of IDOT's overall five year highway and transit improvement programs.

The public has until Sept. 15 to voice their opinions about the projects.

Comments can be sent to: Illinois Department of Trans-

### IDOT

portation, Office of Planning and Programming, Room 307, 2300 S. Dirksen Parkway, Springfield, Ill. 62764. The comments should be sent to the attention of the Public Involvement Coordinator.

In addition, comments can be called in to IDOT at 1-800-493-3484 or the Illinois Bell relay number at 1-800-526-0844 for the hearing impaired.

Locally, the STIP can be found in the Peoria, Effingham, and Collinsville offices.

After Sept. 15, all responses will be reviewed by IDOT to see if any of the ideas need to be incorporated.

### Family Eyecare month

Bring in the whole family now for the greatest savings!

**Buy one, get one FREE!**

Buy one complete pair of prescription glasses (frame & lenses), at regular price and get a free pair of same prescription glasses.

Choose your first pair from a wide range of select frames. Offer includes most major vision and \$128 bifocal prescriptions. Progressive bifocals, specialty lenses, lens coatings, and contact lenses available at additional charge on second pair. Valid prescription required. Some restrictions apply. Additional charge for other options, discounts, or insurance benefits apply. First pair requires vision (eyeglasses) and any other frame and lens combination pricing. See store for complete details. Offer valid only at participating locations through 8/30/97.

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Save 50% off any frame up to \$200 when you purchase a complete pair of vision (frame & lenses). Choose your favorite frame from our large selection of famous brand names. Eyeglass selection. Coupon must be presented at time of order. Offer valid only at participating locations through 8/30/97. No other coupons, promotional offers, discounts or insurance benefits apply.

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## Research farm receives honor

By Marge Wilson  
Staff writer

Millstadt residents who have taken advantage of the Henry White Research Farm Field Day each year can now say they have been to an internationally-recognized institution.

At its annual meeting in Toronto, Canada, the International Soil and Water Conservation Society presented one of its 15 merit citations to the Millstadt farm.

Area resident Urban Baum, farm coordinator, traveled to Canada to accept the award.

"I think the award signifies that we had a pretty good land use facility and now it's beginning to be recognized," he said.

### CONSERVATION

The farm, Illinois 158 and Evans Road, is owned by the Illinois Department of Agriculture.

The Illinois chapter of the Soil and Water Conservation Society nominated the farm for the honor after it won a state merit award in November.

The international group honored the farm for being among groups which make "outstanding contributions to the conservation of land and water resources."

This is not the first time the site had attracted international interest, Baum said.

He said a group of German

farmers visited it recently and some environmental journalists have toured the facility.

"(Our farm) is unique because it's (involved in) not only farm research but also soil and water conservation and prairie and woodlands and how they affect the wetlands," he said.

Andy Orlando Presents

### HIDE-A-WAY CAFE

(NEXT TO HARDBODY GYM)

**FRIDAY 8/29 & SATURDAY 8/30**  
**JAMES R. BAND**  
9:30PM - 2:00AM

**WEDNESDAY & THURSDAY:**  
**KARAOKE NIGHTS**  
8PM - ?

**Monday**  
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**Tuesday**  
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Featuring Bobby Ward on Bass Vocals

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### COLONEL DAY'S

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## NEWS

# Man robs O'Fallon bank

## Subject fires shot, flees on 10-speed bicycle

By Mark Hodapp  
Staff writer

As of Journal press time Monday, O'Fallon police and agents from the Federal Bureau of Investigation were still seeking a white male who they say robbed UMB Bank on 320 E. Highway 50 on Thursday.

O'Fallon Police Lt. Glenn Moore said the suspect displayed a silver handgun and fired one shot in the bank before taking an undetermined amount of cash and fleeing on a 10-speed bicycle at approximately 12:18 p.m. Thursday.

There were no arrests made as of Friday afternoon and no one was reported injured.

According to the FBI, the

suspect is described as being around 5 feet, 8 inches or taller, with a thin build and brown hair.

Police believe the suspect, who was last seen wearing a blue shirt, blue jeans and a blue bandana around his neck, may have been picked up in an older model red Chevrolet Cavalier occupied by two females.

Moore said that car was seen following the suspect closely after he fled the bank heading east on U.S. 50.

The driver of the car was described as being middle-aged. The passenger was of thin build, Moore said.

UMB officials could not be reached for comment.

The Illinois State Police processed the crime scene Thurs-

day afternoon. According to the FBI, the bank's surveillance camera was activated and photos were obtained.

Police spent most of Thursday canvassing homes and businesses around the bank as well as the nearby O'Fallon Community Park.

George West, manager of the Phillips 66 gas station on State Street, said he was shocked by the news.

"It's hard to believe," he said.

West said he will advise his workers to work more cautiously.

Anyone who has information about the robbery should contact the O'Fallon Police Department at 624-4545 or the FBI at 624-6248.



BAC photo

### Award winner

Jennifer Hale of Granite City receives the Granite City Campus Employee Recognition Award from GCC Provost Harold Johnson in June. The award is given to the employee who goes "above and beyond" her or his normal job duties. In addition to her regular position as lead switchboard operator, Hale also has helped with some of the duties in the instructional support position since January.

## World Games still needs volunteers for '98

Volunteers and baseball diamonds are still needed for the 1998 World Game Baseball Championships.

About 140 volunteers are needed for the July 9-20 games, sponsored by the city of Fairview Heights. Office staff, drivers, cooks and general helpers are needed for the duration of the games.

In addition, three more locations are still needed to play games on. So far, games are preliminarily scheduled for Longacre Park in Fairview Heights, O'Fallon City Park Field No. 1, Southern Illinois University at Edwardsville, Belleville Area College, Edwardsville Hoppe Field, Collinsville Fields, Alton Baseball

Complex, and Florissant Baseball Field.

Those interested in either becoming a volunteer or hosting a game should contact the Fairview Heights Parks and Recreation Department at 397-9361.

Twelve teams will be involved in the championships.

## Thousands enjoy masters salute

By Kimberly Haas  
Staff writer

Thousands converged on the 10th Annual Midwest Salute to the Masters last weekend, strolling through Longacre Park while taking advantage of the cool weather.

Both artists and visitors were impressed with the festival, which included everything from oil paintings to sculptures to jewelry to handwoven garments.

"It's wonderful," said Rhonda Deeney of Chesterfield, Mo. "This is my first time here. I

came looking for photography and I certainly will spend money."

Terri Padfield of Centralia, also a first time visitor to the Salute, agreed with Deeney.

"I love the sculptures. I've got to see if my credit cards are warm yet," Padfield said, laughing.

The 100 award-winning artists were equally impressed with the festival this year.

"I really enjoy it. I came all of the way from Virginia," said sculptor Keaton Wynn, a second year exhibitor at the festival. "It's community-ori-

ented. The awards are also good for the artists — not every show does that."

Repeat exhibitor Sharon Fujimoto of Wisconsin was exhibiting her blown glass art at the festival.

"The organization is great. It's a very pleasant show," she said.

The festival grounds were revamped this year for the artists, giving them four large tents and two smaller tents to work in.

Nearly 1,000 visitors attended the preview, which is by invitation only.

186  
GREAT  
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# COLOSSAL CLASSIFIEDS

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### ANSWERS IN AUGUST 31 CLASSIFIEDS SECTION!

You can WIN a 7 Day Caribbean Cruise with the St. Louis Cardinals aboard the MS Westerdam, courtesy of Altair Travel & Cruises; one of ten autographed baseballs by Hall of Famer Lou Brock; one of 25 St. Louis Cardinals Sport Shop Shopping Sprees; one of 50 "Sandlot" videos from Blockbuster Video; one of one hundred Suburban Journal's sports packs. All the answers are in your Colossal Classifieds on August 31. So be a part of it!

<p><b>Altair Travel &amp; Cruises</b> MS WESTERDAM CARDINAL CRUISE Caribbean Cruise for 2 aboard the MS Westerdam</p>	<p><b>St. Louis Cardinals</b> LOU BROCK AUTOGRAPH BASEBALL 1 of 10 Hall of Famer Lou Brock Autographed Baseballs</p>	<p><b>Venture</b> SPORT SHOP SHOPPING SPREE 1 of 25 Venture Sport Shop Shopping Sprees</p>	<p><b>BLOCKBUSTER VIDEO</b> SANDLOT VIDEOS 1 of 50 Sandlot Videos from Blockbuster Video</p>	<p><b>Suburban Journals</b> SPORTS BAG 1 of 100 Suburban Journals Sports Packs</p>
<b>GRAND PRIZE!</b>	<b>1ST PRIZE!</b>	<b>2ND PRIZE!</b>	<b>3RD PRIZE!</b>	<b>4TH PRIZE!</b>

**YES! I want to enter the COLOSSAL Classifieds Cardinals Cruise Contest!**

Here's my official entry!  
(If you need additional space for your answers, please write them on a separate piece of paper.)

**QUESTIONS**

1. What "Hall of Famer" will be aboard the Cardinals' Cruise?
2. What is the name of the vessel the Cardinals will sail on?
3. What current movie features the ship the Cardinals will be on?
4. What private island will the Cardinals visit?
5. What former NFL Football players will attend the private Superbowl party on the ship with the Cardinals?
6. When will the Cardinals sail to the Caribbean?
7. What ports will the Cardinals' Cruise be visiting?
8. Where is Fredbirds' favorite place to scuba?
9. What agency is booking the official Cardinals' Cruise?
10. How many guests can cruise with Cardinals on the MS Westerdam?

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**GET COLOSSAL RESULTS WHEN YOU BUY AND SELL IN CLASSIFIEDS!**  
CALL (314) 966-FAST or 1-800-766-FAST TODAY!

Drop off your entry at 1714 Deer Tracks Trail, St. Louis, MO 63131. See official rules to write.  
Suburban Journal, 1714 Deer Tracks Trail, St. Louis, MO 63131. See official rules to write.

**COLOSSAL CLASSIFIEDS RULES & REGULATIONS**

1. No purchase is necessary to enter and receive prizes. All contest questions and answers will be posted September 1, 1997 in the main lobby of The Suburban Journals, at 1714 Deer Tracks Trail. The questions may also be found in the Journal newspapers on August 31, 1997.
2. You must be 18 or older to enter and win.
3. HOW TO ENTER: The contest will appear in the Colossal Classifieds Section August 31, 1997. Entries must be submitted in writing and may be mailed or hand delivered to Colossal Classifieds Section, The Suburban Journals, 1714 Deer Tracks Trail, St. Louis, MO 63131. Complete the attached entry form and answer all questions correctly to be eligible to win. All ten questions, and their correct answers, will appear in the August 31, 1997 Colossal Classifieds Section. You may also enter by printing both the questions and answers on a separate sheet of paper with your printed name, signature, address along with your day and night telephone numbers. Enter as many times as you like, but only one entry per envelope. Winners will be selected through a random drawing from all correct entries received, with the odds of winning determined by the number of entries. All entries must be received by Noon, Fri., Sept. 5, 1997.
4. A complete list of winners will be published in the Sunday, September 21, 1997, edition of the Suburban Journals.
5. The contest is subject to all federal, state and local laws and void where prohibited by law. The publishers reserve the right to cancel the promotion at any time without notice. All taxes are the sole responsibility of the winners.
6. By participating in the Colossal Classifieds Contest, the entrants agree to be bound by the contest rules, agree that the decisions of the judges are final, agree to permit the use of their names and photographs in the Suburban Journals.
7. Employees of the Suburban Journals, Altair Travel & Cruises, St. Louis Cardinals, Venture Stores, Blockbuster Video, or the Suburban Journals and their family members are not eligible to win.
8. PRIZES: One grand prize winner will win the cruise for two with the St. Louis Cardinals, on the MS Westerdam courtesy of Altair Travel & Cruises (trip date January 24 - January 31, 1998). 1st place winners will receive an autographed baseball by Lou Brock, courtesy of St. Louis Cardinals; 2nd - 3rd place winners will receive a "Sandlot" video from Blockbuster Video; 4th - 4th place winners will receive a "Sandlot" video from Blockbuster Video; 5. Ship's registry Rotterdam.

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# NEWS

## COMMUNITY CALENDAR

### Church

**THE BLOOD OF THE LAMB PRAYER AND BIBLE STUDY.** The public is invited to come for praise and worship, teaching from the Word and prayer for your needs every Tuesday from 10:30 a.m. to 12:30 p.m. at Full Gospel Fellowship Hall, 2301 Orville, Granite City. A nursery will be provided. If a name is needed, call 451-4020 or 1 (314) 865-1865.

**NOON BIBLE STUDY.** Nameoki United Methodist Church, 1900 Pontoon Road, every Wednesday from 12 - 1 p.m. Bring a sack lunch and Bible.

**MONDAY NIGHT WORSHIP SERVICE.** Every Monday evening at 7 p.m. for those who can't attend Sunday services, Nameoki United Methodist Church, 1900 Pontoon Road.

**GENERATION JESUS YOUTH GROUP.** led by youth minister, 6 - 8 p.m. every Sunday at Nameoki United Methodist Church, 1900 Pontoon Road.

**CENTRAL CHRISTIAN CHURCH.** 2020 Johnson Road, holds Sunday School at 9:30 a.m. and morning worship at 10:45 a.m. every Sunday. Everyone is welcome.

### Community

**PONTON BEACH LIBRARY BOARD.** Pontoon Beach Village Hall, 3910 Highway 111, 6:30 p.m., the first Tuesday of each month.

### Dance

**BOOTS & SLIPPERS SQUARE DANCE CLUB.** square dance lessons, 7 to 9 p.m., every Monday, St. Paul Lutheran Church, Fairview Heights. The cost is \$2.50 per person, no lesson. For more information, call 797-6528 or 344-4636.

Square Dancing is good for your health and body exercises. It provides an inexpensive opportunity for couples to be together for fun and fellowship only-no competition. **BOOTS & SLIPPERS SQUARE DANCE CLUB** is starting square dance lessons on Monday, Sept. 8, at St. Paul Lutheran Church in Fairview Heights. Lessons will be open for three weeks to admit new students. Call 797-6528 for more information.

### Food/Nutrition

**RESCUE MISSION.** 1536 Fourth St., Madison, food pantry is open from 9 a.m. to noon every Saturday. Samuel Turner is the chairman, Valinda Turner is the secretary and Alfred Turner is the pastor.

### Health/Exercise

Bernie Chiropractic, 3361 Fehling Road in Granite City is offering **FREE ELECTRONIC SPINAL SCREENINGS** from 9 a.m. to noon every Tuesday and Thursday. Call 877-2273 for more information.

**TOPS 2383.** 6:30 p.m. every Thursday

at Anchorage Recreation Center, 2909 Edwards St. For more information call Bobbie at 452-0273.

**FREE SENIOR CITIZEN EXERCISE CLASS.** 9 a.m., every Thursday, Anchorage Recreation Center, 2909 Edwards.

**TOPS 2048 (Take Off Pounds Sensibly).** 6 p.m. every Monday, Melvin Price Support Center in Granite City, 876-2124.

**TOPS IL 645.** 7 p.m. every Monday, Anchorage Recreation Center, 2909 Edwards St., Granite City, 452-6102. Men and women welcome.

**TOPS 1899 (Take Off Pounds Sensibly)** will meet at 6:45 p.m. every Tuesday at the Anchorage Recreation Center, 2909 Edwards St.; call 797-2724 for more information. Men and women are welcome to attend.

**TOPS IL 2417.** 6 p.m. every Tuesday, Birchfield Pentecostal Church, 1120 Pontoon Road, Granite City, down stairs. Weight-in at 5:30 p.m. Anyone age 7 or above with a weight problem is welcome. For more information call Lisa at 931-3602.

### Organizations

**CHURCH WOMEN UNITED** will meet at 10 a.m. the fourth Thursday of each month, except July, at the Holy Family Community Center.

**MODERN WOODMEN OF AMERICA Life Insurance Society** meets the last Thursday of each month at 5 p.m. at Ravanelli's Restaurant.

**THE JOLLY QUILTERS.** 9 a.m. to 2 p.m., every Thursday at the Social Center, 906 Thorngate Drive, Mitchell.

**GRANITE CITY COMMUNITY BAND rehearsals.** 7:30 to 9 p.m. every Thursday, St. John United Church of Christ, 2901 Nameoki Road, Granite City, 831-0443.

**QUAD CITY YOUTH FELLOWSHIP ADULT BOARD.** 2257 Cleveland, 7 p.m., first Monday of each month, 8:30 a.m. or 877-4841.

**METRO EAST LANDLORD'S ASSOCIATION** meets the first Monday of each month at the Eagles Lodge in Collinsville.

**CAMERA EXPLORERS CLUB.** Hartford Public Library, 143 W. Hawthorne St., 7 p.m., first Monday of each month, call Beverly Zager, 554-0394.

**ELKETTIES.** Granite City Lodge 1063, Maryville Road, 931-3557, 7 p.m., the first Tuesday of each month except July and August.

**MADISON COUNTY LEGAL SECRETARIES ASSOCIATION.** meets the first Tuesday of each month at 6:30 p.m. Open to everyone in legal field: attorneys, legal secretaries, support staff, court reporters and court personnel. For more information call 465-4400.

**MADISON COUNTY HOMEOWNERS EXTENSION ASSOCIATION.** Granite City, Unit 12, noon, first Tuesday of each month, Anchorage Recreation Center. For more information call 876-7026 or 931-3735.

**THIO UNIT, MADISON COUNTY HOMEOWNERS EXTENSION ASSOCIATION.** 12 noon, first Tuesday of each month, Hope Lutheran Church, 3715 Wabash Ave., Granite City.

**TOASTMASTERS INTERNATIONAL** meets the first, third and fifth Tuesday of the month from 7 - 9 p.m. at Shoney's, Hwy 157 (E4 Commerce Drive), Collinsville. Come join us for better communication and leadership skills. For more information call 692-6026 or 344-2988.

**GRANITE CITY KIWANIS** meet at Shoney's at 7:30 a.m. every Tuesday.

The Troy/Maryville/Collinsville chapter of **Business Network Int'l (BNI)** Delmar Ave., 24-hour hot-line 388-8409.

**ALANON** meets at 8 p.m. every Friday in the Milsoni Room in the basement at St. Elizabeth Medical Center, Call 453-2429 for more information.

**ALCOHOLICS ANONYMOUS.** noon and 8 p.m., every Friday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

**STEMSS (Support Together For Emotional and Mental Serenity and Sobriety).** A support group for people with mental illness and an alcohol or substance abuse problem, meets every Friday from 1:30 to 2:30 p.m. at PASCAL Hall, St. Elizabeth Medical Center, Call 798-3604 for more information.

**DEPRESSIVE MANIC DEPRESSIVE ASSOCIATION OF MADISON COUNTY** will meet from 1 to 3 p.m., every Friday, at St. Elizabeth Medical Center, Granite City, in the Milsoni Room located in the basement. For more information call the DMDA office at (314) 776-3993.

**ALCOHOLICS ANONYMOUS.** 8 p.m. every Saturday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

**NARCOTICS ANONYMOUS.** Acceptance, 8 p.m. every Saturday, 2016 Delmar Ave., 24-hour hot-line 388-9409.

**ALCOHOLICS ANONYMOUS.** 1:30 p.m. and 8 p.m., every Sunday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

**NARCOTICS ANONYMOUS.** Live the steps, 8 p.m. every Sunday, 2016 Delmar Ave., 24-hour hot-line 388-9409.

**ALCOHOLICS ANONYMOUS.** 8 p.m. every Sunday, St. Elizabeth Medical Center, PASCAL Hall, main floor, Granite City, 1 (800) 307-6600.

**ALCOHOLICS ANONYMOUS.** noon and 8 p.m., every Monday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

**ALANON.** 9:30 a.m. every Monday, 2116 Club, 2116 Edison, Granite City, 463-2429.

**CHEMICAL DEPENDENCY RELAPSE PREVENTION** group meets from 8:30 to 9:30 p.m. every Monday at the Edwardsville Health Center, 1123 University Drive in Edwardsville. The group focuses on eliminating relapse-prone thinking, feeling and behavior patterns and helping group members grow in sobriety. For more information, call 798-3686.

**NEGLECTED VICTIMS OF CHILD SEXUAL ABUSE.** a support group for nonoffending parents of victims, meets from 8 to 9:30 p.m. every Monday at Southern Illinois University at Edwardsville's Rape and Sexual Abuse Care Center, Call 682-2197 for details.

**DIABETES SUPPORT GROUP.** 1 to 3 p.m., first Tuesday of each month, President's Room, St. Elizabeth Medical Center, 798-3456.

**ALLIANCE FOR THE MENTALLY ILL OF MADISON COUNTY (AMI)** meets the first Tuesday of each month from 7 p.m. to 9 p.m. at the Mental Health Clinic, 60 Industrial Drive, Granite City. For information call 798-3604.

**ALCOHOLICS ANONYMOUS.** 8:30 a.m. and 8 p.m., every Tuesday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

**ALCOHOLICS ANONYMOUS (women only).** 8 p.m., every Tuesday, Presbyterian Church, Mitchell, 1 (800) 307-6600.

**ALCOHOLICS ANONYMOUS.** 8 p.m., every Tuesday, St. John United Church, 2901 Nameoki Road, Granite City, 463-2429.

**ALANON.** 8 p.m., every Tuesday, St. John United Church, 2901 Nameoki Road, Granite City, 463-2429.

**ALATEEN AND PREALATEEN PROGRAM** for 12 to 17 age group, and prelateen for seven to 11 year age group, meets at 8 p.m. every Tuesday at Niedringhaus United Methodist Church, 20th and Delmar. For more information call 463-2429.

### Veteran Services

**THE CHURCH OF HOPE.** a 12-step healing program for anyone 18 and older, affected by HIV infection meets at 7 p.m. every Tuesday at the King's House on North 66th Street in Belleville. For more information, call 234-0291.

**NARCOTICS ANONYMOUS.** Path to Recovery, 8 p.m. every Tuesday, 2016 Delmar Ave., 24-hour hot-line 388-9409.

**DISABLED AMERICAN VETERANS CHAPTER 53** will offer a service officer from 1 to 3 p.m. every Wednesday at the Tri-City Veterans Home, located at 1417 19th St., Granite City. Call 876-7816 for more information.

**DISABLED AMERICAN VETERANS CHAPTER 53 AUXILIARY.** 1417 19th St., Granite City, 876-7816, 8 p.m., first and third Monday of each month.

### Other

**MADISON COMMUNITY ACTION GROUP.** meets at 7 p.m. every Wednesday. For more information call Dan at 452-2336 or Diane at 876-1360.

**VENICE PARK BOARD.** fourth Thursday of each month, 6:30 p.m., Venice Recreation Center, 451-7201.

**EAGLES AUXILIARY 1126 BINGO.** 1 p.m. every Sunday at the Nameoki Bingo Center. Also included will be a color raffle, 50/50 drawing free games and other raffish.

**OLD SIX MILE MUSEUM.** 327 Maryville Road, Granite City, is open to the public each Sunday from 1-4 p.m. through December 15. Special tours for groups are available. Call 931-3023 to arrange a tour or call 931-1552 for more information.

**HANGIN' OUT.** led by youth minister of Nameoki United Methodist Church, 1900 Pontoon Road, every Monday evening from 6 - 8 p.m. For more information, phone 877-1936.

**GATEWAY SOUNDS CHORUS.** 7:30 p.m. every Tuesday at the Collinsville Senior Citizen Center, 420 E. Main, Collinsville. For more information, call Joyce Grimmer at 398-8853.

Whether in the separation or divorce process or divorced for years, **SECOND CHAPTER** can make a positive difference in working through the divorce. A 14 week session begins August 23. For more information, call (314) 781-9818.

**Seniors**

**SCHOOL OF METAPHYSICS.** 7:30 to 8:30 p.m., every Tuesday, 3459 Tolan Place, St. John, Mo. 63114. Classes in applied metaphysics. Call Melanie McManus at 423-0676.

### Support Groups

**PONTON BEACH SENIOR CITIZENS BINGO.** every Wednesday, 11:30 a.m., 3910 Illinois 111, Pontoon Beach.

**CHOUTEAU TOWNSHIP SENIOR CITIZENS.** meets the fourth Thursday of each month, 6 p.m., Potluck, Social Center, 906 Thorngate Drive, Mitchell.

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**FREE SENIOR CITIZEN EXERCISE CLASS.** 9 a.m., every Thursday, Anchorage Recreation Center, 2909 Edwards.

**FRIDAY AFTERNOON PINOCCHIO CLUB** for seniors 55 and over meets at 12:30 p.m. every Friday at the Harold Brown Building, Franklin Avenue and Pontoon Road. Call 877-0350 for more information.

**PONTON BEACH SENIOR CITIZENS** pot luck dinner the last Saturday of each month, 5 p.m., 3910 Illinois 111, Pontoon Beach.

**SENIOR SOCIAL CLUB.** meets the first Sunday of each month at the Nelson Hagman Township Hall, Doors Open at 12:30 p.m., bingo and games start at 2 p.m. Call 877-1215 for more details.

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**ALCOHOLICS ANONYMOUS.** 11 a.m. and 8 p.m., every Wednesday, 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

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Donations for noon meals are \$2. Call day ahead for reservation, 877-4373.

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Baked ham, au gratin potatoes, asparagus, fry bread, lemon pudding.

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Sloppy juce, potato salad, green beans, bun, tropical fruit.

**Friday, Aug. 29**  
Bretwurst, sweet and sour cole slaw, creamed corn, fry bread, mixed fruit.

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**Tuesday, Sept. 2**  
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At Memorial Maternity Center, we strive to meet your needs. We asked our patients what was important to them.

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**Prepared Childbirth Class**  
This class provides eight hours of in-depth preparation for labor and birth, including breathing and relaxation exercises. Options for you and your baby's care at Memorial Maternity Center will be shared to help make your birth a personalized and positive experience. Participants are encouraged to register before the fifth month of pregnancy and attendance is limited to those delivering at Memorial. There is a \$25 per couple fee. Call 257-5855 for class dates and times.

**Childbirth Refresher Class**  
The Childbirth Refresher Class is designed to give experienced parents updated information about the latest trends in labor, delivery and newborn care. Limited to those who will deliver at Memorial, this class is held from 7 to 9 p.m. on the first Monday of the month. \$5 per couple fee. For more information, call 257-5855.

**Vaginal Birth After Cesarean (VBAC) Class**  
This class addresses questions about vaginal births after cesarean (VBAC) and why VBAC's can be safer than repeat cesarean deliveries for both mother and baby. You also will learn how to maximize your chances of having a vaginal birth. Class meets 7-9 p.m. on the fourth Tuesday of the month. It is free to those attending Prepared Childbirth or Refresher Classes (we strongly recommend attending these as well) or \$5 fee per couple if not taking these classes. Call 257-5855 to register.

**Baby Care and Parenting Classes**  
This two-session program teaches you how to care for, play with and protect your infant from birth to age 12 months. Topics presented include: newborn care, infant feeding, baby bathing, when to call the

doctor, home and toy safety, returning to work, finding a good babysitter and traveling with baby. Held from 7 to 9 p.m. on the third and fourth Wednesday of every month, this class has a \$5 per couple fee. Call 257-5855 to register.

**Sibling Class**  
Memorial Maternity Center offers a Sibling Class to make it easier for big brothers and sisters to prepare for and accept a new baby. This class is designed for children ages 3 through 12 and meets from 7 to 8:30 p.m. on the first Monday of each month. Limited to children whose sibling will be born at Memorial Maternity Center. \$2 per child fee. Class size is limited and reservations are requested. Call 257-5855.

**New Family Night**  
Once you have a baby, take time for an informal evening out. Meet with other new parents and a registered nurse to discuss parenting concerns and have questions answered. Held 7-8:30 p.m. on the first Monday of the month. Infants welcome: \$5 per couple. Call 257-5855 to register.

**Prenatal Breastfeeding Class**  
This class is designed to provide vital information to those who are considering breastfeeding their baby. The class meets from 7 to 9 p.m. on the second Wednesday of every month. This class has a \$5 fee per couple. Both parents are encouraged to attend. For more information, call 257-5855.

**Breastfeeding Help for New Mothers**  
This service addresses concerns you may have about breastfeeding after you are discharged from the hospital. Information and support will be provided for those crucial early days and weeks of nursing a newborn. There is no fee for this service. Call 257-5855 to talk with a nurse or to arrange a help session.

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## BIRTHS

Barton, Jonathon  
Andrew

ANDREA AND MICHAEL BARTON JR. of Granite City have announced the birth of a son.  
Jonathon Andrew was born at 6:04 p.m. May 31, 1997, at St. Elizabeth Medical Center in Granite City. He weighed 6 pounds, 6 ounces, and joins Christopher.  
His maternal grandparents are Stanley and Jeanne Hopkins of Madison.  
Michael Barton Sr. and Paul

and Phyllis Sherman of Granite City are the paternal grandparents.

Goeller, Hannah  
Christine

DUKE AND LYNDA GOELLER of Granite City have announced the birth of their first child, a daughter.  
Hannah Christine was born at 12:08 a.m. May 28, 1997, at Anderson Hospital in Maryville. She weighed 4 pounds, 7 ounces.

Her maternal grandparents are Charles and Carole Connady of Granite City.  
Pearl Goeller of Pontoon Beach and the late Olan Goeller are the paternal grandparents.

Scott, Brennan Joseph  
DANNY AND KY LYNN SCOTT of Glen Carbon have announced the birth of their second child, a son.

Brennan Joseph was born at 1:27 p.m. May 28, 1997, at Anderson Hospital in Maryville. He weighed 8 pounds, 6 ounces and

joins a brother, Derek, 2.

His maternal grandparents are the late Ernie and Phyllis Dees.  
Danny and Phyllis Scott Sr. of Collinsville are the paternal grandparents.

Carroll, Shayne Justin  
SCOTT AND DANIELLE CARROLL of Columbia have announced the birth of their second child, a son.

Shayne Justin was born at 1:44 p.m. May 28, 1997, at St. John's Mercy Medical Center in

St. Louis. He weighed 8 pounds, 12 ounces, and joins a sister, Brooke Nicole, 6.

His maternal grandparents are Ron and Mary Habermehl of Columbia.  
Larry and Mary Herzing of Granite City are the paternal grandparents.

Joyce, Melanie Marie  
DENNIS AND LORETTA JOYCE of Granite City have announced the birth of a daughter.  
Melanie Marie was born at

4:41 p.m. May 28, 1997, at St. Elizabeth Medical Center in Granite City. She weighed 7 pounds, 15 ounces and joins Meagan, 8, and Michael, 4.  
Her maternal grandparents are John and Theresa Straubinger of Granite City.  
Mildred Joyce of Granite City is the paternal grandmother.

Dunbar, David Cain  
SHAWN DUNBAR AND FRIEDA CLUBB of Granite City have announced the birth of a son.

David Cain Montgomery was born at 5:02 p.m. May 28, 1997, at St. Elizabeth Medical Center in Granite City. He weighed 8 pounds, 9 ounces.

## Hoover birthday party a success

Mary Hoover was surprised on June 22 for her 80th birthday.

Friends surprised her at Calvary Baptist Church, then the family met for lunch at Old Country Buffet in Fairview Heights.

Attending were a son and his wife, Ron and Margaret Hoover of Abilene, Texas; a granddaughter and her husband Rick Hensley, with great-grandsons, Shane and Luke Hensley of Harleton, Texas; a daughter, Marlene Painter and grandson Eric Painter of Arlington Heights; grandson Jeff Painter with wife Dana and granddaughter Kristin Bateman of Jerseyville; daughter, Karen Graham of Granite City; son Richard Hoover and grandson Shane Faith and Christopher Hoover of Granite City; son Roger A. Hoover and granddaughter Sarah Hoover of Collinsville; granddaughter Becky and husband Denny Best with grandchildren Dallen and Kelley Marie Best of Edwardsville; two sisters-in-law, Ruth Azari and Pat Siebold both of Granite City; a sister, Helen, and her husband Oliver Potter of Granite City.

Later in the evening all gathered at the home of Mary's daughter, Marlene Painter.

Refreshments were served and gifts were opened by the honoree. The next evening a barbecue was held at the home of her daughter. The following evening a luncheon was enjoyed at the Pierre Marquette Lodge in Grafton.

Unable to attend as a great-granddaughter, Eleshia Hensley of Harleton, Texas; great-grandsons Charlie and Ben Best of Edwardsville; granddaughter Renee Hoover and granddaughter Aimee and husband Dave Sanford of Fairbanks, Alaska. They are the daughters of Ron and Margaret Hoover of Abilene, Texas. Mary Hoover also received a card from President Bill Clinton recognizing her 80th birthday.

## Sun drying not recommended in Illinois area

Some Illinoisans want to sun dry their own tomatoes in an effort to replicate products offered in the grocery store. Unfortunately, sun drying fruits and vegetables in Illinois is not recommended.

According to Martha Winter, nutrition and wellness educator with the Mt. Vernon Extension Center, Illinois' summer humidity is too high for food drying outdoors. In high humidity, food won't dry and mold can result.

To properly dry food outdoors, several consecutive days of hot, dry, breezy weather are needed. A minimum temperature of 85 degrees is required. The humidity should be below 60 percent, conditions that rarely occur in Southern Illinois.

These requirements limit drying foods outdoors. The interior of California and the high country of southwestern states possess the ideal climate for sun drying.

If a person tries to dry foods overnight locally, water vapor condenses and adds moisture back to the food, slowing the drying process.

Since these ideal conditions are not usually available in Southern Illinois when fruit ripens, other alternatives for drying fruits should be considered, Winter said.

If it was to dry tomatoes, the best method is to use a food dehydrator. Drying time is approximately 10 to 16 hours. Blanching is needed before drying. Times are three minutes for steam blanching and one minute for hot water blanching. Follow manufacturer's directions for best results.

For more information on drying foods, contact the Madison-St. Clair Unit of University of Illinois Extension Service, 692-7700 or 236-8600.

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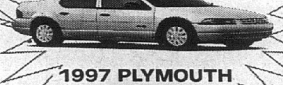
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# Today's Food

Wednesday, August 27, 1997

## Food & Nutrition

### Wise Ways

Catfish make a delectable freshwater catch-of-the-day.

INSIDE

### Heart-y Bites

Joy of hunting for berries on farm or in a supermarket is only a taste of the experience of flavor enjoyment on dishes ranging from gingerbread pancakes to breads, salad to a savory baste at the grill.

INSIDE

### Blue Ribbon Cook

A combination of meat and vegetables can be mixed and matched in this week's winning recipe.

INSIDE

### Private Label Test Run

Schnucks cheese crackers and thin wheat snack crackers, both reduced-fat varieties, was the crunch heard round the testers' table this week.

INSIDE

### Micro Raves

Much like the American family, the Japanese have a grab-and-go mentality at meal time, where many soy-based foods still serve as a food base.

INSIDE

### Kids' Cuisine

It's time to choose among diverse activities for children. Activity level is one consideration. Nationally only one of three kids attends physical education class every day, which may account in part for a 50 percent jump in overweight children in the last two decades. Although physically active parents are more likely to have physically active children, peers outrank parents in influence as they get older. Therefore, it is wise to interest children at an early age in activities they enjoy that keep them moving. Traditionally this involves programs for the physically adept, particularly boys, but today's platter of activities that promote individual successes and lifetime skills for an active lifestyle for both boys and girls should be sampled and supported.

## Health & Fitness

### Medicine Chest

Foods of summer should be spiced into medication for high performance adjustments.

INSIDE

### Fresh Picks

Whether the burger is a fat-dripping sausage or made with skinny beans, ketchup or mustard is not the only possible garnish. Almost anything that sounds crunchy or drips with juice works. In addition to lettuce, tomato and onion, try an assortment of sliced peppers, radish and cucumber. Sauteed apple and onion add sweetness. Toasted, grilled or sauteed vegetables, including squash, add "browned" flavor. Relish -- including one made with corn, cucumber or pepper -- adds another crunchy dimension.

### Big Fat Tip

A creamy coffee drink takes the heat off summer and enriches a ho-hum day. Pour 2 cups double-strength coffee, with or without caffeine, into an ice cube tray and freeze. To make a coffee milk shake, place 4 or 5 frozen cubes in a blender with low-fat or skim milk and sugar or sweetener to taste. Blend at high speed until cubes are liquefied and mixture becomes creamy. Pour into tall glasses. Garnish as desired. As a starter, estimate equal amounts of double-strength coffee and milk.

### Future Shop

On average, Americans continue to turn their love affair with seafood into a tango with shrimp. In 1996, it was the favorite fresh/frozen seafood product at 2.5 pounds per person. With an average of 40 to 50 shrimp per pound, that's a lot of gumbo, shrimp cocktail and scampi. The emergence of shrimp farming enables a constant supply of product throughout the year.

## Switch gears



By Janice Denham  
Staff writer

Labor Day weekend pushes summer aside. It celebrates the value of work by highlighting a day without work.

If school hasn't begun, this is the time. Daylight is shortening. The aura of long days is about to be replaced by set routines and prescribed projects.

It is a time to gather with friends and relatives to savor the passing summer by sharing photos of recent events, while re-energizing the personal machinery needed for a new season.

Brunch is a safe, easy way to tune up with friends and relatives.

Egg dishes are traditional. With or without yolks, eggs become memorable omelets, frittatas and quiches. They can be stretched with vegetables -- fresh, frozen or renewed. Fruit makes a refreshing and cool accompaniment.

A host or hostess can cook up a decision on whether to serve foods bite-size or by the plateful for eating with fork and knife. For instance, scrambled egg can be scooped onto plates in traditional form, or it can fill a tortilla or pita pocket to be eaten like a sandwich.

A quiche-style mixture, with or without crust, can be baked and cut in squares to serve as an appetizer or main course.

No cuisine is turned away from brunch. Green salad

is an easy way to incorporate a favorite. Italian dressing, Greek olives, French vinaigrette and Tex-Mex salsa give flavor punch that sets or expands flavors. Stir-fry or fried rice is equally at home on the brunch table, which usually is set for mid-morning hours but may extend into early afternoon.

To emphasize the cool side of the flavor spectrum without compromising intensity, serve pasta salad. Add parmesan cheese, chopped pepper from green bell to jalapeno to match a desirable "heat," fresh herbs like rosemary or basil or even tropical fruit and nobody will question its presence. After all, embarking on a new season precipitates new ideas into eating, too.

Omelets are easy to prepare to order. Multiply a recipe, if needed, for as many servings as desired. Keep chopped vegetables small to avoid tearing the egg. Fill them with taco sauce, pizza sauce, fruit chutney or salsa for individuality. In these recipes, egg and yolk-free egg product can be reversed. One-fourth cup egg product, which can be bought frozen or refrigerated, is equal to 1 whole egg. For a similar homemade product which must be cooked like raw egg, thoroughly mix 3 egg whites with 3 drops yellow food coloring, then mix in 1 teaspoon vegetable oil.

Keep an open mind to "brunch." The same dishes

SEE SWITCH IN TODAY'S FOOD PAGE 2

## QUICK SEAFOOD DIP

Spinach dip is a favorite on many party tables. Easy to mix, this one has the bonus of seafood.

In a saucepan, cook 2 cloves garlic, minced, in 1 tablespoon butter or margarine 1 minute. Stir in 1/2 teaspoon basil, crushed, and 1/4 teaspoon freshly ground pepper and about 1/8 teaspoon ground red pepper.

Add 1 package (12 ounces) frozen spinach, thawed and well drained, and 1/4 cup grated parmesan cheese. Heat through, stirring frequently.

Serve warm with crackers or melba toast.

Makes 2-1/2 cups dip.





# Today's Food

## Private Label Test Run

### 'Crunch-deficient' get quick pick-up

Schnucks reduced-fat cheese crackers and thin wheat snack crackers were the nibble of the week around the *Suburban Journals* testing table. Both disappeared, although the thin wheats went faster.

Each has a familiar, more expensive, national-brand counterpart, so the \$1.79 price tag on a 7-ounce package of cheese crackers or 9.5-ounce package of thin wheats were a consideration.

"I like that both of these lack that oily film in the full-fat varieties. I would buy both," a taster said.

Like most tasters, she preferred the thin wheats, with 4 grams fat in a serving of about 16 crackers. The package claims they have 30 percent less fat than the regular counterpart.

"The wheat 'wannabes' are really good. I like their wheaty flavor and crunchy texture. They had just enough salt, too," she said.

One taster called the wheat flavor "good and sharp," and they held up well under spreadable



Many office desks and home pantries keep crackers, like Schnucks reduced-fat cheese and thin wheat snack crackers, on hand for convenient nibbling.

cheese. Another called them "definitely worth the savings."

A taster noted the crackers' general attributes.

"I've noticed that sometimes the less expensive brands of crackers are not as crisp or fresh tasting as the name brands. But I didn't find that to be true

with the Schnucks snack crackers. I couldn't tell the difference," he said.

The cheese crackers claim to have 70 percent less fat than the regular product, with only 2 grams in a serving size of 29 crackers.

"I don't find the lower-fat cheese crackers to be as

tasty as I like, but maybe that's because the fat is taken so low," a taster said. "These kind of, of low that line of thinking."

Their crunchiness was noted as an attribute, with one taster disliking a greasy feel left on her hands after eating the full-fat varieties.

## Recipes

### HAM AND CHEESE DELI SALAD

- 1 cup potato salad dressing
- 1 tsp. creamy Dijon mustard
- 1 lb. red potatoes (7 to 8 medium), cooked, diced
- 4 oz. ham, diced
- 1 cup (4 oz.) shredded sharp cheddar or Swiss cheese
- ½ cup chopped dill pickle
- 1 small red onion, diced

In large bowl, combine dressing and creamy mustard. Stir in potato, ham, cheese, pickle and onion. Chill, covered, to blend flavors. Makes 8 servings.

### EASY PEPPER STEAK

- 1 pkg. dry brown gravy mix
- ¾ cup water
- 1 tsp. soy sauce
- 1½ to 2 lb. beef flank or sirloin steak, thinly sliced diagonally
- 1 tsp. oil
- 1 medium onion, sliced
- 2 bell peppers, cut in thin strips
- Cooked rice, if desired

Combine gravy mix, water and soy sauce. In large skillet, heat oil. Sauté steak 8 to 10 minutes until brown. Stir in brown gravy mixture. Bring to boil. Simmer 10 minutes.

Add onion and bell pepper. Simmer 10 minutes. Serve over rice. Makes 4 servings.

## Switch

Continued from Page 1C

can be served later than 2 p.m. — and it is called "dinner."

### AZTEC FRITTATA

- 1 can (11 oz.) Mexicali corn with peppers or 1½ cups kernel corn, drained, reserving liquid
- 1 can (15 oz.) kidney beans, rinsed, drained
- ¼ cup chopped red and/or green bell pepper
- 6 eggs
- 1 to 2 tsp. garlic powder
- 1 to 2 tsp. pepper sauce
- Salsa or taco sauce, if desired

Evenly coat 10-inch omelet pan or skillet (with handle completely wrapped in aluminum foil to make it ovenproof, if broiling) with nonstick cooking spray. Add corn, beans and pepper. Cook, covered, over medium heat 5 to 7 minutes until pepper is soft.

Beat together eggs, corn liquid with water added to equal ½ cup liquid, garlic powder and pepper sauce until blended. Pour over vegetables. Cook, covered, 8 to 10 minutes until egg is almost set.

At this point, frittata can be broiled 1 to 2 minutes until egg is completely set and lightly browned, or covered and left over heat until egg is completely set.

Cut in wedges and serve from pan, or slide from pan or invert onto serving plate. Serve with salsa, if desired. Makes 4 to 6 servings.

### BREAKFAST BURRITOS

- 1 large tomato, diced
- 2 tsp. finely chopped fresh or ½ tsp. dried leaf basil
- 1 medium potato, peeled, grated (about 1 cup)
- ¼ cup chopped onion
- 2 tsp. margarine
- 1 cup yolk-free egg product
- 1/8 tsp. pepper
- 4 (8 inch) flour tortillas, warmed
- ½ cup shredded reduced-fat cheddar cheese

In small bowl, combine tomato and basil. In nonstick skillet over medium heat, cook potato and onion in margarine, stirring occasionally, until golden and tender.

Add egg product and pepper. Cook until done, stirring occasionally. Divide egg mixture evenly between tortillas. Top with cheese. Fold up one end of each tortilla over filling, then fold in sides like an envelope.

Serve immediately topped with tomato-basil mixture. Makes 4 servings; 226 calories, 6 g fat and 364 mg sodium each.

### SPINACH-CHEDDAR SQUARES

- 1½ cups yolk-free egg product
- ¼ cup skim milk
- 1 tsp. dried onion flakes
- 1 tsp. grated parmesan cheese
- ¼ tsp. garlic powder
- 1/8 tsp. pepper
- ¼ cup dry bread crumbs
- ¾ cup (3 oz.) shredded fat-free cheddar cheese
- 1 pkg. (10 oz.) frozen chopped spinach, thawed, well drained
- ¼ cup diced pimiento

Preheat oven to 350°. Grease 8-inch square baking pan. In medium bowl, combine egg product, milk, onion, parmesan cheese, garlic powder and pepper. Sprinkle bread crumbs evenly on bottom of prepared baking dish. Top with ½ cup cheddar cheese and spinach. Pour egg mixture evenly over spinach. Top with remaining cheddar cheese and pimiento.

Bake in preheated oven 35 to 40 minutes until set. Let stand 10 minutes. Cut in 2-inch squares. Serve hot. Makes 16 appetizers; 39 calories, no fat and 134 mg sodium each.

## Micro Raves

### Japanese use 'rangees' in home-sweet-homes

When the Chinese government took over Hong Kong, I had the opportunity to be in Asia with teachers participating in the Missouri-Japan Project. It was arranged through the International Education Consortium on a grant from the Hitachi, Danforth and Rockefeller Foundations. It was an exciting time for all countries in that part of the world.

We found the Japanese live in a modern country that adheres to many of its ancient customs.

They have a hectic life style, not unlike ours, and love electronic appliances, especially small ones, so the microwave oven is a perfect fit for them.

"Rangees," as they are called, cost between \$100 and \$1,000 American dollars, depending on the size and number of features. Smaller than U.S. brands, most have turntables. Some feature shelves and browning units, while others come with accessories, such as dishes. Examples for the Kanji characters (Japanese letters) on the control panels, I felt right at home with them.

Japanese kitchens, like their homes, are usually rather small to avoid wasting space. Like Americans, they do not use their microwave ovens to their full

### EDA MAME

- 1 (16 oz.) bag frozen soy beans
- Water
- 1 tsp. salt
- 1 tsp. sugar

Place frozen soybeans in bowl. Cover with water. Add salt and sugar. Stir well. Microwave, covered, on high power 6 to 8 minutes, stirring at least once. Mixture should come to full boil, but beans remain bright green and crisp.

Immediately drain and rinse with cold water until cool. Drain.

Store in refrigerator. Eat peas directly out of pods as appetizer. Discard pods.

capability, preferring to use a "hot plate" (their wok) or other traditional methods. Not all school foods labs are equipped with them, although faculty rooms and principals' offices seem to have them. Like in U.S. schools, about half the home economics ("kateka") students are male.

Most Japanese wash their own dishes. If they have a dishwasher, it is portable about the size and shape of a breadbox. Whether electric, gas, propane or butane, cooktops have only two burners.

When I stayed with Japanese families, we ate and slept on the floor of a single room. In the eastern-style bathrooms, they clean before taking a bath. Everyone in the family

uses the same bath water. Some people use communal bath-houses, which were available when the group stayed in dormitories. Now that I am home, it is hard to break the Japanese habit of kicking off my shoes as I walk in the door.

Most of the food was very good, although the habit of eating fish — especially raw fish — all the time was getting a little old by the time we left. On the plane home, I ordered the beef teriyaki instead of my typical seafood platter.

The Japanese, not unlike Americans, seem to eat out a lot. Often they grab a bite to eat on the way home from work.

Fast food is very popular. Most of it is Japanese, but there seemed to be more McDonald's "golden arch-

es" in Tokyo than in any city I ever visited. A prediction that absorbing our country's bad eating habits will result in problems of obesity and heart disease seems legitimate.

The Japanese have few cash crops, but many tend gardens. Rice, which they eat polished like Americans, is one major crop.

The other is soybeans. Soy is eaten as sauce, tofu and miso, and ground into flour. The beans are cooked and eaten as a snack or appetizer ("mame") means "soybean" right out of the pod.

The Japanese do not have a term for menopause because they experience few of its symptoms. Much research is going into the study of soy, which is rich in natural estrogens, as the cause of this phenomenon.

Soy sauce, tofu and soy flour are available at most grocery stores. Miso and frozen soybeans can be bought at Asian grocery stores and health food stores. Eda Mame is a popular appetizer, often eaten with a glass of beer at bars.

For more soy recipes, contact the Soy Association, toll-free 1-800-662-3261. Registered dietician Kathy Hanewinkel specializes in microwave cooking.

### Muffins need minimal salt

The recipe for Bacon Cheese Muffins in last week's Micro Raves column called for too much salt. Hopefully the zapper cooks held up their shakers.

Here is the recipe in its entirety. The *Journal* regrets the error.

### BACON CHEESE MUFFINS

- 6 slices bacon
- 2 cups flour
- ¼ tsp. salt
- 1 tsp. baking powder
- 2 tsp. sugar
- ½ cup (2 oz.) grated sharp cheddar cheese
- 1 egg
- ¼ cup oil
- 1 cup milk

On microwave-safe plate, place bacon in single layer on several layers of paper towels. Cover with 1 paper towel. Microwave on high power 5 minutes. Remove top towel. Crumble bacon.

Place 2 paper cupcake liners in each microwave-safe custard or muffin cup. Measure flour, salt, baking powder, sugar, bacon and cheese into large bowl. Stir well. Make well in center of ingredients.

Beat egg in small bowl. Add oil and milk. Add to dry mixture. Stir until just moistened.

Spoon batter into cupcake papers, filling one-third full. If using custard cups, arrange in circle in microwave oven. Cook according to number of muffins desired, estimating 30 seconds for 1 muffin and 2½ to 3 minutes for 6 muffins.

Refrigerate extra batter to use within 3 days; or bake entire batch and freeze extras to reheat individually in microwave 10 to 15 seconds.

### SCRAMBLED EGG AND TOMATO SANDWICH

Grill or broil 8 slices (½-inch thick) country-style whole-grain bread, each thinly spread on 1 side with olive oil. Keep warm.

Over low heat, melt 2 tablespoons oil. Cook 2 cloves garlic, finely chopped; 4 tablespoons finely chopped Italian parsley, and ¼ teaspoon hot pepper flakes 2 to 3 minutes.

Add 4 eggs, lightly beaten. Cook and stir until mixture starts to form small curds. Gently fold in 1 large tomato, cored and finely diced, and 1 tablespoon capers. Cook mixture is just warm. Salt and pepper to taste.

Divide egg mixture over 4 slices bread. Top each with 3 leaves fresh basil and sprinkle with grated parmesan cheese. Cover with remaining toast. Cut in half.

Serve immediately.

### BERRY AND PEACH SUNDAES

In bowl, combine ¾ cup glaze for strawberries or peaches (in produce section) with ¼ teaspoon almond extract. Spoon ½ cup vanilla nonfat frozen yogurt into each of 6 dessert dishes.

Divide 2 medium fresh nectarines or peaches, sliced, 1 cup blueberries and glaze mixture evenly among dishes. Garnish with fresh mint sprigs, if desired.

Makes 6 servings; 126 calories, no fat and 84 mg sodium each. Dietary exchanges: 2 fruit.

### ORIENTAL DRESSING AND MARINADE

Combine ½ cup picante sauce, 2 tablespoons oil, 2 teaspoons soy sauce, 2 teaspoons white wine vinegar and 1 teaspoon sugar. Mix well. Use as marinade for tender-crisp cooked broccoli, mushrooms or other favorite vegetables, or toss with mixed green salad ingredients. Makes about ½ cup dressing.

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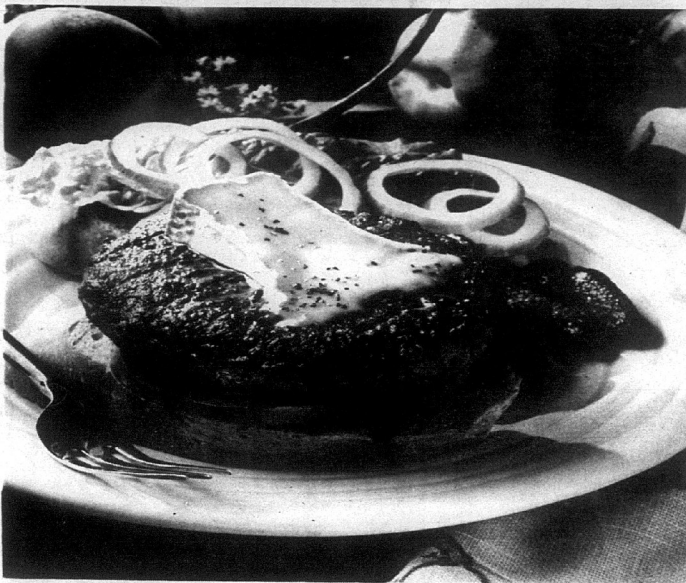
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# Today's Food

## Ethnic tune-up imparts global appeal to burger



Serve burgers with a continental spin. Mix ground pork with red wine, garlic and ground pepper before grilling. Melt a wedge of brie atop and serve with grilled Italian bread.

Bring hot ethnic twists to ground pork burgers.

Food professionals see Asian, Thai, Mediterranean and Caribbean foods as the hottest cuisines today, according to a poll conducted for the National Pork Producers Council. The same survey found basil, thyme, garlic, cinnamon, oregano, olive oil, rosemary, balsamic vinegar and nutmeg as essential ingredients in contemporary kitchens.

Use imagination to experiment with seasoning ideas to give pork burgers international flair. Here are starters that include condiments, matching cheeses and suggestions for breads:

**Riviera Burger:** Add 1 clove garlic, crushed, to 1 pound ground pork. Shape into 4 burgers and grill. Season cooked burgers with pepper. Top with sautéed mushrooms and crumbled blue cheese.

**Italian Burger:** Season 1 pound ground pork with 1 teaspoon dried oregano. Shape into 4 burgers and grill. Top each cooked burger with a spoonful of seasoned tomato sauce and grated mozzarella cheese. Cover grill briefly to let cheese melt.

**Santa Fe Burger:** Season 1 pound ground pork with 1/2 teaspoon ground cumin and 1 teaspoon chili powder. Shape into 4 burgers and grill. Top burgers with roasted green chiles and Monterey Jack cheese.

**Caribbean Burger:** Season 1 pound ground pork with 1/4 teaspoon thyme, 1/4 teaspoon oregano and 1/4 teaspoon cayenne pepper. Shape into 4 burgers and grill. Serve with bottled Caribbean-style hot sauce, sliced mango, red onion, chopped cilantro and corn muffins.

**Oriental Burger:** Season 1 pound ground pork with 2 teaspoons grated ginger root, 2 teaspoons soy sauce and 1 clove garlic, crushed. Shape into 4 burgers and grill. Top burgers with grilled pineapple. Serve with flour tortillas.

**Greek Burger:** Season 1 pound ground pork with 1 teaspoon lemon-pepper seasoning and 1/2 teaspoon crushed dried rosemary. Shape into 4 burgers and grill. Top each with mixture of plain yogurt, crushed cumin seed and chopped onion and cucumber. Serve with grilled Italian bread.

**Scandinavian Burger:** Season 1 pound ground pork with 1 tablespoon raspberry jam, 1 tablespoon prepared horseradish and 1/4 teaspoon white pepper. Shape into 4 burgers and grill. Serve with rye bread.

**Indian burger:** Season 1 pound ground pork with 2 tablespoons plain yogurt; 1 clove garlic, crushed; 1/4 teaspoon ground coriander; 1/4 teaspoon cumin, and 1/4 teaspoon red pepper. Shape into 4 burgers and grill. Serve with pita bread

halves. The National Pork Producers Council offers readers a free booklet with recipes that make the most of ground pork. Send a self-addressed, stamped, business-size envelope to: Battle Burger Boredom, NPPC, P.O. Box 10383, Des Moines, Iowa 50306.

### BURGERS A LA FRANCAISE

In medium bowl, mix together 1 pound lean ground pork, 2 tablespoons red wine, 1 clove garlic (crushed) and 1 teaspoon freshly ground black pepper. Pat into four patties.

Grill over medium hot coals about 5 minutes on each side. Before removing from grill, add wedge of brie cheese to each burger. Close grill hood, let cheese melt about 1 minute.

Serve burgers open-face on grilled Italian bread. Makes 4 servings. **Serving Ideas:** Serve with sliced garden-ripe tomatoes and red onion sprinkled with coarsely ground pepper and Dijon mustard, as well as small sweet pickles and cured black olives, on the side. Beaujolais is a good wine selection. Fruit pastry or sorbet matches for dessert.

## Recipe

### NUTTY VEGETABLE PILAF

- 1 tbsp. oil
- 2 cups coarsely chopped broccoli
- 2 medium carrots, cut in julienne strips

- 1 medium onion, chopped
- 1 cup sliced fresh mushrooms
- 2 cloves garlic, minced
- 1/2 tsp. leaf thyme

- 1/2 tsp. leaf basil
- 1/2 tsp. salt
- 1/4 tsp. pepper
- 3 cups cooked brown rice (cooked in reduced-sodium chicken broth)
- 1/2 cup chopped pecans, toasted
- 1/2 cup shredded parmesan cheese, if desired

Heat oil in large skillet over medium-high heat. Cook and stir broccoli, carrot and onion 5 to 7 minutes until broccoli and carrot are ten-

der and onion begins to brown.

Add mushrooms, garlic, thyme, basil, salt and pepper. Cook and stir 2 to 3 minutes until mushrooms are tender.

Add rice and pecans. Cook and stir 1 to 2 minutes until well blended and thoroughly heated.

Just before serving, sprinkle with cheese.

**Notes:** For meatless main dish, cook rice in vegetable broth.

To toast pecans, on baking sheet, bake pecans 5 to 7 minutes in 350° oven until they just begin to darken and become fragrant.

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# Today's Food

## Polenta passed by generations

By Dana Jacobi  
Correspondent

Even though I'm not Italian, polenta is a family tradition. Thanks to my Rumanian grandfather, we often ate this cornmeal mush, but we called it "mamaliga." I particularly liked it when my grandmother fried thick slices of cold mamaliga in butter until they were browned and crisp outside and creamy inside.

The task of vigorously whisking raw polenta into boiling water, followed by standing and stirring the 40 minutes necessary to turn the coarsely stone-ground grain soft and creamy eventually became too much of a bother. Although I tried instant polenta and rolls of precooked polenta, I could not accept their flavor or texture.

Because of this desire to enjoy real polenta without the fuss, I was delighted to discover chef Gary Danko's stir-free technique for making polenta in the oven. In an innovative twist, Gary uses baked polenta to accompany a cioppino, a local seafood stew.

My personal choice is to serve squares of it to soak up juices from chicken cacciatore and other flavorful dishes. Sometimes I just cover the whole slab with tomato sauce and cheese to make a polenta "pizza." On a smaller scale, pizzette are nice, too. For a light, palate-pleasing meal with lots of variety, decorate each polenta square with a different topping. The varieties are endless. This recipe is a starter.

Dana Jacobi, author of "Best of Clayport Cooking," and "The Natural Kitchen: Soy!", submits this material on behalf of the American Institute for Cancer Research.

### THAI-STYLE PORK CHOPS

- 4 pork chops (about 1 1/4 inches thick), well trimmed
- 1 tsp. grated lemon peel
- 4 cloves garlic, crushed
- 1/4 cup grated ginger root
- 1 tsp. chili powder
- 1/2 tsp. ground coriander
- 1/2 tsp. black pepper
- 1/2 tsp. crushed red chiles
- 3 tsp. water

In blender, process lemon peel, cloves, ginger, chili, coriander, red and black pepper and water until smooth.

Spread about 2 teaspoons paste on each chop, covering both sides. Cover chops. Refrigerate 2 to 24 hours.

Prepare kettle-style grill until heat is medium-hot. Grill chops directly over coals, covered, 7 to 8 minutes per side.

Serve immediately.  
Makes 4 servings.

### INDONESIAN RICE

Cook 1 cup long grain rice according to package directions, substituting coconut milk for half the water. Stir in 2 tablespoons mustard seed, 1/4 cup toasted flaked coconut and 1 teaspoon seasoned salt.

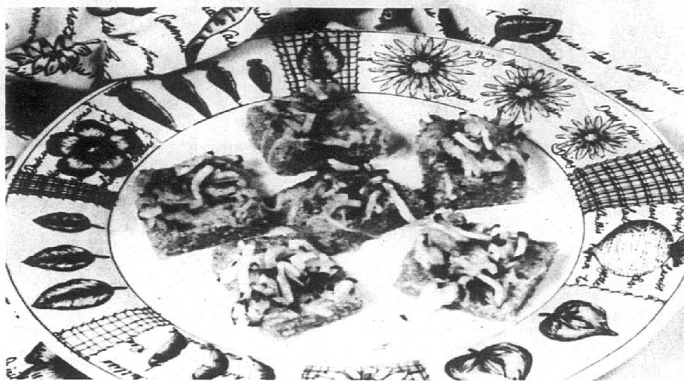
Makes 4 servings.

### CUCUMBER AND RED PEPPER SALAD

Thinly slice 1 large cucumber. Place in medium shallow serving bowl. Toss with 1/2 red onion, thinly sliced, and 1/2 red bell pepper, seeded and diced.

Combine 2 tablespoons sugar, 1/4 cup rice vinegar, 1 teaspoon salt, 1/2 teaspoon crushed red pepper and 1/4 cup chopped fresh cilantro. Drizzle over vegetables. Let stand at room temperature up to 2 hours until ready to serve.

Makes 4 servings.



Polenta pizzette inspire toppings that include zucchini and bit of melted mozzarella.

### ZUCCHINI POLENTA PIZZETTE

- 1 tbsp. extra-virgin olive oil
- 2 large shallots, finely chopped (about 1/2 cup)
- 2 medium zucchini, coarsely grated
- 1 tsp. basil
- Salt and freshly ground pepper
- Polenta, baked in 9 inch square
- 1/2 cup shredded part-skim mozzarella cheese

Heat oil in heavy medium skillet over medium-high heat. Sauté shallot 5 to 6 minutes until soft. Add zucchini and basil. Cook about 8 minutes until squash is bright green and liquid has evaporated. Season to taste with salt and pepper.

Preheat oven to 375°.

On cutting board, cut

polenta vertically into sixteen (2 1/4-inch) squares, then cut each square in half horizontally, making 32 squares.

Arrange pieces in single layer on baking sheets, leaving 1/2 inch between squares. Over each square, sprinkle 2 teaspoons grated mozzarella, then cover with 1 tablespoon zucchini.

Bake in preheated oven 6 to 8 minutes until polenta and topping are hot and cheese is melted.

Serve warm.

Makes 32 squares, 38 calories and 2 g fat each.

### OVEN-BAKED POLENTA

- 1 tbsp. extra-virgin olive oil
- 1 cup polenta (not instant, or stone-ground yellow

cornmeal  
4 cups boiling water  
1 tsp. salt

Preheat oven to 350°.

In medium cast iron or other heavy oven-proof skillet, heat oil over medium-high heat. Using wooden spoon, mix in polenta, mixing about 5 minutes until it is coated with oil and hot to the touch. Reduce heat, if necessary, to avoid browning. Turn off heat.

Carefully whisk in boiling water, stand back to avoid splattering mixture. When polenta is smooth, mix in salt.

Bake polenta in preheated oven 45 minutes until thick and slightly grainy, but tender to the bite.

Coat 9-inch square baking dish with nonstick cooking spray or oil. Pour hot polenta into pan, scraping as much as possible from skillet. Smooth polenta with moistened rubber spatula.

## Ethnic seasonings pack aboard vacation flavors

Take global flavors from the kitchen to the outdoors. When grilled, Asian, Mediterranean, Caribbean and Mexican flavors — the most popular ethnic cuisines — take on new dimensions.

Before the next grilling session, decide on a flavor range. Choices are unlimited. Explore the pantry for ingredients and seasonings overlooked, such as spice/herb blends, jams or marmalades, flavored vinegars, peanut butter and salad dressings. They go beyond their traditional uses onto pork chops and roasts for the grill.

Try new flavoring methods — glazing, marinating

or rubbing — to enhance the subtle flavor of pork and experiment with new flavor profiles:

- Glazing: Create a glaze with a favorite barbecue sauce, a shot of soy sauce and fruit preserves. Brush on sauces only at the end of grilling to prevent burning.
- Marinating: Practice patience. Let pork chops and roasts marinate before grilling in a bath of flavor from an hour to a day. Marinades are simply-seasoned liquids that infuse extra flavor into foods.

- Rubbing: Rub pork with dry seasoning blends like "jerk" cumin, thyme and allspice — for a taste of the West Indies, or add

the five spices of cinnamon sticks, anise, cloves, fennel seeds and peppercorns for an Asian flavor. Rubbing spices onto the surface of meat delivers a flavor punch without adding fat.

For perfect pork chops, grill them directly over hot coals, covered with the grill hood. Turn chops once and cook to medium doneness.

Check for medium doneness by touching the center of chops with tongs. When perfectly done, there should be a slight give. Correctly cooked chops may have a slight blush of pink in the center, but juices run clear. Total cooking time depends on the thickness of the meat.



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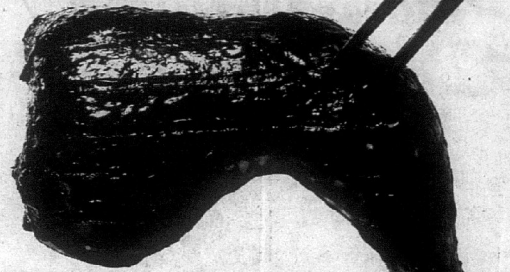


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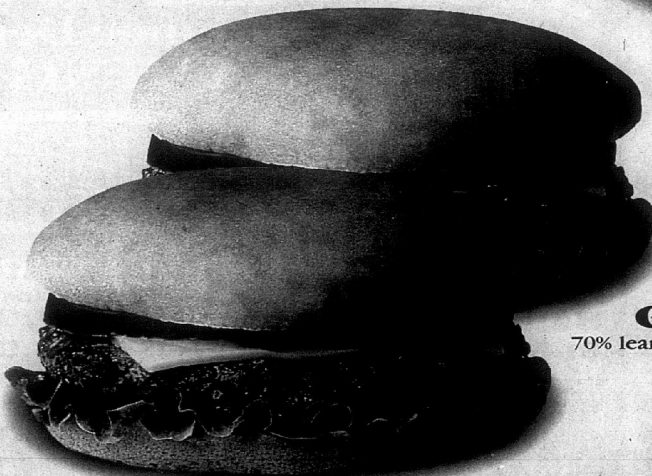
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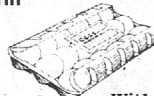
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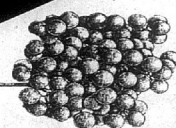
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# Today's Food

## Medicine Chest

**By REBECCA COLEY**

## Summer food fare may not agree with medications

Picnics, barbecues and other summer outings offer menus that differ from other times of the year. Many people have a tendency to switch to lighter foods, such as fruits and salads.

found in leafy green vegetables, broccoli, spinach and salads. Too much of these good foods counteracts the the drug's effectiveness.

The dose can be adjusted over time. Dosage of the drug cannot change quickly when the diet swings like a pendulum all the time. Therefore, moderate amounts of these foods should be consumed regularly, so the dose of the drug can be adjusted appropriately.

Healthy eating is always a good idea, but dramatically changing an eating routine can be significant for people taking certain drugs. Many classes of drugs can be affected by the presence of food, which puts older patients who take more drugs at higher risk.

Summer is a good time for ice cream, yet dairy products also may interfere with some foods. Dairy products primarily inhibit absorption of some drugs so it is best to separate taking medication and dairy products by several hours for easy control. Wine and cheese also may interact with medications.

The most notable drug interaction involves the drug warfarin. Warfarin is used to prevent blood clots. This drug must be monitored carefully because too much will not allow blood to clot when it should, like for small cuts, and too little is not effective in preventing serious blood clots.

Knowledge of drug-food interactions does not mean people should avoid eating

favorite foods. What is important to know is that drugs are affected by what is eaten. A dramatic change in eating may possibly affect how medications work. Moderate changes are always the best route to take.

It does mean people should become informed about foods that interact with medications they take and how serious interactions can be avoided. Written information that comes with drugs always should be read and questions that arise asked of the provider.

Registered pharmacist Rebecca Coley is a board member of the Missouri Society of Health-System Pharmacists. Column ideas or questions can be addressed to her by e-mail at [rcoley@htsmail.com](mailto:rcoley@htsmail.com) or mailed to her at: Medicine Chest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

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# Today's Food

## Blue Ribbon Cook

### Meat and vegetables winners on the grill

Mrs. Terry Hart, Columbia, Ill., is this week's winner of dinner certificates to the Pasta House Co. for Best Beef Shish Kabobs.

The versatile recipe can be used for meat, specifically sirloin tip steak, but also chicken breast. She takes advantage of the variety and economy of fresh vegetables available this time of year to add them to the skewers. She serves the combination over hot rice.

This is the last call for the month's Best-of-Garden Recipe Contest, which should reflect the bounty from the late-summer garden. Suggested vegetables could be tomatoes (red or green), cucumbers, peppers, eggplant, potatoes, squash and anything else that is a big producer. Entries will be accepted through Aug. 31.

Send a single recipe for a garden vegetable to: Best-

of-Garden Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

Each Wednesday in September a winner will be chosen on the basis of taste and eye appeal, as well as originality, although the recipe need not be original. Double-check directions and specific amounts, giving variations that individualize the recipe.

If possible, tell where the recipe came from and give specific information about special touches that give it a personal signature or a special story about when it was served.

Indicate which Journal newspaper you receive. Duplicate entries will be considered on the basis of earlier entry or best compliance with rules. Contest winners may enter again six months after their prize-winning

publication date.

#### BEST BEEF SHISH KABOBS

- 2 lb. beef sirloin tip steak (or chicken breast), cut in 2 inch cubes
- ¼ tsp. pepper
- ¼ tsp. oregano
- ¼ tsp. thyme
- 2 tsp. minced garlic
- 2 tsp. lemon juice
- ½ cup canola or olive oil
- Suggested fresh vegetables: mushrooms, sliced zucchini or yellow squash, green bell pepper (cut in 8 pieces), onion (quartered), cherry tomatoes

Combine pepper, oregano, thyme, garlic, lemon juice and oil. Toss meat in mixture. Marinate, covered, at least 5 or 6 hours.

and ¼ cup quick-cooking oats, uncooked. Sprinkle about 2 tablespoons topping on each muffin half.

On cookie sheet, bake crumb cakes in preheated 350° oven 20 to 25 minutes. Cool 30 minutes before serving.

each cut half of 3 English muffins, halved and lightly toasted. Evenly arrange 1 cup fresh blueberries on top.

Cut 2 tablespoons butter or margarine into 2 tablespoons flour until mixture resembles coarse crumbs. Stir in ¼ cup packed brown sugar

## Heart-y Bites

By SHERRI HOYT

### Pick a flavor in hunt for 'berried' treasure

Witting under the heat of the July sun, my son Tyler and I combed the blackberry bushes one last time. It was a desperate attempt to top off our buckets, to glean the golfball-sized fruits we overlooked the first time through the path.

Finally, carrying our treasures to the checkout stand, we overheard a snippet of lighthearted conversation between the owner of the you-pick farm we have frequented for years and a rookie picker, "...I would say she is almost a 'professional' berry picker."

Snickering at the fitting description of myself, I glanced at my purple-stained fingers and realized it was true.

I am addicted to the berries of summer. It begins with the arrival of strawberries, progresses to raspberries and blackberries in June and July, then reverts back to raspberries for the late-summer variety.

Raspberries truly hold our hearts. Between seasons now, we anxiously await the later variety to ripen. In his nearly five years, my son has become a skilled picker and a fellow fiend of the tiny red morsels. We began visiting the berry patch when he was an infant, happily perched in the backpack,

surveying the fields between naps.

These days, our picking is filled with busy chatter, silenced only by the occasional sampling of a berry, his small fingers learning to pluck the fruit gently from its stem.

Helping pick has added to Tyler's repertoire of "will-eat" foods. I can testify the child-rearing mantra of "if they help grow it, they will help eat it" reaps the same results with picking as growing.

My son has yet to refuse any produce has helped harvest. If only an asparagus patch were hiding below the berry bushes!

The thimble-like berries he compares to candy outdo their confectionery competitors in nutrition. One-half cup of raspberries provides one of the five recommended daily servings of vegetables and fruits, plus a respectable dose of vitamin C, fiber and the carotenoid lutein. Like their relative, the rose, raspberries are found in a rainbow of varieties, including red, black, golden and purple.

Certainly delicious eaten simply out-of-hand, my family's favorite raspberry recipes showcase the fruit in all its glory.

If a pick-your-own farm is not available and super-

market berries seem expensive, indulge in a few premium-priced berries. These ideas take them a long way toward fulfilling that summer yearning.

• Sprinkle berries atop gingerbread pancakes. To make pancakes, follow the cake recipe on a package of gingerbread mix, then thin to batter consistency with extra water. Cook like traditional pancakes.

• Add them to dark, leafy salad greens. Toss with raspberry vinaigrette dressing.

• Mix with a can of raspberry-flavored peaches. Serve with honey-almond yogurt.

• Stir into quick bread and muffin recipes. They mate well in flavor with banana and poppy seed varieties.

• Puree raspberries, then press through a sieve to remove seeds. Mix with Dijon mustard, honey, minced garlic and black pepper. Baste on grilled chicken or pork.

• Combine with sliced banana, kiwifruit, pineapple and mandarin oranges. Add a splash of orange liqueur and toasted almonds.

Registered dietitian Sherry Hoyt is a member of the nutrition committee of the American Heart Association, St. Louis Chapter.

#### BLUEBERRY CRUMB CAKES

In medium bowl, beat 1 package (8 ounces) cream cheese, softened; ¼ cup sugar; 1 egg, and 1 teaspoon vanilla until smooth. Place about 2 rounded tablespoons of cream cheese mixture on

## Good Health

By MELANIE POLK

### Smart school routines hold nutritious snacks

With school bells starting to ring, the beginning of a new school year is a good time for a lesson or two on nutrition for kids. With a little creativity, persistence and nutritional know-how, brain-power breakfasts, healthful lunches and super snacks are easy to make.

A good breakfast should provide more than one-third of a day's nutrients. It helps children learn in school and maintain a healthy body weight and cholesterol level. Although time is tight in the morning, children can get off to a great start.

A bowl of high-fiber cereal with skim or low-fat milk, plus fruit or juice, is simple enough. Creativity enhances offerings.

Make a breakfast pizza by topping a whole-grain English muffin with pasta sauce and shredded cheese. Serve a pancake or toasted waffle with a topping of peanut butter and apple butter. Assemble a breakfast sundae by filling a parfait glass halfway with low-fat yogurt, adding crushed whole-grain cereal, diced fruit and yogurt and topping it off with more cereal.

Making a healthful school lunch for a child who eats the same thing every day is no problem if those favorite foods, like peanut butter or turkey, are reasonably healthful. The challenge comes with unhealthy foods and variety, which remains critical to a nutritious diet.

Keep offering new foods in addition to their favorites and gradually children

may accept a wider variety of lunch items. Help avoid swapping by cutting foods in smaller pieces so that just a part can be shared. Remember that the more appealing the meal, the less likely it will be swapped.

Offer a chicken salad pie, filled with chopped lettuce and tomato, shredded cheese, chunks of baked chicken and low-fat ranch dressing. For lunch another day, roll roast beef in a tortilla and accompany with carrot and celery sticks and other bite-size veggies.

After school, when children come home ready to raid the refrigerator, serve a quick yet healthful snack, like baked tortilla chips and salsa. Better yet, encourage kids to get active in the kitchen by letting them make their own fruit dip by whisking together ¼ cup low-fat yogurt, 2 tablespoons confectioner's sugar and 1 tablespoon lemon juice. Once chilled, serve the dip with sliced nectarine, kiwi, apple, strawberries and pineapple chunks.

Peanut Butter Chews provide quick snacking energy. Make them by thoroughly blending ½ cups low-fat granola cereal, 1 cup nonfat dry milk, 1 cup chunky or plain peanut butter and ¼ cup applesauce. Spoon the mixture into 8 paper-lined muffin cups and refrigerate until firmly chilled.

Sandwiches are a lunch box favorite. Spreading whole-grain bread or buns with this white bean mixture provides a light, satisfying noontime meal.

For a free brochure with other ways to sneak healthy attributes into sandwiches, send a self-addressed, business-size envelope stamped with 55 cents postage to: American Institute for Cancer Research, Department HS, P.O. Box 97187, Washington, D.C. 20090-7187.

Registered dietitian Melanie Polk is director of nutrition education for the AICR in Washington.

#### HERBED BEAN SANDWICH SPREAD

- 1 can (16 oz.) cannellini beans, drained, rinsed
- 1 tbsp. lemon juice
- 1 tsp. capers
- 1 tsp. olive oil
- ½ tsp. leaf marjoram
- ½ tsp. basil
- ½ tsp. thyme
- ¼ tsp. pepper
- Leafy green lettuce

Process beans in food processor or blender slightly.

Add lemon juice, capers, oil, marjoram, basil, thyme and pepper. Mix until just combined.

Spread on 4 toasted, split whole-grain pita rounds.

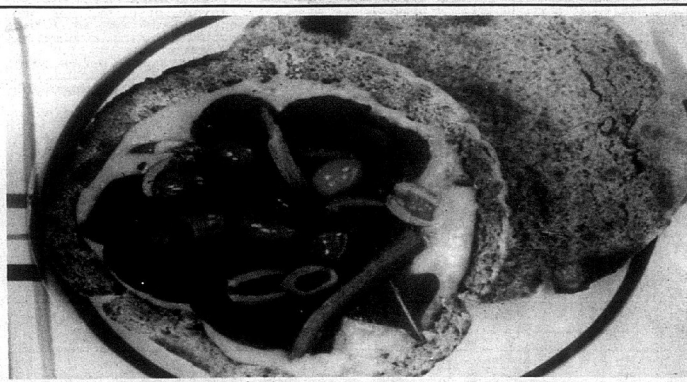
Top with Boston, bibb or green leaf lettuce, or try a more exotic choice, like arugula, watercress or radicchio.

Makes 4 servings, 143 calories and 1.5 g fat each.

from areas not sprayed by insecticides. The petals should float after the ice melts.

cube trays with water or an appropriate juice adds a festive note to a punch bowl. Use young, fresh flowers

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Its free newsletter includes recipes using dried tomatoes, with an aura of their source, the Sonoma Valley of northern California.

To become a member, write, phone or fax: 5:15 Club, Timber Crest Farms, 4791 Dry Creek Road, Healdsburg, Calif. 95448, phone (707) 433-8251, fax (707) 433-8255.

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## Pick for

Pickles  
peppers  
summer  
barbecue  
occasions.  
They add  
color to a  
spicy, sweet  
mellow fruit  
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# Today's Food

## Pick a peck of pickles for snacking anytime

Pickles and pickled peppers fit perfectly into summer meals, picnics, barbecues and special occasions.

They add crunch and color to dishes, plus add spicy, sweet, zesty, hot or mellow flavors to sandwiches and salads. Their juice adds zip to marinades for foods that go on the grill.

Just use pickle or pickled pepper juice in place of vinegar in a favorite marinade recipe, or mix ½ cup pickle or pickled pepper juice with ½ cup oil and add crushed garlic for a zesty mixture that complements chicken, pork or beef. The longer foods marinate, the more intense their flavor.

They are convenient to use. Each American, on average, munches on about nine pounds of pickles per year, so there probably is a jar already in the refrigerator or pantry. Keep a variety on the shelf as a handy staple.

Both are perfect, eat-

out-of-hand snacks kids of all ages love. Cut open a pickled pepperoncini pepper and stuff with a strip of Monterey Jack or cheddar cheese. For the younger set, insert a pop-sicle stick into a chilled, whole dill pickle for a hand-held "Chilly Dilly."

Pickles and pickled peppers, loaded with flavor, have no fat and very few calories — a waist-watcher's dream.

There are more than 36 kinds of pickles, each with many variations, and nearly 20 types of pickled peppers, so at least one variety usually pleases any palate.

For more quick, easy and flavorful pickle and pickled pepper recipes, send a self-addressed, stamped, business-size envelope to: "The Secret Is... Pickles," Pickle Packers International, c/o DHM Group Inc., P.O. Box 767, Department FF, Holmdel, N.J. 07733.

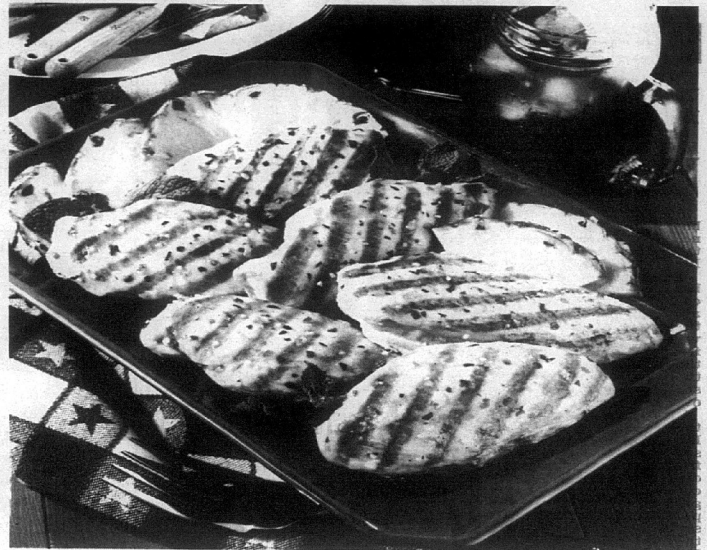
### GERMAN PICKLED POTATO SALAD

- 1½ lb. red potatoes, cut in 1 inch chunks  
1 pkg. (8 oz.) sliced bacon, diced  
1 cup sliced kosher dill pickle (½-inch slices)  
2 large scallions, sliced  
¼ cup cider vinegar  
1 tsp. sugar  
¼ tsp. salt  
¼ tsp. pepper

In 2-quart saucepan, cover potatoes with water. Bring to boil over high heat. Reduce heat to low. Simmer, covered, 15 minutes or until potatoes are just tender. Drain.

Meanwhile, in 12-inch skillet over medium-high heat, cook bacon until crisp, stirring occasionally. Drain bacon on paper towels. Discard all but 1 tablespoon drippings from skillet. Over medium heat, add potatoes, pickle, scallion, vinegar, sugar, salt and pepper.

Cook 3 to 5 minutes



Before grilling chicken, marinate it in a mixture of Italian salad dressing with flavorful accents.

## Year-round pastime develops from grilling

The season never ends for planning a get-together that has grilled food on the menu. A cuisine has evolved with accompaniments from potato salad and baked beans to watermelon baskets and brownies.

Any grill can work on a favorite — chicken.

Melanie Barnard, author of "Marinades" (Harper-Perennial, \$10), says at her house no chicken, whether smoked or grilled, ever goes unmarinated. The marinating ingredients of oil, vinegar and herbs infuse chicken with incomparable flavor.

She finds the preparatory step easy by using a basic marinade that begins with a bottle of Italian salad dressing. Personal touches include a few hot pepper flakes, a handful of fresh herbs or a squeeze of citrus juice.

There are other places in a picnic or patio meal where Italian salad dressing can be put to good use. In pasta and potato salad, it is poured over warm ingredients, then tossed to let the flavor permeate before colorful chopped pepper, scallion and tomato

are added. To freshen made-ahead salad, it can be tossed lightly with a little more dressing and a sprinkling of chopped fresh herbs to finish.

To send for a free copy of recipes for marinating and grilling, send name and address to: Wish-Bone Year-Round Marinating and Grilling Recipes, P.O. Box 1100, Grand Rapids, Minn. 55745-1100.

### BARBECUED ISLAND CHICKEN

- ¾ cup firmly packed dark brown sugar  
½ cup Italian salad dressing  
½ cup pineapple juice  
2 tbsp. chopped fresh mint  
1½ tsp. grated ginger root  
6 boneless, skinless chicken breast halves (about 2 lb.)

In small bowl, combine brown sugar, salad dressing, juice, mint and ginger.

In large, shallow, non-aluminum baking dish or a plastic bag, pour 1 cup marinade over chicken and turn to coat. Cover or close bag.

Marinate in refrigerator, turning occasionally, up to 3 hours. Refrigerate remaining ¾ cup marinade.

Remove chicken from marinade, discarding used marinade. Grill or broil chicken, brushing with chilled marinade, until chicken is no longer pink.

Serve, if desired, with grilled pineapple wedges. Makes 6 servings.

## Recipe

### NUTTY VEGETABLE PILAF

- 1 tbsp. oil  
2 cups coarsely chopped broccoli  
2 medium carrots, cut in julienne strips  
1 medium onion, chopped  
1 cup sliced fresh mushrooms  
2 cloves garlic, minced  
¼ tsp. leaf thyme  
¼ tsp. leaf basil  
¼ tsp. salt  
¼ tsp. pepper  
1 cup cooked brown rice (cooked in reduced-sodium chicken broth)  
½ cup chopped pecans, toasted  
¼ cup shredded parmesan cheese, if desired

Heat oil in large skillet over medium-high heat. Cook and stir broccoli, carrot and onion 5 to 7 minutes until broccoli and carrot are tender, and onion begins to brown.

Add mushrooms, garlic, thyme, basil, salt and pepper. Cook and stir 2 to 3 minutes until mushrooms are tender.

Add rice and pecans. Cook and stir 1 to 2 minutes until well blended and thoroughly heated.

Just before serving, sprinkle with cheese.

Notes: For meatless main dish, cook rice in vegetable broth.

To toast pecans, on baking sheet, bake pecans 5 to 7 minutes in 350° oven until they just begin to darken and become fragrant.

the microwave oven before grilling to minimize burning and flare-ups. Cook 4 servings chicken on high power 15 minutes.

### QUICK BARBECUE CHICKEN

Partially cook chicken in



### FEELING FIT

BY MARK LYMBERPOULOS

Top models today show off firm arms and muscle definition. Biceps curls with weights can build strength and correct flabbiness. Start with arms down, palms up; bend elbows to bring weights up to shoulders, then lower slowly. Work up to 12 repetitions.

How much fat can you healthily eat? If you consume 2,000 calories a day, no more than 800 calories — or 30 percent — should be fat. That translates into about 66 grams; less would be preferable.

Standing on a cement floor with wet feet, what kind of "footprint" do you leave? If the foot is rigid, the arch space will be dry while the heel, toes and outside edge leave water marks. But a flat-footed pronator will show a wet spot at the arch, too.

Exercise can help most aches: maintain flexibility and even restore it where stiffness is a problem. I may be uncomfortable at first — but not as uncomfortable as the stiffness and pain of those who don't exercise. Get your physician's advice first.

We'll follow your doctor's exercise "prescription." You'll find good equipment and good instructors at Leisure World.

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## LABOR DAY WEEKEND

August 29 - September 1, 1997

Spirit of St. Louis Airport  
Chesterfield, Missouri

This year's family oriented Fair & Air Show promises to be a thrilling event with spectacular air shows, free family circus, spectacular fireworks Saturday and Sunday, and much, much more..... be part of the excitement!!!

Remember, proceeds from the Fair, schedule for Labor Day Weekend August 29 - September 1, at The Spirit of St. Louis Airport directly benefit both St. Louis Children's Hospital and Cardinal Glennon Children's Hospital through The Children's Miracle Network.



Fri. 5 - 10 p.m., Sat. 10 a.m. - 10 p.m.,  
Sun. 10 a.m. - 10 p.m., Mon. 10 a.m. - 7:30 p.m.

August A. Busch III and Buzz Westfall, honorary Co-Chairmen,  
St. Louis County Fair & Air Show Benefiting The Children's Miracle Network

### BLOODY MARY MOCKTAIL

In pitcher, combine 3 cups

vegetable juice, 1 teaspoon prepared horseradish, 1 teaspoon Worcestershire sauce and ½ teaspoon pepper sauce. Serve over ice cubes

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# Labor Day Values!

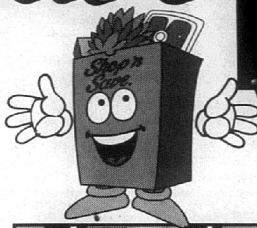


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Pepsi or  
Coca-Cola  
Classic

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LIMIT 2 COKE OR PEPSI 24-PACKS COMBINED WITH \$10.00  
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ASSORTED VARIETIES  
Maui's Barbecue  
Sauce

## 4/\$5

24-OZ.  
BTL.



ASSORTED VARIETIES  
Lay's Or  
Wavy Lay's

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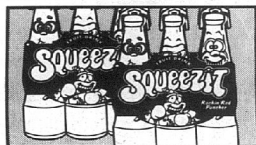
14-OZ. BAG



ASSORTED FLAVORS  
Prairie Farms  
Ice Cream

## 2.99

GALLON  
BUCKET



ASSORTED VARIETIES  
Squeez-its

## 99¢

6-PACK

ASSORTED VARIETIES  
REGULAR OR FAT FREE  
Wishbone Salad  
Dressing.....

## 2/\$3

16-OZ. BOTTLE

FAMILY SIZE  
Lipton  
Tea Bags.....

## 1.69

24 CT. PKG.

ASSORTED VARIETIES  
Kellogg's  
Pop Tarts.....

## 4/\$5

PKG.

ASSORTED VARIETIES  
Pringles  
Potato Crisps....

## 97¢

5.25 OZ. PKG.

ASSORTED VARIETIES  
Prego Spaghetti  
Sauce.....

## 2/\$3

27-32 OZ. PKG.

HAMBURGER OR HOT DOG  
Shop 'n Save  
Buns.....

## 79¢

CT. PKG.

Shop 'n Save  
Rye Bread.....

## 1.19

18-OZ. PKG.

DELL OR KOSHER  
Helfetz  
Hamburger Slices..

## 2/\$3

13-OZ. BOX

Shop 'n Save  
Snack Crackers..

## 2/139

13-OZ. BOX

Bi-Rite Mini  
Marshmallows....

## 2/149

12 OZ. PKG.

CRANBERRY OR CRANAPPLE  
Shop 'n Save  
Cocktail Juices....

## 1.39

68-OZ. BTL.

ASSORTED VARIETIES  
Tony's Italian  
Pastry Pizza

## 2/\$4

13.1-17.2 OZ. PKG.

CONCENTRATE, FROZEN  
Flav R Pac  
Lemonade.....

## 3/\$1

12 OZ. PKG.

ASSORTED VARIETIES  
Flav R Pac  
Vegetable Blends..

## 99¢

16 OZ. PKG.



ASSORTED VARIETIES  
FRENCH ONION OR  
Prairie Farms  
Sour Cream

## 79¢

16-OZ. PKG.

INDIVIDUALLY WRAPPED  
Shop 'n Save  
Singles.....

## 99¢

16 OZ. PKG.

ORIGINAL OR OLD FASHION  
CHILLED  
Florida Gold  
Orange Juice....

## 1.29

64-OZ. CTR.

Ore-Ida Mini  
Cob Corn.....

## 99¢

6 OZ. PKG.



Busch or  
Busch Light

## 987

24/12-OZ. CANS



OUR LOW SALE PRICE \$10.97  
GENUINE DRAFT, MILLER OR  
Miller Lite

## 797

24/12-OZ. CANS



Natural Light or  
Natural Ice

## 4.17

12/12-OZ. CANS



ASSORTED VARIETIES  
Sunshine  
Cheez-its

## 1.88

13-16 OZ. BOX



100% HARDWOOD  
Steakhouse  
Charcoal

## 2.88

20-LB. BAG

O'Doul's.....

## 5.99

12/13-OZ. CANS

Falstaff.....

## 2/\$3

6 OZ. PKG.

Red Dog or  
Icehouse.....

## 4.99

12 OZ. BTL.

Milwaukee's  
Best.....

## 6.87

24/12-OZ. CANS

Miller  
High Life.....

## 9.97

24/12-OZ. CANS

OUR LOW SALE PRICE \$7.97  
Pabst.....

## 4.97

24/12-OZ. CANS

Hamm's or  
Olympia.....

## 6.97

24 OZ. PKG.

Coors  
Light.....

## 9.97

24 OZ. PKG.

Keystone.....

## 7.27

24/12-OZ. CANS

OUR LOW SALE PRICE \$8.99  
Gordon's  
Vodka.....

## 6.99

75 OZ. BTL.

Please Be  
Responsible  
Don't Drink  
And Drive.

T.G.I. Fridays  
Cocktails.....

## 8.99

1.5 OZ. BTL.

SELECTED VARIETIES  
Franzia  
Wine.....

## 6.47

1.5 OZ. BTL.

COCKTAIL OR  
Boones  
Beverage Wine.....

## 2/\$4

7 OZ. PKG.

Jack Daniels  
Cocktails.....

## 3/9.99

6 OZ. PKG.

B&J or  
Seagram's Coolers

## 2/\$5

1 OZ. PKG.

E&J  
White Zinfandel....

## 3.19

750 ML. BTL.

ASSORTED VARIETIES  
Old Orchard  
Juice Cocktail

## 3/1.99

12 OZ. PKG.

ORIGINAL OR  
QUATTRO FORMAGGIO  
Orlando Garlic  
Bread.....

## 3/\$5

2 OZ. PKG.

Meadow Gold  
Twin Pops.....

## 79¢

PKG.

ICE CREAM SANDWICHES OR  
Meadow Gold  
Fudge Bars.....

## 1.29

PKG.

CHERRY OR VARIETY PACK  
Luli's  
Italian Ice.....

## 1.59

PKG.

Birdseye  
Cool Whip.....

## 88¢

PKG.

ASSORTED VARIETIES  
Reynolds  
Plastic Wrap.....

## 2/3.99

100 FT. PKG.

LIQUID OR POWDER  
Dishwasher  
Cascade  
Detergent.....

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16 OZ. PKG.

ASSORTED VARIETIES  
Ultra Liquid  
Dawn Dish  
Detergent.....

## 2/\$4

16 OZ. PKG.

ASSORTED VARIETIES  
Keebler  
Munchkins.....

## 2/2.98

8 OZ. PKG.

ORIG. OR REDUCED FAT  
Sunshine Cheez-its  
Party Mix.....

## 1.88

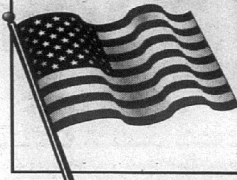
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Cheese

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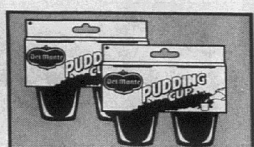
ASSORTED VARIETIES  
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Whip

**135**  
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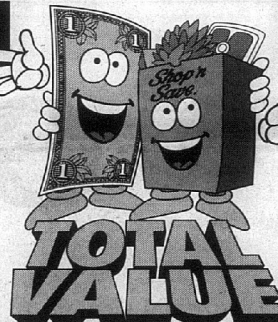


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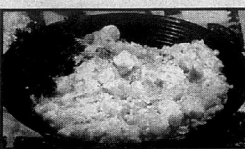
**199**  
lb.

FRESH SALMON STEAKS 3.99 lb.



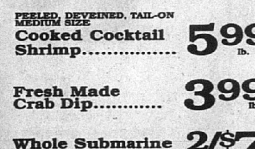
Hamburger or  
Hot Dog Buns

**99¢**  
8-CT. PKG.



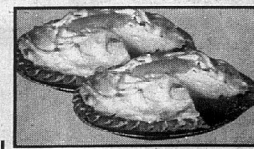
COLE SLAW, MACARONI SALAD,  
AMERICAN OR  
Mustard  
Potato Salad

**97¢**  
lb.



PEELED, DEVEINED, TAIL-ON  
JUMBO SIZE  
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Shrimp... **599**  
lb.

Fresh Made  
Crab Dip... **399**  
lb.  
Whole Submarine  
Sandwich... **2/\$7**  
CORNED BEEF, PASTRAMI,  
ITALIAN BEEF OR  
Swift Roast Beef... **399**  
lb.  
Mashed  
Potatoes... **99¢**  
lb.  
Sugar  
Cookies... **299**  
34-CT. PKG.

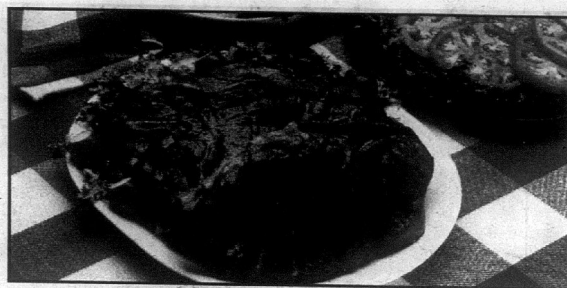


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**2/\$7**  
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FAMILY PACK  
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CHICKEN, BEEF OR PORK  
Lloyd's Tub  
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Jennie-O  
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1-LB. ROLL



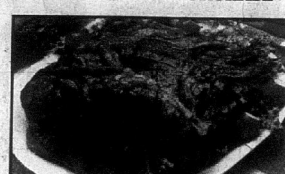
ALL MEAT  
Hunter  
Hot Dogs

## 69¢ 12-OZ. PKG.

ALL VARIETIES  
Claussen  
Pickles..... **2 19**  
20-32 OZ. JAR

ALL MEAT  
Oscar Meyer  
Wieners..... **1 39**  
1-LB. PKG.

BROWN N SERVE  
Swift  
Sausage Links **99¢**  
7-OZ. PKG.



FAMILY PACK, LEAN MEATY  
Center Cut  
Pork Steaks

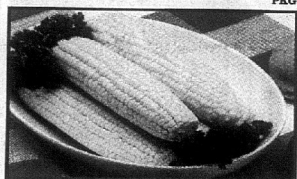
## 97¢ lb.

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IN HUSK  
Sweet  
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Strawberries..... **98¢**  
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Red Delicious  
Apples..... **1 98**  
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Peaches..... **88¢**  
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Peeled Carrots **1 88**  
2-LB. BAG



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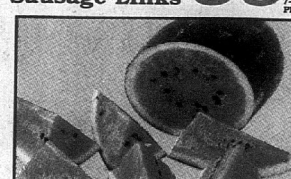
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## LABOR SALUTE

# Trainer: Winning isn't everything Nance stresses horses' happiness, fitness

By Brian Bretsch  
Staff writer

Horses have personalities just like people. Just ask thoroughbred trainer Mike Nance.

Nance, a Belleville resident, makes what he calls a comfortable living training horses for Ron McKay of MY Stables.

So how much is a comfortable living?

"We don't have any problems buying gum," Nance said with a laugh.

Seriously, Nance has been training horses full-time for 13 years at MY Stables, where he works with 15 to 20 horses at a time.

"I train and exercise the horses so they are fit and just keep them happy," Nance said. "I put them through a training regiment every day. They'll usually get fed around 6 o'clock."

"The average horse will go to the track around 7 and gallop 1½ to 2 miles. We'll bring them back and give them a bath. We'll walk them for about a half an hour or 45 minutes."

Nance has trained horses that have recuperated rapidly and could literally race every week to 10 days. However, Nance says the horses he trains for MY Stables race every 18 to 21 days.

For that reason it is rare when Nance sees a day off even though the thoroughbred season (March 29 through Oct. 4) is not a year-round event at Fairmount Park. That's because McKay owns horses that race in Chicago, Indiana and Ohio. Nance said he works 364 days a year.



(Staff photo by JOHN SWISTAK JR.)

Above, thoroughbred trainer Mike Nance of Belleville watches a thoroughbred race on a television screen at Fairmount Park in Collinsville. Nance trains horses at MY Stables. The thoroughbred season runs March 29-Oct. 4 at Fairmount, pictured above, at left.

Nance's job sounds simple but it is not. The easiest explanation to describe what he does is to say he trains horses to win; however, even when a horse looks its best, it does not mean it is going to win a race. There are too many factors that play into the scenario to predict a horse will win a race.

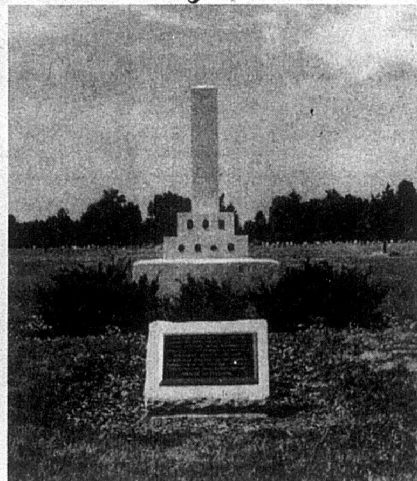
"You can usually tell a little bit but not for sure," Nance

said. "Sometimes they will totally fool you where you really think one is going to do something because they are ready to kick the barn down and can't wait to do something and then you get them here and they fire a clunker. Those aren't the fun days. Then the other days, you'll think a horse is not doing just right and then he'll come up here and run the race of his life."



(File photo)

## Field of Unions



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## LABOR SALUTE

### Organized labor thrives in Monroe

By Joe Leicht  
Staff writer

Organized labor is making a comeback across the country, especially in the industrial Midwest.

Terry Kipping of Waterloo, business manager for Laborers International Union of North America Local 196, attributes labor's rejuvenation to two things: increased demand and a new attitude.

"There were some lean years when I first started here at the local office," said Kipping, who has been Local 196's representative for 17 years and a Waterloo alderman for 10 years.

"The last few years have been good, though. It's one of the longest decent stretches we've seen," he said.

"And the quality of our work speaks for itself. If you look at some of the infrastructural work around the area, you can tell what was union work. We've got a bunch of really good workers," Kipping said.

Kipping sees the future of labor as bright in Monroe County.

"It's going to continue to be a growing area, but I don't think you're ever going to see smokestack industry here. Just clean, light industry, retail and business offices for your professional people. I think that's what our people want to see."



(Staff photo by JOHN SWISTAK JR.)

Carol Frisse at the piano.

## Swing City instructor has the music in her

By Ron Wisdom  
Staff writer

Ask any musician and they'll tell you that once music gets into your blood, there's no shaking it.

That's especially true for one instructor at Swing City Music, 1312 Vandalia in Collinsville.

"Music is something that I feel should always be required in everyone's life. It is so important because it is our heritage."

— Carol Frisse

Carol Frisse has been teaching music and music theory to students since 1961. A performer herself since the age of 5, Frisse said she's taught a wide age-range of people from children to older adults.

"I've taught private lessons and I've taught class lessons," Frisse said. "The youngest I ever taught I guess was about 4 or 5 years old and the oldest student I ever taught was 70. We teach everything from early beginners all the way to stylization."

Friss specializes in the piano, organ and accordion. She is also a manager at the store.

She said the accordion isn't as popular around here as it once was, but is still the instrument of choice in some far northern and southern states.

Friss said that music knows no boundaries. All around the world, people have music in common, she said, no matter what age you are.

"Music is something that I feel should always be required in everyone's life," she said. "It is so important because it is our heritage. When you start cutting music programs from schools you are cutting out are heritage because it is who we are."

"Music is a good soother," she said. "It is good for the soul."

While it is important in many people's lives, Frisse said music has undeservedly gotten a "bad rap" from others.

"Many people say that some music is from the devil's workshop," she said. "They don't realize that this just is a cycle that has been going on for ever and ever. Poor Bach and Beethoven were criticized for the type of music they wrote, too."

Friss said the same is going on today with rap music and different types of dance music that is being performed.

"It's all linked to the past," she said.



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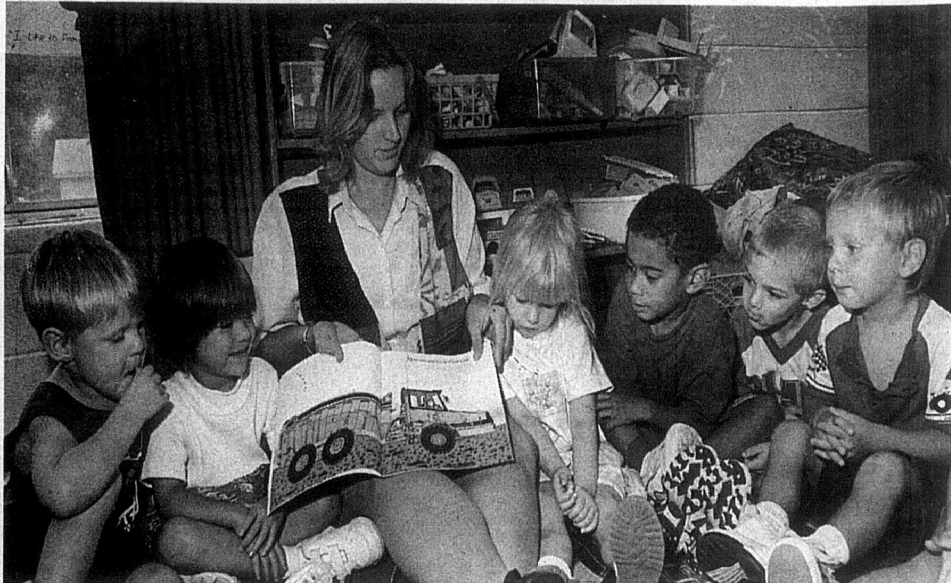
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## LABOR SALUTE

Stacy Harris of Collinsville reads a book to the children at Priscilla's Day Care.



(Staff photo by JOHN SWISTAK JR.)

## Her work day begins with a hug

By Nicole Vaughn  
Staff writer

For Stacy Harris, each work day begins with a hug. Or two. Or three. Or four. "Every morning they run up and give you a hug, no matter what kind of day they're having...it makes you feel great," Harris said.

The hugs come from the 3- and 4-year-olds in Harris' class at Priscilla's Daycare in Collinsville. Harris, 31, has been at Priscilla's since April. She got into childcare last year, after working for eight years as an elementary

teacher in Collinsville.

"I wanted something different and I wanted to be with smaller kids," Harris

said.

Harris said her 17 youngsters — 12 boys and five girls — are the perfect age.

"If they're younger, you do for them rather than with them," Harris said. "When they're older, they're more

independent and they want to do everything for themselves." Harris spends her days

(See CARE, Page 10)

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(See SWEEP, Page 9)  
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## LABOR SALUTE



Mark Eckert with his chimney sweeping tools. (Staff photo by CHERYL MOODY)

## Dirty

## job

Sweep keeps chimney safe

By Cheryl A. Moody  
Staff writer

It's a dirty job, but somebody has to do it. And chimney sweeps have been doing the job for centuries.

Eckert and his wife, Rita, own and operate Maine Chimney Sweep Ltd in Belleville. He cleans about 2,000 chimneys a year.

Chimney cleaning is based on usage, Eckert said. Weekend and holiday burners should clean their chimneys every two to three years. People who use fireplaces three or more days a week or wood burning stoves or furnaces should have them cleaned each year.

Eckert said brushes are used to scrape creosote off the flue walls. Creosote is a by-product of burning that sticks to the chimney walls and is highly flammable.

Eckert said the flue can be cleaned from inside or outside the house. The flue and inside the firebox are both cleaned with a large industrial vacuum cleaner.

"The cleaner the chimney and fireplace, the less chance of a fire," Eckert said.

Former owner of the business Hugh Maine said according to the consumer product safety commission chimney fires have been steadily decreasing since 1980.

"The reduction in chimney fires over the years can be attributed to public education and responsible chimney care," Maine said.

Eckert said the condition of the firebox and chimney are examined to determine if any fire damage has occurred. The chimney sweep looks for problems caused by heat stress. A written report listing any repairs and estimates is provided. Maine Chimney can also make the repairs.

There are several steps that can be taken to help prevent chimney fires:

- ✓ Don't burn paper or cardboard boxes in the fireplace.
- ✓ Don't burn old pine needles or Christmas trees.
- ✓ Do burn good, well-seasoned, dry wood like oak, hickory and ash.

Maine Chimney Sweeps perform other services such as installing chimney and screen (See SWEEP, Page 9)

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## LABOR SALUTE

# School custodian has to be jack of all trades



(Staff photo by MARK HODAPP)

Don Jerashen at work at Central School.

By Mark Hodapp  
Staff writer

Don Jerashen took a few minutes from his busy schedule recently to write about his many job responsibilities.

"I quit when I reached page five," he said, followed by a chuckle. "That's when I got to be a fireman and dog catcher."

Jerashen is head custodian at Central Grade School in O'Fallon.

A self-professed master of

all trades, Jerashen said he follows a simple philosophy.

"I will either fix it or break it," he said.

More often than not, Jerashen will repair the problem.

But a few years ago, the unexpected occurred while he was repairing a drinking fountain.

In this instance, he turned the water pipe too tight, causing it to explode over a recently waxed floor.

"That goes with the territory," said Jerashen, who has

worked at Central Grade School for five years.

As head custodian, Jerashen has many responsibilities, including making sure the school is ready for the children and teachers each day.

He has numerous other job responsibilities, including mopping the floors, monitoring the hallways and working in the cafeteria.

"I do just about everything," he said.

This sometimes may mean Jerashen will have to put in more than his normal eight-hour shift. Jerashen, however, said he wouldn't have it any other way.

As he tells it, his biggest perk is working with the students.

"I just like being around the students," he said.

## Survey finds farmers optimistic

Young farmers and ranchers, the present and future of U.S. agriculture, are more optimistic today about farming, are better off financially and are employing more stewardship practices on the farm than five years ago.

Those were just a few of the attitudes and trends discovered in a survey of 226 young farm and ranch leaders from 35 states. The survey, conducted during the American Farm Bureau Federation's 1993 Young Farmers and Ranchers Leadership Conference, tracked the attitudes and choices of young farmers and ranchers on issues ranging from the environment to off-farm employment.

When asked about their present attitude toward the future of farming, 67 percent said they were more optimistic, while 33 percent said they were less optimistic than they were five years ago. A total of 77 percent said they were financially better off.

Most young farmers and ranchers (66 percent) said they chose agriculture as a profession because of lifestyle and values. A full 25 percent said their decision to farm was based on a combination of lifestyle and business aspects, while just 9 percent said that to them farming was "just a

(See FARMERS, Page 9)

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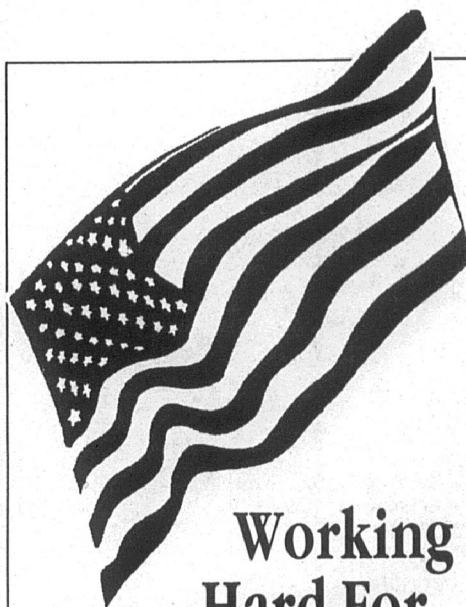
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## LABOR SALUTE

# Firefighters' duties change with the times

By Kimberly Haas  
Staff writer

Whether they're volunteers or full time, firefighters put their lives on the line every time they walk into a building filled with smoke. But for many, once they're with a department, it's a lifelong commitment.

Twenty-four years ago, Dan Bauer was just looking for a job after a stint in the military.

'It's more physically challenging — just wearing the equipment is 75 extra pounds every time.'

— Dan Bauer  
Belleville fire captain

"I was just out of the service, and I applied (with the Belleville Fire Department). I was basically just looking for a job and I was No. 4 on the (waiting) list," said Bauer, who is now a captain with the department. "It was a very good decision. I wouldn't trade it."

However, changing times have led to more advanced equipment and more safety precautions.

"It's more physically challenging — just wearing the equipment is 75 extra pounds every time," Bauer said.

The full-time Belleville firefighters go through an initial eight weeks of training at the University of Illinois, studying basic aspects of the field, Bauer said.

"Once you become a firefighter, there is a continuing education," Bauer said. "The department has come a long way as far as the educational part. At least once a week, we have some type of training — it may be just watching a film. "It's changed quite a bit," he said. "We've come a long way."

Firefighters no longer just fight fires. They're involved in building inspections, conducting programs at local schools, extricating victims from vehicles, and handling many other emergency situations.

About 1,500 calls are made a year by the Belleville department, which can include anything from a house fire to a trash fire, Bauer said.

(See FIRE, Page 9)



(Staff photo by KIMBERLY HAAS)

Belleville Fire Capt. Dan Bauer, second from left, stands before the department's new 100-foot ladder truck with

engineer Ron Saeger, firefighter Tom Pour and engineer Mike Kern.

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## LABOR SALUTE

### Care

(Continued from Page 4)

teaching the 3- and 4-year-olds the alphabet, numbers and colors.

"Most of them can spell their names and know where they live," Harris said.

The children also go on trips. A recent one was a visit to the post office. The visit was anything but typical for young, curious minds.

"They got to sort letters, see mailbags, see what a postman does — and even the inside of a big mailbox when mom and dad mail letters," Harris said.

Even at play the children are learning — a concept some parents don't always understand.

"They see them in the kitchen and they assume they're just playing," Harris said. "They're not. They're learning."

The lessons they learn vary. By playing together, children learn to communicate with others, they learn to share and they learn to accomplish tasks as a team.

"They learn that everybody is different but also that we're all alike in some ways," Harris said. "It's exciting to be a part of such an important process in their lives."

"They learn that everybody is different but also that we're all alike in some ways. It's exciting to be a part of such an important process in their lives."

— Stacy Harris

Even so, Harris admits that her job is not always an easy one. The hardest part: discipline.

"Keeping them all in line at the same time is usually impossible," Harris said. "You have all these different little personalities."

Some days, nap time is a blessing — not only for sleepy children but for Harris. But even nap time doesn't always provide a surefire break.

"There's always at least one that doesn't nap," Harris said.

Harris' mother was a teacher and while growing up, Harris said she always knew she wanted to teach and work with children. Harris said her



(Staff photo by JOHN SWISTAK JR.)

Teacher Tina Turner watches as Aaron Hicks, 6, goes down the slide.

Waiting their turn on the slide are Amanda Leall, 5, and Kyle Take, 6.

mother told her that going into childcare may temper her decision to one day have her own children.

"She said 'You won't want your own

kids after this,' but I want my own," Harris said. "Eventually, I'd like to run my own daycare. I don't see myself ever getting out of it."

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## LABOR SALUTE

# Accounting is changing with the times

By D.L. Brauch  
Correspondent

Accountants, a.k.a., bean counters. Thick-spectacled persons clutching pencil stubs, scribbling alternately to the ka-chung of an antiquated adding machine.

"Accountants are historically viewed as kind of nerdy people," Jim Jennings, chairman of St. Louis University's accounting department, quipped. "The introverted number-cruncher is really history."

Today, many accountants are no longer seen and not heard. With computers taking over more of the routine

drudge work, the need for well-developed people skills sometimes outstrips even mathematical prowess.

"With powerful PCs and sophisticated software, accountants still need to understand accounting principles," Jennings said. "They don't need to be a computer programmer either — that has all been done. Accounting has been very much impacted by technology."

Even complicated federal and state tax returns have been incorporated into a software package.

Randy Howe, accounting supervisor at Anheuser-Busch Cos., Inc., who serves some

private customers as well, has a unique vantage point.

"You have two kinds of accountants out there — CPAs in private practice and those who work for large companies," Howe said.

Large companies offer few positions for those who prefer the solitude of the back office, he said.

"We need extroverted number-crunchers," Howe said.

Jennings sees several components to success in the field of accounting.

Math abilities in the sense of being able to do abstract reasoning is crucial, Jennings said. "To think and adapt special fact situations into meet-

ing some particular reporting format."

So far, no surprises. Accountants, numbers, reports — what's new?

"Accountants need good oral and written communication skills," Jennings said. "They have to talk to people and relate to people in order to explain what the numbers mean to them. Accounting demands a balance of quantitative skills and communications skills."

As in many professions, accounting involves jargon that is understood best by others in the same business. However, the accountant must find appropriate ways to get the

facts across to management.

"It is up to us to learn their language, not for them to learn ours," Howe said.

Additionally, well-developed people skills are necessary for the delicate job of dealing with sensitive issues.

"You are sharing stuff with this guy you wouldn't share with anybody else," Howe said. "Not your parents, not your brothers and sisters, not your closest relatives. An accountant worth his weight is going to tell you how you can do this better. He can't come out and say, 'Boy! This is stupid!'"

And add to the growing list of qualities for a good accountant a well-tuned ear to the rumblings in Congress.

"A lot of minor changes can impact people," Howe said.

And those vying for accounting jobs will find a few surprises.

"The job market is good for good people," Jennings said. "Large CPA firms don't want anybody without a 3.25 GPA (cum laude) from a good school. They won't even look at anybody from a not-good school."

And while accounting jobs are always available, computers have affected the quantity of positions out there.

"It is still a good, solid profession," Jennings said. "It is stable. It is not shrinking, but it is not expanding."

## •Officer —

(Continued from Page 9)

In those years, she has employed a philosophy of empathetic, "community policing." In addition to her investigative and enforcement duties, the mother of three young adult children has served as the department's juvenile officer.

"Policing in Waterloo and Monroe County is very community oriented. You hear so much about community policing — that's what we've always done here," Sweet said.

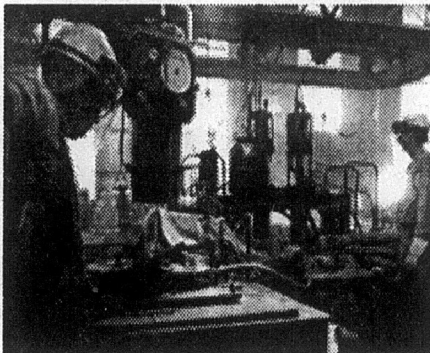
As to what distinguishes a female officer from a male officer, Sweet said it's public perception. "People tend to look at us differently. They see a woman as more empathetic, although a lot of men are empathetic."

Sweet received her promotion to assistant chief in December 1995.

"I've always had a great working relationship with the other officers. I was never treated any differently because I'm a female, and that hasn't changed."



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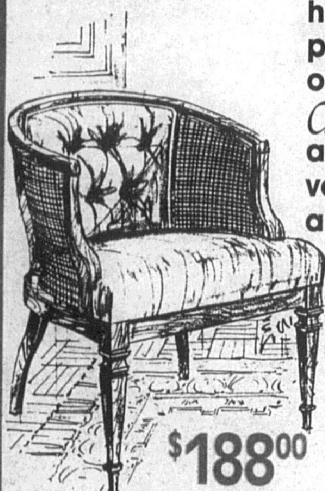
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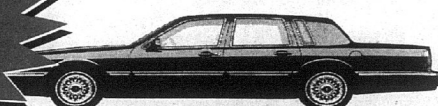
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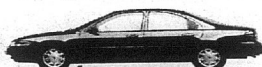
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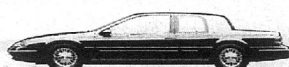
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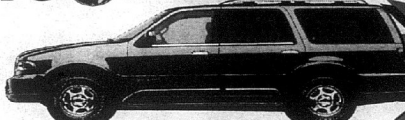
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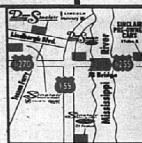
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CALL JIM at 314-291-2846

**DRIVERS**  
Mrs. Allison's Cookies, is looking for professional tractor-trailer drivers.  
WE OFFER:  
\* 28 1/4¢ per mile to start  
\* Insurance  
\* Paid Vacations  
\* Home Weekly  
We require 3 years verifiable DOT experience, good accident & driving record, class A CDL. Must meet DOT qualifications.  
Apply in person:  
Mrs. Allison's Cookies  
1780 Burn Ave.  
Overland, MO

**TMCI INC.**  
2532 SPORTSMAN RD.  
HIGHLAND, IL  
Openings for drivers, short or intermediate term, available in the route or road operation. CDL license is required. We offer competitive wages, paid health insurance, and vacation pay. Interested drivers should phone 618-654-TMCI or apply in person.

# MEDICAL OPPORTUNITIES

**LPNS**  
Full and part time evening shift positions available. Apply in person.  
**Rosewood Care Center**  
6277 Center Grove Rd.  
Edwardsville, IL  
EOE

**Call your local Journal sales representative at: 344-0264!**

**Full and Part Time CNA Positions**  
All Shifts. Apply in person.  
M-F 8:30-5:00 pm.  
O'Fallon Health Center  
700 Weber Drive  
O'Fallon

**PHARMACIST**  
Clinical Pharmacist needed for growing long term care provider. Dispensing duties with some consulting. Good salary and benefits. Send resume in confidence to:  
Richard V. Poole, Human Resources Manager  
Home Pharmacy Service, Inc.  
1520 Mascoutah Ave.  
Belleville, IL 62220

**NEW ATHENS HOME FOR THE AGED**  
has openings for 1st & 2nd shift part-time CNAs. Please call 475-2550 for more info.

**HELP 3 days/week**  
mon, St. Louis, Mo., 13813 St. Louis, Mo., 63104, OE, Bridgeton, MO, 63026, OE, future

**Full time positions available**  
3-11 and 11-7 shifts. Excellent benefits. \$250 bonus for NAs. \$300 CNAs. Apply in person.  
PARK HAVEN CARE CENTER  
1500 S. Main St.  
Edwardsville, IL 62025

# MANUFACTURING OPPORTUNITIES

**CRANE OPERATORS**  
Local manufacturer is seeking experienced Crane Operators to operate a 10 ton overhead crane. First shift position with a start rate of \$6.50 to \$7.50 per hour, and eligibility for merit increase based on performance. We offer a competitive benefit package, and have smoke free environment. Send resume to:  
**SHEET METALWACH SHOP**  
P.O. BOX 11786  
ST. LOUIS, MO 63105

**SHEET METAL MACHINE SHOP**  
St. Louis Manufacturer needs individuals with mechanical and/or fabrication assembly experience. Experience is needed in custom assembly work, and/or SETUP and OPERATION of brakes, shears, punch presses, and shears. Mills and lathes. Must read blueprints, and supply own tools. First shift position with a start rate of \$8.00 to \$10.00 per hour, and eligibility for merit increase based on performance. We offer a competitive benefit package, and have smoke free environment. Send resume to:  
**SHEET METALWACH SHOP**  
P.O. BOX 11786  
ST. LOUIS, MO 63105

**IMMEDIATE OPENINGS!**  
PRECISION LIGHT GAUGE SHEET METAL FABRICATOR Press Brakes, Turners, Laser Weld  
Competitive pay and benefits. Health insurance, 401K Plan, sec. 125 Plan, centrally located. Hiring for all shifts, including a 4 day and 2nd shift, 3 day week and 4 day week.  
**CALL JASON**  
261-3080 ext 207

**FACTORY LABOR OPPORTUNITIES**  
B-Line Systems, a growing Fortune 500 multi-product manufacturer of industrial support systems is looking for dedicated people who are seeking long term employment opportunities.  
Entry level positions require a good work history and manufacturing experience. Experience is needed in a plus. Starting wages on 2nd shift: \$7.22 per hour advancing to \$8.87 per hour in 6 months. Technical advancement available with average wage of \$11.50 per hour.  
We offer a comprehensive benefit package, including paid vacation and holidays, medical, dental and life insurance, and pension.  
Apply in person at:  
**B-LINE SYSTEMS, INC.**  
506 West Mono  
Highland, IL 62249  
EOE/M/F/V/D

**ASSEMBLERS**  
St. Louis manufacturer needs individuals with mechanical and/or fabrication assembly experience. Experience is needed in custom assembly work, and operations of drill presses, brakes, shears, mills, and lathes. Must read blueprints, and supply own tools. First & second shift positions with a start rate of \$8.00 to \$10.00 per hour, and eligibility for merit increase based on performance. We offer a competitive benefit package, and have smoke free environment, and offer a competitive benefit package.  
Send resume to:  
**ASSEMBLER(J)**  
P.O. BOX 11786  
ST. LOUIS, MO 63105

**IMMEDIATE OPENINGS**  
Warehouse/Packer for Caseyville, Collinsville & Belleville Area. Day & evening shifts, includes some weekends. NO EXP. NEEDED. Pay up to \$6/hr. plus great benefits include: med/dental insurance. Positions are physically demanding and require standing up to 12 hrs. Call 628-2342 or our Jobs Hotline 800-523-JOBS.  
**Adecco**  
TEMPORARY PEOPLE  
(Formerly Adia)

## 320 HELP WANTED 320 HELP WANTED 320 HELP WANTED

**RECRUITMENT RESOURCE**  
**SALES**  
Advertise in our upcoming Recruitment Resource.  
Needed Immediately Used Car Sales Person  
P/T. Must have other income. Salary Plus Commission.  
Call Stan Brown  
451-7500.

**RECRUITMENT RESOURCE**  
**SALES**  
Growing Metro-East Ford Dealer is looking for an opening in New and Pre-owned sales department. Strong closing skills and good DCP a must. Competitive commissions. Demo program and large inventory. Apply in person:  
Jeff McQuinn, Gen. Manager  
Sunset Ford Mercury of Waterloo  
State Route 3  
Waterloo, IL

**RECRUITMENT RESOURCE**  
**SALES**  
We are looking for Direct Sales Reps at our Maryville, Illinois location. If you are looking for an excellent income opportunity and a challenge, then this is the job for YOU! We offer competitive compensation, outstanding benefits and excellent potential for advancement. For a confidential interview, please call Rich at:  
**618-345-8003**

**DRIVERS**  
Now Hiring for Fall Routes - \$500.00 SIGN-ON BONUS AND PAID TRAINING FOR DRIVERS WITH CDL AND VALID BUS PERMIT. \$200.00 SIGN-ON BONUS FOR APPLICANTS HIRED WITH NO EXPERIENCE. Join the school bus leader, Landway, and receive free training. Earn \$520.00 per month which includes attendance bonus. Past service credits honored. **HIRING BONUS FOR QUALIFIED APPLICANTS AND FULL TIME GROWTH OPPORTUNITY.** Starting wage \$6.25-\$6.45/Hr + .30 per hour attendance bonus. Offer expires 9/15/97. To apply contact our terminal at:  
#17 COMMERCIAL CT, 656-0125  
EOE M/F/D/V

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**Cassens**  
EDWARDSVILLE/GLEN CARBON  
CHRYSLER • DODGE • PLYMOUTH  
Expanding Dealership Has Fulltime Opportunity In Business Office For Credit And Finance Position  
WE OFFER:  
Training  
Competitive Salary  
Full Medical Benefits  
Exceptional Retirement  
Comfortable Working Environment  
QUALIFICATIONS:  
Professional Demeanor  
Computer Literate  
Aggressive  
Driven For Success  
Customer Friendly  
Good Reputation  
IF YOU ARE AN EXCEPTIONAL INDIVIDUAL  
APPLY IN PERSON  
3333 South Hwy. 159  
Glen Carbon, IL  
Across From Cottonwood Mall  
NO PHONE CALLS PLEASE  
Equal Opportunity Employer

**DO YOU LOVE CANDLES?**  
National company is expanding in your area.  
Need extra cash for the Holidays?  
No experience necessary  
Part/Full Time  
Free training  
No cash investments  
No inventory or delivery  
Earn \$15 or more per hour  
100% Guaranteed Products  
High Quality Decorative Accessories  
Be your own Boss and have a lot of fun!  
For more information call 1-800-953-5520!

**TWA Is Hiring Customer Service Agents...**  
For the STL Airport!  
E.O.E.  
1-800-942-7467  
Call Today and be scheduled for an informational seminar designed to discuss the benefits of working for TWA at our 11495 Natural Bridge Road, Suite # 214, St. Louis, MO 63044

# RECRUITMENT RESOURCE GENERAL OPPORTUNITIES

**PATTERN MAKER**  
Nationally advertised brand & women's formal wear manufacturer seeking experienced pattern maker. Salary commensurate with experience. EOE. Excellent benefits. Send resume to:  
St. Louis, MO 63104  
P.O. Box 748, Collinsville, IL 62234 or FAX 618-345-7200

**ACCEPTING APPLICATIONS FOR CLERICAL, GENERAL LABOR AND LIGHT INDUSTRIAL WESTERN STAFF SERVICES**  
3733-A NAMECK RD.  
GRANITE CITY  
800-205-8367  
E.O.E. M/F/D/V

**DRIVERS**  
BRINKS INC., the leader in the armored car industry, has immediate openings for Drivers in the St. Louis office. Applicants must have a commercial drivers license (CDL) Class B, Commercial Driving experience is a must. Those who qualify may call Brinks Personnel Mon-Fri, 9:00 A.M. to 2:00 P.M. (314) 421-1550.  
Equal Opportunity Employer

**Jobs Jobs Jobs**  
Product demand has created opportunities for temp. & P.T. production workers. Experience preferred but will train. Positions available 3 shifts. Earn extra money apply today.  
**Highland Supply Corp.**  
1111 Sixth St.  
Highland, IL 62249

**SALES**  
Large Multi-line & Financial Services Company is expanding. Great opportunity for experienced agents or trainees. Sell auto, home, life & health insurance, and mutual funds at top commission rates. Lucrative contract for experienced agents with a book of business. Call Doug Thompson, Chgo. CHFC at 618-680-1133 for information and appointment.

**Restaurant**  
**IMMEDIATE OPENINGS**  
ALL SHIFTS FULL & PART TIME  
• DISHWASHER  
• WAITRESS/BAITRESS  
BENEFITS:  
• Paid Vacation  
• Health, Life & Dental Insurance  
• Retirement/Savings Plan  
• Employee Assistance Program  
• Employee Meal Discount  
• Discount Purchase Plan  
Apply in Person  
Cracker Barrel  
1-5570 & 162 Hwy. H  
Equal Opportunity Employer

**Part-Time Maintenance Position**  
**RESIDENTIAL GROUP HOME - 16 BED**  
\$8.00 PER HOUR  
CALL 618-656-6161

**Temporary Team**  
DON'T LET OUR NAME FOOL YOU!!!  
In addition to temp assignments, we offer many temp-to-perm and perm opportunities in the following areas:  
Sec'y. Clerical Acctg. Office Mgmt.  
CS Admin. Asst. Office Asst. & Admin.  
D/E Med. Office & Many More!  
Call today for an interview!  
618/345-1818  
NO FEES

**SATISFACTION!**  
If you are like us, you enjoy serving your customer with only the best. Your work surroundings are fashionable, high-quality home furnishings. Your customers come to you because they want only the best furnishings from the most qualified sales associate. My earnings are in excess of \$3000/month and yet I only work 38-46 hours a week. If this sounds like an ear sander, then we should talk. Please call me for an interview.  
**KLOSS FURNITURE**  
Ask for Theresa  
800-369-3216



**320 HELP WANTED**  
FULL TIME Preschool teacher wanted. Call Tracy Hays Child Development Center, 967-3373.  
**HELP!!!** Lady Handyman. We're looking for a lady who can do a variety of housework. We're willing to pay a good wage. Call 1-800-967-3373.

**ACCOUNTANT**  
Suburban Journals, America's largest group of community newspapers, has an immediate opening for an Accountant with a minimum of 12 years of experience, degree in Accounting, and a familiarity with Lotus 1-2-3. Will assist Accounting Manager in monthly closing, including journal entries and financial analysis. Send resume, cover letter & salary requirements in confidence to:

**Suburban Journals**

1714 Dear Tracks Trail  
St. Louis, MO 63131  
Attn: Larry Van der Niet

**COPY EDITOR/ LAYOUT & DESIGN**  
Responsible for editing & layout of sports section for the Journal newspapers including various other duties related to publication. Experience preferred, good work habits required. Mail or fax letter, references and resume to:

Scott Mandrell  
Journal Newspapers  
219 N. Illinois  
Belleville, IL 62222  
Fax: 618-227-7018

**COPY EDITOR/LAYOUT AND DESIGN**  
Responsible for editing and layout of sports section of journal newspapers and various other duties related to publication. Experience preferred, good work habits required. Mail or Fax letter, reference and resume to:

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FAX R: (618) 227-7018

**GRAND OPENING**  
RNs \* LPNs  
[All specialties]  
Radiology Techs  
Medical/Dental Assistants  
CNAs \* CMTs  
Front Office  
Medical Billers  
Medical Transcriptionists  
Pis \* OTs \* RTs  
Become part of the fastest growing supplemental staffing agency in the nation offering top pay, many bonus programs and an excellent working environment!  
Call for an appointment!  
**618-397-3120**  
**ST \* RMED**  
Health Personnel, Inc.  
E.O.E.

**Medical/Healthcare Careers**

**RN/LPN**  
7.3 & 11.1 full part time. If you are a personable and caring nursing professional, we have a great opportunity for you at our Belleville and St. Louis offices. For confidential interview, contact the Director of Nursing, 469-1200.  
THE WESTCHESTER HOUSE  
550 White Rd.  
Chesterfield, MO 63017

**LPNs & CMTs**  
Full/Part time  
• Excellent starting salary  
• Health & life insurance  
• Paid vacation, holiday, sick pay  
• Paid certification class  
• Paid health & dental insurance  
GRIENER HOME  
5000 South Broadway  
St. Louis, MO 63131  
Equal Opportunity Employer

**Place your ad in this section - call 821-1555 or 800-766-378X or fax to 821-3652 Attn: Help Wanted**

**Position Available For PHYSICIAN'S ASSISTANT OR NURSE PRACTITIONER**  
• Hours Flexible  
• Benefits Available  
• Salary Competitive  
• Please send resumes to: PO BOX 8069, ST. LOUIS, MO 63156

**Career Opportunity Nursing Assistants**  
Paid certification class in one of today's fastest growing professions - Certified Nursing Assistants. If you are a dependable, caring individual and enjoy working with the elderly, THE WESTCHESTER HOUSE has an excellent opportunity for you! This is an entry level full time position with full time benefits and on the job training. No exp. Earn while you learn a new career.  
Call today, 469-1200  
THE WESTCHESTER HOUSE  
550 White Rd.  
Chesterfield, MO 63017

**320 HELP WANTED**  
NEED A MOM IN Nidregh...  
**320 HELP WANTED**  
PART TIME office help, 25 hrs...  
**320 HELP WANTED**  
RECEPTIONIST  
Part-time evenings & every other...  
**320 HELP WANTED**  
RESTAURANT  
ARBY'S  
Cafe Manager  
800-227-7018

**320 HELP WANTED**  
WILDLIFE JOBS \$21.60  
CMT  
Full time, evenings  
CNA's  
Part time, days  
Village North Manor, part of the...  
**320 HELP WANTED**  
ATTENTION  
certified  
nurse aides  
A very rewarding job awaits your application...  
**320 HELP WANTED**  
CNA'S  
FULL AND PART TIME  
ABLE INDUSTRIES  
751 North Market St.  
314-683-6755

**320 HELP WANTED**  
P/T DENTAL LAB  
TECH NEEDED  
No experience required. Must have flexible hours.  
Please send resume to:  
Dental Lab Tech  
PO Box 1178  
Granite City, IL 62040  
(618) 931-8888

**320 HELP WANTED**  
REAL ESTATE SALES  
EXCELLENT EARNINGS!  
THOROUGH TRAINING  
FOR COLLEGE GRADUATE  
NO EXPERIENCE NECESSARY  
For more information  
call:  
STAR REALTORS  
876-0024

**320 HELP WANTED**  
CNA's  
\$11 FULL TIME  
North county's premier  
skilled nursing center has  
immediate openings for  
career minded individuals  
who are motivated, team  
players, and have excellent  
communication skills. We  
offer a competitive salary,  
benefits, and a great work  
environment. Excellent  
growth opportunities.  
Interview 1 day/week. EOE.  
Delmar Gardens North  
15 minutes from North Bridge.  
Florissant, MO 63033.

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**330 MEDICAL & HEALTH CARE**  
RN's  
Part time, evenings  
CMT  
Full time, evenings  
CNA's  
Part time, days  
Village North Manor, part of the...  
**330 PERSONALS**  
A DAY IS NOT A DREAM  
Stay at home Mom & child...  
**470 CARD OF THANKS**  
THANKS ST. JUDE FOR  
CANCER TREATMENT  
800 CARPET INSTALL  
CLEANING  
AUTOSTEAM  
CARPET & Upholstery cleaning  
Bathrooms & Hallways  
FREE!  
\$13 per room  
5 Room Minimum  
**346-0780**  
880 CEMENT/BRICK  
STONE  
PLACE YOUR AD  
DAY OR NIGHT  
Suburban Journals  
Classified Department  
Monday - Thursday  
9am - 5pm  
Friday  
9am - 1pm  
Saturday  
9am - 1pm  
800-227-7018  
FAX 618-227-7018

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Full time, evenings  
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**330 PERSONALS**  
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Stay at home Mom & child...  
**470 CARD OF THANKS**  
THANKS ST. JUDE FOR  
CANCER TREATMENT  
800 CARPET INSTALL  
CLEANING  
AUTOSTEAM  
CARPET & Upholstery cleaning  
Bathrooms & Hallways  
FREE!  
\$13 per room  
5 Room Minimum  
**346-0780**  
880 CEMENT/BRICK  
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## Get Ready For Fall

# Call

28 x 70, Cedar Siding, 3 Bedroom, 2 Bath, Rock Fireplace, Dishwasher, Wrap Around Porch, Sun Room, Glamour Bath

**WAS \$68,900  
NOW \$59,900**

Del. Set-up, A/C, Steps Skirting Included

Clearance on all '97 Model Homes In Stock!

## STONE ISLAND

# MOBILE HOMES

I-270 & RT. 203 • 3106 W. CHAIN OF ROCKS RD. • GRANITE CITY • 931-5067  
OPEN 7 DAYS A WEEK

### The Home of Your Dreams...

The new home of your dreams is within your reach. Prime bluffview lots are available in Woodland Trails' new master-planned home community. All it takes is a quick phone call to arrange your personalized tour.

**Summer Bonus!**  
FREE Sod for Front & Side Yards  
FREE Gutters

**AS LOW AS \$23,900**

**SUPERIOR QUALITY  
MAINTENANCE FREE HOMES!**

THE PERFECT AND AFFORDABLE MASTER-PLANNED  
SALES CENTER AND COMMUNITY

### Woodland Trails

Collinsville, Illinois  
1/2 mile north of I-55 on Rt. 157 at  
Horseshoe Lake Road  
Call 800-344-8303  
OPEN Mon. thru Sat. 9 a.m. - 5 p.m. Sun. 11 a.m. - 6 p.m.  
A MUST SEE!!

### Century 21

## Bailey & Co.

Call 877-7653  
2126 Pontoon Road, Suite A

**C2128 COME SEE, SOME SIGHT**  
Professionally updated inside & out. Dining room, bathroom, main floor family room, formal dining room, 4 plus bedrooms, air garage w/ workshop, add 1 det. garage, above ground pool on large lot. \$60's.

**C2127 EXPECT TO BE IMPRESSED**  
One level ranch, air garage, dining room, family room, formal dining room, 4 plus bedrooms, air garage w/ workshop, add 1 det. garage, above ground pool on large lot. \$60's.

**C2131 SPRAWLING HOME ON EDGE OF TOWN**  
Main floor family room, formal dining room, 4 plus bedrooms, air garage w/ workshop, add 1 det. garage, above ground pool on large lot. \$60's.

**C2129 VERY APPEALING**  
6 room bungalow w/ enclosed patio, nicely landscaped, ceiling fans thru out, 1 car garage. \$50's.

**C2140 LUTE & COZY**  
Modern condition! Freshly painted, thermal windows, privacy fence, covered porch, barn & garage. \$30's.

**C2130 THIS IS LIVING**  
1 1/2 story treasure, 5th Br in lower level, 1 1/2 baths, garden window, family room, carpet over hardwood, kitchen appliances remain. \$70's.

**C2124 OPPORTUNITY KNOCKING**  
Commercially zoned lot on well traveled street. Use your imagination!

**C2141 STOP THE C&R**  
Brand new kitchen cabinets & flooring, H/W floors thru out, add 1 car garage, 1 car garage, 1 car garage, 1 car garage.

**C2121 WALKET PLEASURE**  
Very neat & clean, lots of cabinets, appliances stay enclosed porch w/ walk in closet, 1 Year Home Warranty \$20's.

**C2125 VERY MOTIVATED SELLER**  
Looking for Offroad 2 Story frame bldg w/ 1 BR apt. block gar w/ 2 overhead doors & elec. operators. Agent Owned Under \$20's.

**C2118 REDUCED**  
Nice starter home - 3 BR's, lg utility room, oversized 1 1/2 car gar \$30's.

**C2183 HUGE PRICE REDUCTION**  
Owner Sells 2 Bedroom bungalow w/ fenced yard Low \$20's.

**C2117 COMMERCIAL VACANT LOTS**  
In Mt. Olive. Call for information.

**C2125 NOT A DRIVEWAY**  
Real Collinsville - Hunter ceiling fans, oak tile cabinets, air windows. \$20's.

**C2114 COMMERCIAL BLDG PLUS APTS**  
2 Commercial units w/ approx 20000 S.F., asphalt parking & driveway - also available for rent - could be used as doctors or attorneys office. Call for details.

### 2245 EDWARDSVILLE & VICINITY

3BR, 1 1/2 bath ranch, located on BEACH, to be auctioned. ASAP. \$20,000. 800-344-8303.

### 2255 GRANITE CITY & VICINITY

4120 BRUEN, PONTIAC BEACH, to be auctioned. ASAP. \$20,000. 800-344-8303.

### 2355 GRANITE CITY & VICINITY

Will Do Comparative Market Analysis. Call Ma. CVM REALTY. 831-2777.

### 2405 DUPLEXES FOR SALE

BY OWNER: 2nd duplex, Granite City, 2 BR, 1 bath, full basement. \$60,000. 800-344-8303.

### 2440 MOBILEHOMES FOR SALE

Inventory: 2nd duplex, Granite City, 2 BR, 1 bath, full basement. \$60,000. 800-344-8303.

### 2440 MOBILEHOMES FOR SALE

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### 2641 Logan, G.C.

2BR, Attached Garage w/ fenced Back yard. Newly decorated. \$43,900. 644-5560.

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## FLOOD REALTY CENTRE

### 931-2600

2639 EDWARDS IS WHERE YOU will find this 3 room house. Has central air, carpet, updated plumbing. Has a privacy fence on 3 sides of back yard. Call today for more details.

MOTIVATED LANDLORD RETIRING: Brick 4 family. Building entirely rewired. In great shape and fully rented with income of \$210.00.

HERE YOU WILL FIND AN EXTRA neat clean 2 bedroom home, 2006 Iowa St. Has a dining room, breakfast room, laundry chute, stained glass windows, never a unit, and a fenced backyard. Call now!

NEW LISTING! 1 room doublewide. Located on a quiet shady lot. Large covered deck at front door. Covered patio at back door. 3 bedrooms, 2 baths. Call today for more details.

\$35,000 Will put you in a really nice 3 bedroom, 2 bath mobile home on the edge of town. Call to see.

COMMERCIAL BUILDING LOT! Zoned B-1 limited business district, 148x245 in a nice residential area. Excellent location for a convenience store or small retail shop. Call today for more details.

## Tired of Your Old Home?

# Timberlake Subdivision

## BUILDER CLOSEOUT SALE!

### FINAL HOMES!!! EXCELLENT PRICES FROM \$117,000 & UP ONLY 3 QUALITY BUILT HOMES LEFT!

- Low Low Down Payments!
- 10 Year Builder Warranty!
- Low Low Monthly Payments
- FHA & VA Approved
- Immediate Occupancy Available

## OPEN EARLY!!

I-270 at Rt. 111. Take Rt. 111 one block past McDonalds to Timberlake Dr. Left on Mimosa to your new home!  
**(618) 338-0681 • (314) 625-1198**

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NEW LISTING! 1 room doublewide. Located on a quiet shady lot. Large covered deck at front door. Covered patio at back door. 3 bedrooms, 2 baths. Call today for more details.

\$35,000 Will put you in a really nice 3 bedroom, 2 bath mobile home on the edge of town. Call to see.

COMMERCIAL BUILDING LOT! Zoned B-1 limited business district, 148x245 in a nice residential area. Excellent location for a convenience store or small retail shop. Call today for more details.

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# Timberlake Subdivision

## BUILDER CLOSEOUT SALE!

### FINAL HOMES!!! EXCELLENT PRICES FROM \$117,000 & UP ONLY 3 QUALITY BUILT HOMES LEFT!

- Low Low Down Payments!
- 10 Year Builder Warranty!
- Low Low Monthly Payments
- FHA & VA Approved
- Immediate Occupancy Available

## OPEN EARLY!!

I-270 at Rt. 111. Take Rt. 111 one block past McDonalds to Timberlake Dr. Left on Mimosa to your new home!  
**(618) 338-0681 • (314) 625-1198**

### 2355 GRANITE CITY & VICINITY

Will Do Comparative Market Analysis. Call Ma. CVM REALTY. 831-2777.

### 2405 DUPLEXES FOR SALE

BY OWNER: 2nd duplex, Granite City, 2 BR, 1 bath, full basement. \$60,000. 800-344-8303.

### 2440 MOBILEHOMES FOR SALE

Inventory: 2nd duplex, Granite City, 2 BR, 1 bath, full basement. \$60,000. 800-344-8303.

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### 2641 Logan, G.C.

2BR, Attached Garage w/ fenced Back yard. Newly decorated. \$43,900. 644-5560.

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## FLOOD REALTY CENTRE

### 931-2600

2639 EDWARDS IS WHERE YOU will find this 3 room house. Has central air, carpet, updated plumbing. Has a privacy fence on 3 sides of back yard. Call today for more details.

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**(618) 338-0681 • (314) 625-1198**

Sen

They're not nerds anymore. It's estimate seniors owners are finding on-line. Whether the tax laws are changing on the Web, or finding a computer on the Internet not only reward, but a specialty for financial solution of the future. For those who haven't used computers, those limited lars. Budget. Among the ones that have book and he inflows and money. Some let you cond number of bi still limited) electronically. Do you can fill out 1040EZ form, a computer says Phillips, ice, consider good tax pro. Not only if you've hand up to save you some having money for you. But these substitutes for. A final other tax adv ways to let before simply crunch the fact. Plan you the market. Even that mate how m need to com your retired dard of livi show you h money' with spend too mu. The prog ways to b portfolio th goals or abo draw the rige from you so that you trip over on regulations.

"WHERE'S THE BEET?" By JAY WILLIS. ACROSS. 1 Dads. 2 Hen party. 3 Golf journey. 4 abtr. 5 Woe is me. 6 Eggs. 7 Keyless. 8 Right-hand page. 9 Carry on. 10 Hair poop. 11 What pig. 12 Farmers rare. 13 Spiced stew. 14 Window sh. 15 Santa Fe T. 16 town. 17 Noncomon. 18 Spiced stew. 19 King of the barbecue? 20 Cut back. 21 Bulls. 22 counterpane. 23 Trapper's r. 24 Bulls. 25 What indie. 26 Native. 27 Falsinger. 28 Toaso. 29 Stallone. 30 friends. 31 Steer's tale. 32 Crookwood. 34 California. 35 missionary. 36 These tech. 37 speak. 38 Starchy. 39 Costa. 40 Saw. 41 Proud. 42 pronounce. 43 Home of a. 44 Fictional. 45 psycheter. 46 One of T. 47 Live! P. 48 compser. 49 Barnyard. 50 lazzman? 51 Snake eye. 52 Vegas. 53 Relative. 54 O'Donnell. 55 O'Grady. 56 Softy. 57 Robert of. 58 "Jaws".



## Seniors are going on-line

They're not just for young nerds anymore.

It's estimated that one in 10 seniors owns a home computer, and 25 percent of them are on-line.

"Whether they're doing their own taxes, investing on-line, or chatting about financial topics on the Web, older Americans are finding computers and the Internet not only fun but financially rewarding," says Sandra Phillips, an educational technology specialist at the College for Financial Planning, a division of the National Endowment for Financial Education.

For those older people who haven't bought a personal computer or have one but haven't used it yet, Phillips offers several ideas on how computers can help stretch those limited retirement dollars.

**Budget your money.** Among the most popular financial software programs are ones that balance your checkbook and help you track the inflows and outflows of your money. Some programs even let you conduct banking (the number of banks using this is still limited) or write checks electronically.

**Do your taxes.** "If you can fill out your taxes on a 1040EZ form, don't bother with a computer tax program," says Phillips. "But if you have more than one source of income, consider one of the several good tax programs."

**Not only will it save you time if you've been calculating by hand up to now, but it will save you money if you've been having someone do your taxes for you.** But Phillips cautions that these programs are not substitutes for good tax planning. A financial planner or other tax adviser can show you ways to plan your finances well before April 15 to save taxes. A tax software program simply crunches the numbers after the fact.

**Plan your retirement.** On the market are software programs that can help you estimate how much money you'll need to comfortably live out your retirement with the standard of living you desire or show you how quickly your money will run out if you spend too much.

The program will suggest ways to build a retirement portfolio that will meet your goals or show you how to withdraw the right amount of money from your retirement plans so that you don't accidentally trip over one of the many tax regulations.

As with the tax software, Phillips recommends that you don't rely entirely on this software for making your retirement plans, especially if your estate is complex. There are many estate planning, insurance and investment issues that the software doesn't cover that a professional adviser can address. But the software provides a good starting point and can be very educational.

**Visit the Web.** The World Wide Web resembles a large city with millions of electronic street addresses has many sites of financial interest to seniors. Among them are the American Association of Retired Persons sites designed specifically for the newly widowed, sites about Medicare and Social Security and countless investment sites.

**Chat on the Web.** Through commercial on-line services, seniors have access to "chat rooms" or forums where they can talk with others on any number of topics, including finances. Some forums even have electronic libraries with articles on issues such as Social Security. Or you can post messages on electronic bulletin boards.

**Invest on the Web.** The Internet is a vast storehouse of information about investments you may want to make for your retirement portfolio. Mutual fund companies have Web sites, there are numerous investment forums, and you can even trade stocks on the Internet.

"Be careful about the information you find on the Internet," cautions Phillips. "It's often difficult to know the source of the information and whether the information is reliable. People aren't always who they claim. Don't give out your address, telephone number, Social Security number or credit card number. And never invest in something you learn about on the Internet without first getting printed information and checking it out with your financial adviser."

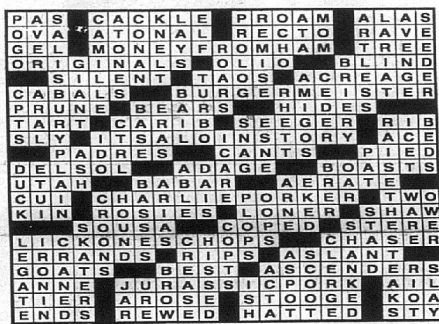
**Write your will.** Software can help you write a will or a living will, but it's generally best to use it only to rough out the language.

If the idea of learning to use a computer intimidates you, check out SeniorNet. Besides its on-line site (<http://www.senior-net.com>), SeniorNet provides instruction in the use of computers at more than 85 learning centers around the United States. Many local colleges and community schools provide classes, as well.

"Computers are not only an excellent way to control your finances and keep up on the financial issues that affect older people, they provide a new challenge and lifelong learning," says Phillips. The National Endowment for Financial Education is an independent non-profit institution that advocates standards for all financial advisers and is dedicated to helping Americans achieve financial well-being.

— From the Associated Press

### ANSWER TO TODAY'S PUZZLE



### Sunday Crossword Puzzle

Edited by Joyce Nichols Lewis

#### WHERE'S THE BEET?

By JAY SULLIVAN

ACROSS

1. Darts

4. Her party

10. Golf tourney

15. Woe is me

19. Eggs

20. Keyless

21. Right-hand

22. Carry on

23. Hair goop

24. What pig

25. Farmers reap

26. Corner

27. Nonconformist

28. Spiced stew

30. Window shade

31. Type of auction

32. Santa Fe Trail

33. Farmland

35. Injures

37. King of the barbecue

39. Cut back

40. Builders

42. Trapper's take

43. Picant

44. West Indies

45. Folkinger Pete

47. Tease

50. Salivate

51. Steers' tale?

53. Crackjack

54. California

55. Ties technospeak

57. Blochy

58. Coast

60. Saw

62. Sound

64. Home of "The Jazz"

65. Fictional

67. Do a lev'n job

69. One of "The Five"

70. Barnyard

74. Snake eyes in Vegas

76. Relative

78. O'Donnell and O'Grady

79. Solitary soul

80. Robert of "Jaws"

81. March maestro

82. Dot by

83. Cubic meter

84. Savor isn't?

89. Pursuer

90. Golf's chores

91. Takes a big

92. Like Lisa's

94. Navy mascots

95. Outdo

96. Climbers, most

97. Of the time

99. Dieter Frank

100. Spielberg's

101. Non-foster

102. Dinosaur?

103. Feet poorly

104. Wedding cake

105. Come up

106. Straight man

107. Hawaiian

108. Linemen

109. Take a new

110. Spelling a

111. Swill place

DOWN

1. Kelly's possum

2. Main

3. Burger, sans

4. Dumas

5. Ahab et al.

6. Inland sea of

7. Drain a

8. Showed

9. Bard's ballads

10. Foundation

11. Mesozoic and

12. Paleozoic

13. Grant a

14. Claim to

15. Cuatro doubted

16. Lost

17. Feudal fieldhand

18. Breckinridge

19. Rapier

20. Peony plots

21. Alti uterance

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## HEALTH NEWS

## Facing reality of addiction: Counselor's experience helps others

By Nancy L. Ide  
Staff writer

Alcohol and drugs cost Brad Karoll his family and nearly his life.

Now Karoll is using his own experience with addiction to help others.

"It's therapeutic for me to counsel and help others with addiction," Karoll said. "I've been there — I know what they're going through."

Karoll, 43, of Florissant, joined the Christian Hospital Recovery Center staff as a drug and alcohol counselor in 1984 after a rocky past. A former

drug and alcohol user, Karoll earned a bachelor's degree in social work from the University of Missouri-St. Louis and will complete a master's degree in social work in May 1988.

Statistics show most counselors in the field — 90 percent — are recovering alcoholics and an additional 21 percent are recovering from some other drug dependency.

Karoll's alcoholism and drug abuse began at an early age.

At 12, Karoll was experimenting with alcohol. He began using Valium after a chiropractor prescribed it for

pain due to a series of vehicle accidents. He used marijuana from the age of 16. Karoll said he tried "needles" twice and experimented with speed, but didn't like either of those.

Karoll said he has traced some of his problems back to unresolved issues with his family.

"Mom was (on) pills — Darvon and Valium," Karoll said. "Dad was very controlling and an alcoholic. Prescription drugs and alcohol were not abnormal at our house. It was a rather abusive home life."

Karoll left home at 17 and attended college "drinking and

drugging along the way."

Despite his problems, Karoll maintained a job for 19 years.

"My alcoholism interfered with my work at times, but I didn't get into any major trouble at work — I was the No. 1 salesman," Karoll said. "People at work knew about it, but nobody said anything."

He later married and made the "first of many promises" to cut back on drinking. But his marriage soon ran into trouble.

"We saw a marriage counselor and he came up with that I was an angry young man who was suicidal," Karoll said.

**"Six years ago, I would have been the patient, not the counselor."**

Brad Karoll  
Recovery Center counselor

"He was right, but I never saw I needed help because I knew I didn't have a problem."

The marriage ended in divorce in 1983 as a direct result of his alcohol and drug abuse, Karoll said.

A relationship with a drug- and alcohol-abusing girlfriend that began about a year later

ended when he quit but she was unable to.

"The doctor told her if she drank again she would die," Karoll said. "That really hit home with me and I quit cold turkey. I didn't know about acute alcoholism and that it could cause death if a person

(See ADDICTION, Page 12D)

## "Weight" A Minute

Memorial's Project Trim can help you re-think your eating habits.

## Program:

"Project Trim" is an eight-week weight loss program developed by the St. Louis Dietetic Association. This program is based on behavior modification with a specific plan and goal for each participant. An exercise program also is available.

## Date and Time:

Class begins Thursday, September 4, 1987  
6:30 to 8 p.m.

## Cost:

\$50.00 class only  
\$80.00 with exercise component \*

\* The exercise program includes a TWO-MONTH MEMBERSHIP TO BELLEVILLE HEALTH AND SPORTS CENTER. An introductory class will be held.

## Place:

"Project Trim" is held in Memorial Hospital's auditorium.

The exercise program is held at Belleville Health and Sports Center, 1001 S. 74th Street, Belleville

## Information:

Class size is limited. To register, call Memorial's Community Relations Department at (618) 257-5549.



MEMORIAL  
HOSPITAL

4500 Memorial Drive  
Belleville, Illinois 62226

## Bowles' bill regulates reuse of selected medical devices

## Special to the Journal

Ground-breaking legislation regulating disposable medical devices, sponsored by state Sen. Evelyn Bowles, D-Edwardsville, has been signed into law by Gov. Jim Edgar.

The law establishes penalties for the reuse of single-use devices, such as cardiac catheters, angioplasty balloon catheters or arthroscopic surgery blades, unless they are reprocessed by hospitals regulated by the Illinois Department of Public Health or a reprocessor registered with the U.S. Food and Drug Administration.

Bowles said the legislation is the first of its kind in the United States, but she adds that other states may follow Illinois' lead.

"I am delighted," she said. "I think it's a positive for the health-care industry."

Bowles became interested in the issue when she read a newspaper article that reported widespread recycling of medical devices supposedly designed for one-time use.

The article said an FDA study had disclosed numerous instances of infection, chemi-

**Virtually unregulated, the reuse of disposable devices has grown along with cost-cutting pressures on hospitals.**

cal injuries or mechanical failures related to the re-use of single-use devices. France recently prohibited the practice.

Virtually unregulated, the reuse of disposable devices has grown along with cost-cutting pressures on hospitals. The savings can be substantial.

Karen Porter, a spokeswoman for the Illinois Hospital and Health Systems Association, said one Chicago-area teaching hospital with 500 beds projected that a prohibition on reprocessing of disposable devices

would cost it \$250,000 annually. Bowles said she had the Illinois legislation drafted after she contacted the FDA and learned that the federal agency was not planning early action on the matter.

Her bill sailed through the Illinois Senate on a unanimous vote but ran into opposition when it reached the state House. The Senate-passed bill carried an outright prohibition on reuse of single-use devices.

Hospitals and reprocessing companies had become aware of the legislation. They sought to convince Bowles that a ban would drive up health-care costs and that many items could be safely reprocessed for two or more uses.

What resulted was a compromise that allowed continued use of devices recycled by regulated reprocessors.

Bowles said the amended legislation was supported by the state's entire medical community.

"Health-care professionals can feel more comfortable with this oversight in place," she said.

— From the Telegraph

## Memorial's Emergency Cardiac Care... still here when you need us most.

Our Emergency Department physicians, Medical Staff cardiologists, and your personal physician work closely together to meet your emergency cardiac care needs 24 hours a day — everyday — when you need it.

Regardless of how others package or promote cardiac services, we still prefer to keep things simple - but high tech... and highly effective. When you need emergency cardiac care, you can count on this area's largest emergency services provider. We offer:

✓ Specially-trained emergency physicians from Belleville Emergency Physicians - treating emergencies, including heart attacks, is their full-time specialty.

✓ Experienced Medical Staff cardiologists to work with your personal physician to diagnose and treat your cardiac and related medical problems.

✓ Skilled registered nurses - - - certified in Advanced Cardiac Life Support - - - most are Trauma Nurse Specialists.

✓ This area's largest and busiest Emergency Department with the specialized facilities and equipment needed for your care.

✓ The modern cath labs, state-of-the-art cardiac diagnostic testing, and latest cardiac interventional technologies you've come to expect from Memorial - available when your cardiologist and personal physician need it for you. After all, we introduced high-tech interventional cardiology procedures to this area in the early '80s.

Here when you need us...  
low key, high-tech, highly-effective  
care from this area's leader  
in emergency services.



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(618) 257-5840

**FLAG FOOTBALL LEAGUE**  
YMCA  
**MEN'S OPEN DIVISION**  
10 Game Schedule  
Games on Saturday • Cost: \$250 per team  
**Organizational meeting Sept 4 @ 6:30pm**  
Tri-City YMCA • Granite City • 876-7200

Give Our Children A Break...  
Drive Carefully And Save Lives!

**SIGN UP NOW!!!**  
FALL 1 PROGRAM  
SEPT. 2 - OCT. 24  
STOP BY AND CHECK IT OUT!  
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FREE CLASS WITH MEMBERSHIP



# HEALTH NEWS

## Addicts often need help, counselor says

By Nancy L. Ide  
Staff writer

Christian Hospital Recovery Center counselor Larry Adelman says it's important to recognize alcoholism or addiction as diseases, not weaknesses.

"People who seek help are not bad people getting good. They're sick people getting well," Adelman said.

Christian Hospital Northwest has provided comprehensive treatment for alcoholism and chemical dependency since 1973. In recent years, the hospital added other Recovery Center locations in west and

south St. Louis County and St. Charles County.

John Wood, manager of Christian Hospital Northwest's outpatient mental health services, said the Recovery Centers are treating a growing number of people for chemical dependency.

Counselors treated more than 700 people last year, including 450 who underwent "detox," Wood said. In addition to detox, group therapy and education are used to help addicted individuals develop the skills they need to maintain sobriety.

Emergency assistance is available 24 hours a day at

Christian Hospital at 839-3171.

Adelman said that despite the damage addiction causes, alcoholism and chemical dependency can be difficult to identify because most affected people put on a good front and even fool themselves into thinking there is no problem.

"We have more functioning alcoholics and drug addicts in the United States than in any other country," Adelman said. "Most addicts don't miss work, have nice jobs, nice homes and two cars in the

driveway. On the surface, they look like the normal, all-American family."

While treatment programs and support groups help many alcoholics and addicts regain control of their lives, the first step to recovery is recognizing symptoms, Adelman said.

They include:

- changes in behavior or mood swings;
- drinking or using drugs alone;
- increased use of drugs or alcohol;

• problems at home or work resulting from drug or alcohol use.

Even so, most alcoholics and addicts don't seek treatment until their problem has resulted in such consequences as loss of family, friends or job,

he said. "It doesn't matter what the drug of choice is, it's causing a problem, it's a problem," Adelman said. "Continued use will only cause more problems. People need to get help before it's too late."

## Marijuana use is still problem among youth

According to chemical dependency experts at Christian Hospital's Recovery Centers, marijuana use has increased dramatically in the last five or six years, particularly among high-school and college students.

While it is often thought to be harmless or less dangerous than "addict" drugs, marijuana interferes with a student's school work and impedes learning, experts say.

Warning signs include attitude and behavior changes. Marijuana is addictive — people who have smoked for years experience withdrawal symptoms when they stop, such as intense craving.

Counselors say heroin can be addictive from the very first experience. At first the effect is pleasurable, but as addiction

increases, tolerance heights. Then the addict has to be taken in order to feel "normal," and if it isn't, a person feels sick and goes into withdrawal.

Most of the time, heroin addicts need to be medically detoxed. The most intense treatment lasts for six to 10 weeks, and most people relapse at least once during the first year of recovery.

Chances for recovery increase significantly when addicted people participate in a continuing 12-step program. Many younger people are sniffing or smoking heroin with the belief that they won't become addicted, experts say. While injecting does move heroin into the system faster, the other methods are no less addictive.

## •Addiction

(Continued from Page 11D)

stops abruptly. I just knew the first 45 days were hell." Karoll's "dry date," his first day without alcohol and drugs, was Dec. 6, 1990.

However, the real turning point for Karoll didn't come until one day a few months later when he was playing a game he excelled at and played sometimes up to eight hours a day.

"I was sober and playing pool and I went up to the bar. A guy who was really wasted said, 'Pour him a shot of Jack,' but I pushed it away," said Karoll, who was playing pool with a cast on his broken wrist. "The guy on my other side asked to sign my cast, but couldn't spell his three-letter name."

"At that time I thought, 'I'm in the wrong place,' he added. "I realized I couldn't be in that environment and make it."

In addition to drugs and alcohol, Karoll later kicked some other vices. "I don't do things halfway," Karoll said. "In March 1991, I quit cigarettes and later that year, I quit sugar and caffeine. All I had left was feelings to deal with."

"I didn't have to live in the gutter, but I realized I had ended up there if I hadn't stopped drinking," he added.

## Nurse assistant demand is high

The demand for nurse assistants is greater than the supply in the local area, said Clay Baltman, dean of Belleville Area College's Allied Health programs. Hospitals, nursing homes, and home health care agencies are hiring nurse assistants almost as fast as they graduate.

For anyone interested in entering this career field, space is still available for students to enroll in BAC's Nurse Assistant program in the fall 1997 semester. This certificate of proficiency is offered in either a six-week accelerated schedule or a 16-week program.

Nurse assistants perform functions and procedures relating to the patient's personal hygiene, safety, nutrition and exercise. Nurse assistants often help lift and move patients, observe the medical progress of the patient, help make them physically comfortable, and collect medical specimens. Frequently nurse assistants are required to assist with admission and discharge of patients, and take their temperature, pulse, respiration, and blood pressure.

An academic counselor and Judy Bravin, BAC's Nurse Assistant program coordinator, can assist you in entering the program by reviewing your transcripts; discussing the program, career opportunities and financial aid; and giving tours of the facilities.

For more information about the Nurse Assistant program contact BAC's Granite City Campus at 618-931-0600.



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Although the mechanism by which ARTH-Rx works to relieve pain is not totally clear, scientists suggest that pain is relieved because ARTH-Rx intercepts the messenger substance that sends pain signals to the brain.

ARTH-Rx is available in a convenient roll-on applicator without a prescription. According to a spokesperson for the company, due to the overwhelming demand for ARTH-Rx, supplies are sometimes limited. ARTH-Rx can also be ordered by calling 1-800-729-8446.

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